

PRIVATE

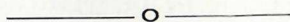
**CONTRACEPTIVE
METHODS and
APPLIANCES.**

HEAD OFFICE & MAIL ORDER ADDRESS :

BUSINESS HOURS 9 a.m. — 8.30 p.m.

W. GEORGE'S SURGICAL and DRUG STORES, Ltd.,

10, Green Street, Leicester Square,
London, W.C.2.



Branches at :

	<i>Business Hours</i>	
	<i>Weekdays</i>	<i>Sunday</i>
21, Green St., Leicester Sq., London, W.C.2	9—11.30	6—9 p.m.
Clock House Pharmacy, Lee Green, S.E.12	8.30—8	6—8 p.m.
125a, Queen's Road, Peckham, S.E.15	8.30—8	6—8 p.m.
39, Montpelier Vale, Blackheath, S.E.3	8.30—8	6—8 p.m.

All orders to be dispatched by post should be sent to :—

W. GEORGE, LTD., 10, Green Street, Leicester Square, W.C.2.



TELEPHONES :

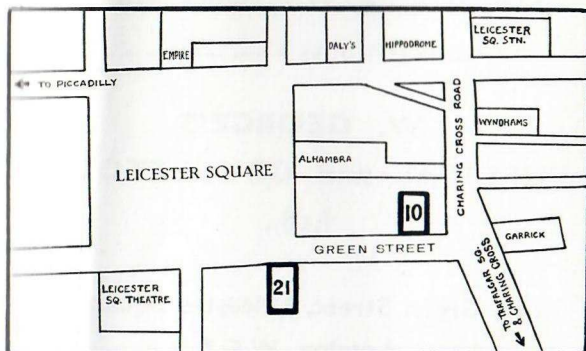
West End Branches		Whitehall 3774 (2 lines)
Lee Green		Lee Green 4281
Queen's Road		New Cross 1466
Blackheath		Lee Green 1675

Telegraphic Address : "BCM/GEO, London."



ESTABLISHED 1840.

The location of our West End branches :



TERMS.—Net cash with order. Deposit accounts may be opened by arrangement.

HOW TO ORDER BY POST.—Make use of our Printed Order Forms and Addressed Envelopes. Fresh supplies are sent with every order and on request.

PAYMENT.—For safety, register your letters. We will pay the registration fee of 3d., which you may deduct from the amount of your order. Remit by Cheque or Postal Order and small amounts by postage stamps.

C.O.D. (Inland).—Goods will be sent by Cash on Delivery Service if Required. **(Abroad).**—In every case the C.O.D. Charges are added to the cost of goods ordered, plus postage. See also page 38.

IMPORTANT.—Cheques and Postal Orders must be made payable to W. George's, Ltd., and crossed "Westminster Bank."

Keep the Counterfoil of Postal Orders till your goods have been received.

If Treasury Notes are sent the letter **MUST BE** Registered.

Failing these simple instructions being carried out we cannot accept any responsibility in case of loss.

Postage on goods for delivery in Great Britain is stated in this List, otherwise postage is free. **Postage Abroad** is extra and varies according to the country. Kindly allow sufficient extra to cover approximate cost, any excess will be returned or credited according to instructions.

HOW DESPATCHED.—All Goods or replies to correspondence are sent securely packed under plain double sealed wrappers without our name or address showing.

(FOR FULL POSTAL ADDRESS, SEE PAGE 1.)

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Trusses, Belts, Elastic Hosiery, Suspensory Bandages and other Surgical Appliances are also supplied and prices, details and particulars will be found in a separate catalogue which will be mailed post free on application.

INTRODUCTION

The question of contraception has, at the present day, almost ceased to be a controversial one, and the only problem to be solved is by what method this should be accomplished. We should, however, point out for the benefit of those who are not conversant with the problem and who may fear that contraceptives are harmful to the health of the user that :

“ there is no evidence that the best contraceptive methods are injurious to health, or conducive to sterility.”

The above resolution was passed at a conference of medical practitioners, held in London in July, 1922, which was attended by nearly 200 doctors.

This booklet is specially written for those who are not familiar with the numerous methods of contraception, and it will serve as an outline to the problem ; those readers who desire to study this matter further are recommended to read some of the books mentioned on page 37 of this brochure.

We realise that the choice of the most suitable method to be used may present considerable difficulties and hence we have prepared selections of those which are most generally asked for and these are enumerated on page 13. The contraceptives contained in these Sample Packets are all freshly tested and examined so that the intending purchaser may be confident that the same standard quality is always maintained.

During the last few years the whole question of contraception has been fully investigated by several medical and scientific workers and the results which they have obtained have shed considerable light upon the failures which have undoubtedly occurred with many of the methods which were generally used during the last decade. The results of these researches have enabled us to review and examine our products so as to ensure that only those which are in accordance with the most modern developments are presented. We may also mention that all our products are subjected to the most stringent and rigid examination by a qualified staff.

With reference to this it must be stressed that some of the statements and guarantees made in connection with contraceptives are, in many cases, entirely erroneous and misleading and many of the failures can be directly attributed to these. It is for this reason that we desire clearly to set forth a statement of our policy and a guarantee which covers all the contraceptive products which we sell.

POLICY.

It is the policy of George's only to offer for sale contraceptives which, in every respect, agree with the findings of modern research. These goods are supplied at the lowest possible price and it must be stressed that, although cheaper contraceptives can undoubtedly be purchased, they are not submitted to the tests which we consider necessary and hence the possibility of failure is marked.

Our policy is to supply only the BEST, only the SIMPLEST, at a REASONABLE COST.

GUARANTEE.

All our contraceptives are examined by an expert staff and any which contain flaws, or depart from the standards laid down by recent research work, are destroyed.

Condoms are subjected to an exceptionally careful and comprehensive examination. Our test consists of inflating the condom to about 6 or 7 inches in diameter (not large enough to damage it in any way) ; it is then fastened by means of a clip so that the condom, if perfect, will remain inflated for twenty minutes. If a flaw is present, the condom will burst ; if a pinhole, it will deflate and such condoms are immediately destroyed. It is then again carefully examined by another method in order to ensure that it is perfect in every other respect.

Thus we guarantee that all condoms sold by us have been examined and tested so that the greatest degree of security may be attained if the printed directions are carefully followed.

Our customers and the public are warned that all goods supplied by us bear our trade mark or name, either on the article, or on the wrapper or container thereof. If same should not be found the goods have not passed through our testing and examining department and hence are not our products. These should be rejected. We should appreciate any instances of this nature being brought to our notice.



This Trade Mark was granted to W. George's Surgical and Drug Stores, Ltd., Green Street, Leicester Square, W.C.2, by the Patent Office Trade Mark Branch, for contrivances for use in relation to health.

Before commencing to describe the various contraceptive methods we must explain in a few words how conception occurs, and in order to facilitate this we have appended a short glossary of those terms which are generally employed.

GLOSSARY.

Cervix.—That part of the uterus which protudes into the vagina. The spermatozoa, in order to reach the uterus, must pass through the cervical canal and all contraceptive methods mentioned in this brochure are designed so as to prevent the entry of the spermatozoa through this canal into the uterus.

Coitus.—Sexual intercourse.

Coitus interruptus.—Literally interrupted sexual intercourse. This is brought about by the male withdrawing the penis before ejaculation occurs. It is often referred to as "being careful" and has been so frequently practised that many do not regard it as a contraceptive act.

Condom.—A sheath, made of rubber, which covers the male organ of reproduction (the penis).

Contraception.—Any act which prevents a pregnancy following upon sexual intercourse.

Contraceptive.—Any mechanical or chemical means whereby conception is prevented.

Ejaculation.—The emission of seminal fluid containing spermatozoa from the male reproductive organ. It is by this means that the male cells are deposited within the female reproductive organ (the vagina).

French letter.—See Condom.

Impotence.—Incapacity on the part of the male to perform the sexual act.

Ovary.—A female gland from which ova (see Ovum) are shed at regular intervals.

Ovum.—An egg. This cell is liberated each month and travels down the tubes (q.v.) to the uterus. It is within the tubes that impregnation of the ovum by the spermatozoon takes place.

Penis.—Part of the male reproductive organs. This is capable of erection and enables coitus to take place.

Pessary.—A rubber cap which is inserted into the vagina and prevents spermatozoa from entering the cervical canal. *This term is erroneously applied to suppositories.*

Safe Period.—A period within the menstrual cycle of the female during which it is considered less likely that a pregnancy will result from sexual intercourse.

Secretions.—The result of glandular activity. The seminal fluid is one example and the female likewise possesses glands which may, under suitable conditions, secrete.

Seminal Fluid.—The secretion of the male organs of reproduction which contains the spermatozoa.

Sheath.—See Condom.

Sperm.—See Spermatozoon.

Spermatozoon (Spermatozoa).—The male generative cell. There are many millions of these liberated in one ejaculation.

Spermicides.—Substances which kill spermatozoa.

Suppository.—A chemical substance of suitable composition, moulded into a convenient shape, which can be introduced into the vagina, where it disintegrates.

Tube (Fallopian).—The ovum descends by means of this tube to the uterus.

Uterus.—Organ in the female in which the young is conceived and lives till birth.

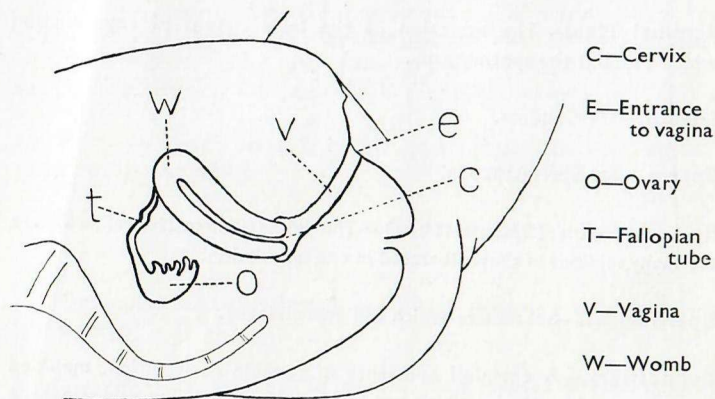
Vagina.—Sexual passage in the female leading from the uterus to the external genitalia. The male deposits the seminal fluid within this organ.

Womb.—See Uterus.

HOW CONCEPTION OCCURS

During sexual intercourse the male deposits in one ejaculation many millions of spermatozoa in the vagina of the female. Many of these swim up through the cervix and enter the uterus, and some pass into the tubes. Here they may meet an ovum, the germ cell of the female, one of which is shed each month. If this meeting takes place **one** of the spermatozoa will enter the female cell and the new cell which is so produced will travel down the tube until it reaches the uterus to the wall of which it becomes attached and commences to grow; this eventually develops into the mature child which is born nine months later.

Reference to the following diagrammatic sketch will explain the position of the organs which we have mentioned, and will also indicate the reasons for the various contraceptive methods which are to be discussed.



Before passing on to the question of reliable contraceptives we should mention two methods which have been, and in fact are still, practised, but which, if the partners are fertile, will sooner or later allow a pregnancy to occur.

The "Safe Period."—A question which is often asked is whether a "safe period" exists between the menses and whether it is safe to abandon contraceptive measures during this time. It is impossible to quote all the arguments upon this question, but we may summarize by stating that, even if it does exist, it would be almost impossible to determine at what time within the period it occurred and hence the usual precautions should not be relaxed at any time.

Coitus Interruptus (Withdrawal).—Coitus interruptus, or withdrawal, is not actually a contraceptive method, since it is too uncertain; this practice is also strongly condemned by modern medical writers.

NOTE.—There is another important point in connection with this harmful practice which should be emphasised. Even before ejaculation takes place there may be a slight secretion from the male organ. Many people are under the impression that this is of no consequence but it is quite possible for a pregnancy to result from this source, since it may contain a very large number of spermatozoa.

TWO CLASSES OF CONTRACEPTIVES

Birth control methods can be divided into two main classes: Firstly, those appliances which prevent the spermatozoa from reaching the uterus, and Secondly, methods which rely upon a chemical substance (spemicide) to render the sperm inactive.

It must be noted that only those methods which are recommended by authorities upon contraceptives are included in the text. Reference to others will be made, but to differentiate such information is set in smaller type or in the form of footnotes.

It should be stressed that if the user finds a method, which is harmless, to be satisfactory, then this method should be adhered to. We would in no way advise the abandoning of a method which has always proved successful.

UNDER THE FIRST HEADING WE HAVE THE FOLLOWING MECHANICAL METHODS:

1. The Condom (French Letter). Malthus Caps, American Tips, Grecian Caps, or Tips may be considered as a subdivision of this group.
The Capôte Anglais may be regarded as a sheath to be used by the female.
These are used alone or with a simple lubricant.
2. (a) The Prentif Cervical Cap; the Check Pessary; the Occlusive Pessary.
(b) The Contraceptive Sponge.

It must be noted that with (a) and (b) some form of chemical must be employed so as to ensure that the spermatozoa are killed. If the chemical is omitted there is nothing to prevent these cells from entering the uterus once the Cap, or Sponge, is removed. These additional forms of chemicals are given below. Douching is often resorted to, but this takes place after the completion of coitus.

UNDER THE SECOND HEADING WE HAVE THE FOLLOWING CHEMICAL METHODS:

1. Jellies and Ointments.
2. Suppositories.
3. Foam Tablets.

These are described in detail on pages 24 to 28.

MECHANICAL METHODS

THE CONDOM

Condoms are produced in an infinite variety and they are almost exclusively made of rubber. The thinner ones are generally referred to as Condoms, Letters, or Covers, while the thicker ones are known as Washable Sheaths, or Paragon Sheaths.

The thin ones should only be used once and it is inadvisable to disregard this warning. These are made in one size only, but occasional slight variation may be found.

Condoms are manufactured by different processes, being in general recognised as "hot cured," "cold cured," and "Latex." This is not the place to discuss the matter in detail but it is our experience and that of eminent authorities that a "hot cured" condom manufactured by a reputable firm is the most satisfactory of the three types. Its capacity to withstand deterioration is marked and this is noteworthy for those who live in tropical countries.

Washable sheaths, as the name implies, are intended for use over a period of time; this varies and depends not only on the quality of the sheath but on the amount of use. Instructions are enclosed in each box and these stress the care which must be exercised in the cleaning, drying and storing. Each step in this procedure must be carefully followed or else deterioration will occur. Sheaths of this nature are made in three sizes, large, medium and small.

The attention of all users of thin rubber condoms must be drawn to the following. In general it may be accepted that those commonly sold by the retailer may appear to be perfectly sound even upon close examination. The only satisfactory test denoting perfection consists in the condom being inflated, and maintaining its size for a period of from 20 to 30 minutes. The more minute pinholes can only be detected by this test, since deflation will automatically occur. This method of testing has the additional advantage in the fact that it reduces the "personal factor" which is responsible for so many of the flaws being passed by any other manner of testing. After this test the condoms should then be subjected to a minute and careful scrutiny in order to detect any flaws, air bubbles or particles of grit.

These are the actual tests to which all thin rubber condoms sold by George's are subjected, and this applies to each of the various kinds.

We may mention, incidentally, that rigorous testing of this nature results in the loss of over one-third of the goods which we test, but it amply demonstrates in a very striking manner the care that is taken and the necessity for dealing with a firm which examines their products in this manner.

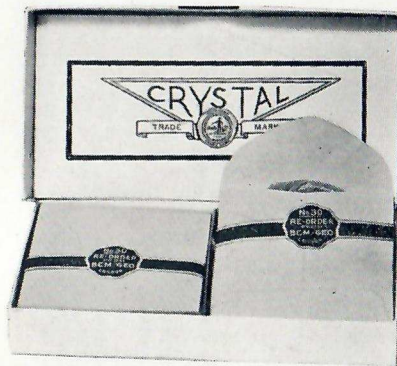
Method of Using.—Whichever kind of condom is used the principle is the same. Those sheaths which are sold flat are first rolled up on to the rim; the tapered end, or teat, is squeezed to exclude air and the sheath is then unrolled on to the penis which is thus totally covered. In the case of the plain-ended condoms about half-an-inch is left free before proceeding as above.

Lubricant Advisable.—The use of a lubricant is, one might almost say, always advisable and the Prentif Lubricating Jelly is recommended. This should be applied to the outside of the sheath after it has been rolled on to the penis, and it will prevent any possibility of breakage and add much to the comfort of the appliance in use.

When ejaculation occurs the spermatozoa are retained within the condom, but care should be exercised in withdrawing from the vagina so as to ensure that the condom still covers. Should it become dislodged there is the possibility that the seminal fluid may enter the vagina through the open end of the condom.

Note our guarantee of perfection on page 5 in connection with all the following condoms.

GEORGE'S CRYSTAL SEAMLESS CONDOM TRANSPARENT. (Hot cured.)



This condom conforms to every requirement. It is so thin that it is practically imperceptible in use; it is soft and has a very smooth finish; supplied either with plain or teat end.

List No. 2D.—With Plain End.
List No. 3D.—With teat end.
(Please state which is required.)

PRICES.

Each	2/-	Half Dozen	11/-
One Dozen ...	20/-	Three Dozen	56/-

List No. 1A.—GEORGE'S "SPECIAL."

SILK FINISH : TEAT END.

(Hot cured.)

This condom is similar to the Crystal but has a silk finish. Each one is rolled and packed in a very flat aluminium box which prevents it becoming in any way damaged.



Price 2/6 each.

GEORGE'S SEAMLESS RUBBER SPECIALITIES (CONDOMS).



We recommend these goods owing to their strength and reliability.

Where economy has to be considered, the White No. 1 or No. 2 only may be washed and used several times, the others are too thin for this purpose. All are made without any seams or joins and are finished with a soft surface.

Rolled up in circular form and packed each in a small square envelope.

Each Tested and Guaranteed Perfect.

LIGHT WEIGHT.

	List No.	Each.	1/2 doz.	1 doz.	3 doz.
Ivory Finish	Blue No. 1 Plain End	1/6	8/-	15/-	40/-
	Blue No. 2 Teat End	1/6	8/6	16/-	43/-
Natural Colour	Mauve No. 1 Plain End	1/-	5/6	10/-	25/-
	Mauve No. 2 Teat End	1/-	5/9	11/-	27/-

MEDIUM WEIGHT.

Flesh Colour	White No. 10 Plain End	1/-	5/6	10/-	25/-
	White No. 12 Teat End	1/-	5/9	11/-	27/-
Ivory Finish	White No. 8 Plain End	9d.	4/3	8/-	20/-
	White No. 9 Teat End	10d.	4/9	9/-	23/-
Natural Colour	White No. 5 Plain End	6d.	2/9	5/-	13/-
	White No. 6 Teat End	7d.	3/3	6/-	16/-

HEAVY WEIGHT.

Natural Colour	White No. 1 Plain End	1/2	6/6	12/-	31/-
	White No. 2 Teat End	1/3	6/9	13/-	34/-

To help our customers to choose which of the condoms or suppositories they prefer we will supply the following packets at a greatly reduced rate, but only one packet can be supplied to any one customer.

SAMPLE PACKETS.

Sample Packet "Super."—Price 10/6.

- | | |
|--|----------------------|
| 1 Crystal No. 2D. | 1 Crystal No. 3D. |
| 1 Blue No. 1. | 1 Blue No. 2. |
| 1 Mauve No. 1. | 1 Mauve No. 2. |
| 1 Seamless Cap No. 38. | 1 White No. 12. |
| 1 White No. 9. | 1 Super Skin No. 20. |
| 1 "Prentif" Non-Greasy Soluble Suppository, No. 57D. | |
| 1 George's Quinine Soluble Suppository, No. 54. | |
| 1 "Prentif" Contraceptive Tablet, No. 59C. | |

Sample "Prentif" Jelly.

Sample Packet A.—Price 7/6.

- | | |
|--|------------------------|
| 1 Blue No. 1. | 1 Blue No. 2. |
| 1 White No. 1. | 1 White No. 2. |
| 1 White No. 10. | 1 Seamless Cap No. 38. |
| 1 Mauve No. 2. | 1 Skin Sheath No. 22. |
| 1 Washable Sheath No. 34. | 1 White No. 12. |
| 1 "Prentif" Non-Greasy Soluble Suppository, No. 57D. | |
| 1 George's Quinine Soluble Suppository, No. 54. | |
| 1 "Prentif" Contraceptive Tablet, No. 59C. | |

Sample "Prentif" Jelly.

Sample Packet B.—Price 5/-.

- | | |
|--|-------------------------|
| 1 Blue No. 1. | 1 Blue No. 2. |
| 1 White No. 10. | 1 Mauve No. 2. |
| 1 Seamless Cap No. 38. | Washable Sheath No. 34. |
| 1 "Prentif" Non-Greasy Soluble Suppository, No. 57D. | |
| 1 George's Quinine Soluble Suppository, No. 54. | |
| 1 "Prentif" Contraceptive Tablet. | Sample "Prentif" Jelly. |

If the Suppositories are not required in any of the above Packets, one Rubber Preventive will be sent in place thereof.

In connection with Caps, Skin Sheaths and Suppositories, reference should be made to pages 16 and 24.

Sample Packet C.—Price 3/6.

- | | |
|------------------------|-----------------------------|
| 1 White No. 10. | 1 White No. 12. |
| 1 Seamless Cap No. 38. | 1 Mauve No. 1. |
| 1 White No. 5. | 1 Washable Sheath No. 34 M. |

It is sometimes more convenient to keep condoms in an aluminium box than in the envelope usually provided.

List No. 13 G.—"GEORGIA."

Three Ivory-finish Condoms in Aluminium box. Plain or teat ends.

2/6 per box, 3 boxes for 7/-.

BEST QUALITY.

4/6 per box, 3 boxes for 12/6.



List No. 14 A.—Empty Aluminium boxes. Price 3d. each, postage 1½d. extra (See also "George's Special," "Silk Finish," page 12.)

GEORGE'S SEAMLESS PARAGON SHEATHS.

Made without seams or joins in one piece of soft pliable natural colour rubber, George's Seamless Paragon Sheaths are undoubtedly a very great improvement over the old-fashioned seamed type of goods. Each one is thoroughly tested, is perfect, and will give safe service for many months.

List No.

34 (2)	Light Weight		each	2/6
34 (3)	Slightly Heavier		"	3/-
34 (4)	Medium Weight		"	4/-
34 (5)	Heavy Weight		"	5/-
34 (6)	Extra Heavy		"	6/-
34 (7)	Medium Weight with double thick top		"	5/-

Made in three sizes.—Large, Medium and Small.

List No. 34 (M) Extra Light Weight, medium size only, 1/6 each.

THE CRYSTAL SEAMLESS PARAGON SHEATH.

(Hot cured.)

Made of transparent seamless rubber, moulded in one piece without join or seam. The "Crystal" Seamless Paragon is the finest sheath yet manufactured. It has a soft silky surface, and is practically imperceptible in use, at the same time it is so strong that with care it will last many months. **Specially recommended.**



No. 34a.—	"Crystal" Paragon Sheath, light weight		each	5/-
No. 34c.—	" " light weight with double top		"	7/6
No. 34b.—	" " extra strong, heavy weight		"	10/-

Made in three sizes.—Small, Medium and Large.

For those who are accustomed to ordering the seamed "Paragon" and "Doublugee" Sheaths, and the "Combined Sheath and Pessary," we quote the numbers given in our earlier catalogues :—Nos. 29, 30, 31, 32, 33, 33G and 29c. We strongly recommend the seamless goods, listed above, as being preferable in every respect.

LUBRICATING JELLY.

The ideal lubricant for Sheaths, Condoms, and all Rubber Goods. Contains no grease and will not harm or perish rubber in any form. Equally suitable for use with Catheters, Enemas, Whirling Sprays, etc., as a lubricant for the Vulcanite or Rubber fitting to be inserted.

"PRENTIF" (Regd.) LUBRICATING JELLY.

ANTISEPTIC



SOLUBLE

Packed in convenient and hygienic tubes.

List No. 15.—One Size, 9d., postage 2d. extra.

Trial Tube, price 2d. post free.

RE-ROLLING OUTFITS.

Indispensable to users of Washable Sheaths which may be re-rolled with perfect ease equal to new. Complete Outfit comprising Polished Rolling Stick, Prepared Powder and Tube of Prentif Lubricating Jelly, with full instructions, in cardboard box.

List No. 11.—2/6 each, postage 3d. extra.

PREPARED POWDER.

A most important part of the care of Sheaths is the dusting of them with powder which should follow the drying. Only the very finest powder should be used for this purpose, and one specially prepared is preferable.

Prepared Powder for preserving all rubber goods. Now packed in sprinkler-top tin at one price only.

List No. 12.—1/- post free.

THE FOLLOWING METHODS CANNOT BE RECOMMENDED. Particulars are, however, appended since they are still being used by some.

"SKIN" SHEATHS.

Some prefer to use the "Skin" Sheaths, but, although these are thin, being about the same thickness as our Nos. 2d and 3d, they are not recommended in preference to those made from rubber. Skin Sheaths cannot be inflated and hence pin holes cannot be detected.

List No.	Each.	Doz.	3 doz.
20.—Superfine.....	2/-	20/-	56/-
21.—Extra fine.....	1/6	15/-	42/-
22.—Fine.....	1/1	12/-	30/-
23.—Very strong.....	9d.	8/-	21/-
24.—Strong.....	8d.	7/-	20/-
25.—Spanish Curved, extra strong....	1/-	11/-	30/-

Full instructions for use of these Skins sent on request.

MALTHUS CAPS AND TIPS.

The principle of the Malthus Caps or American Tips is the same as the Condom, except that these cover only the Glans Penis, or the extreme end of the male organ. These again are not recommended in preference to the full length rubber sheath, owing to the possibility of their coming off in use.

It will be appreciated that the main difficulty with these is at the time of withdrawal. The full-length sheath can be retained in position with the hand, but this is not possible with the Tip or Cap.

MALTHUS CAPS.

List No.	Each.	Doz.
37.—Thin Cut-Sheet Rubber.....	6d.	5/-
38.—Seamless Rubber.....	7d.	6/-
38w.—Seamless Rubber, Ivory Finish.....	8d.	7/-

GRECIAN CAPS.

List No.	Each.	Doz.
39.—Greecian Caps, similar rubber to Paragon Sheaths (Washable).....	1/-	10/-
40.—Greecian Caps, Better Quality.....	1/6	15/-

THE CAPOTE ANGLAISE.

The Capote Anglaise may be described as a female sheath, since it fits into the vagina and forms an inner lining. In order to prevent it being pushed into the vagina during intercourse it has an inflated rim, which remains against the external female genitalia while the sheath part is inside. It is made, of necessity, of rather stout rubber and is rather clumsy in use and under ordinary circumstances the male sheath has obviously every advantage over it. On the other hand, it is reported that it is helpful in certain cases of impotence, since intercourse can be carried out by this means.

GEORGE'S "CAPOTE ANGLAISE."

List No. 35.—Complete in box with full directions	each	5/6
List No. 36.—Ditto, ditto, but made of the "Double-gae" semi-transparent rubber	each	7/6

RUBBER PESSARIES.

There are numerous types of rubber pessaries sold under various names but owing to limitations of space it is proposed only to deal with those types which appear to offer particular advantages.

We must stress that if the cervix or uterus is damaged through childbirth, or if any abnormality exists, medical advice should be sought, and this matter is touched upon on page 36 of this booklet.

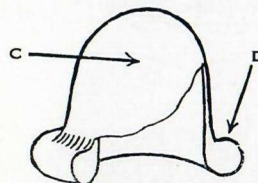
THE CERVICAL PESSARY.

There are three main types:—

- (1) The seamless.
- (2) Those which possess a seam.
- (3) The "Prentif" Patent Cavity Rim.

The first two of these may be first dealt with. It is essential that pessaries of this nature—see Figs. 1 and 2—must fit tightly on to the neck of the cervix in such a manner that spermatozoa cannot pass between the rubber rim and the cervix itself. The accuracy of this fitting under all circumstances is doubtful unless a definite constriction is obtained. For this reason we do not recommend caps of this pattern unless merely to replace ones which have already been in use.

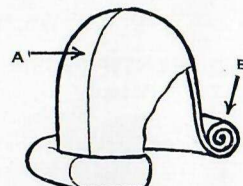
The advantage of the seamless pessary will be evident when reference is made to the following figures, since the join and the rolled portion are points of weakness which very often develop into actual holes through which the spermatozoa can pass.



GEORGE'S SEAMLESS DOME PESSARY.

- C.—One piece of beautifully finished pure rubber, without any seams or joins.
D.—Rim in one piece of soft springy rubber without any joins.

Fig. 1.



ORDINARY PESSARY.

- A.—Join in rubber extending over dome and through the rim.
B.—Rim is formed by rolling up the rubber and sticking.

Fig. 2.

The diagrams above indicate the faults of the ordinary pessary and the advantages of the Seamless Dome Pessary. Portions have been cut away to show the construction of the Rim.

GEORGE'S "SEAMLESS DOME" PESSARY.

Made of pure Sterilizable Seamless Rubber under the same process as the "Prentif" Pessary, without any metal spring. May be used with or without the silk cord attachment for removal purposes.

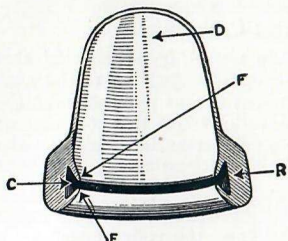
List No. 42P.—Price 5/- each, post free.

Made in four sizes.—Extra Small, Small, Medium and Large.

THE
Trade Mark "**PRENTIF**" Reg. Patented.
CAVITY RIM PESSARY.

The "Prentif" Pessary is essentially a cervical cap, but owing to its design it is free from the disadvantage of only being really satisfactory when a most close fitting is attained—this tightness of fit sometimes results in a certain degree of congestion of the cervix, but is unnecessary when the "Prentif" Pessary is used.

The fundamental difference between the "Prentif" Pessary and other cervical pessaries is seen when the section of the pessary shown below in Fig. 3 is compared with those which have previously been illustrated (Figs. 1 and 2).



Section of Prentif Pessary.
Fig. 3.

- C. Cavity on inner surface of rim.
- F. Soft flexible flanges.
- D. Seamless dome.
- R. Soft, springy pure rubber rim.

THE PRENTIF PESSARY
Patent

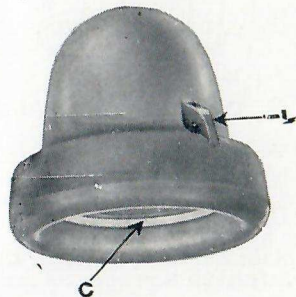


Fig. 4.

The actual Pessary is here shown (Fig. 4), and a detailed description, together with instructions for fitting and removal follow.

The Prentif Pessary is the outcome of many years of experience in the manufacture and supply of all types of Pessaries. It is actually the only improvement in the design of Pessaries since they were first introduced many years ago. The Prentif Pessary has overcome all difficulties: and the risk of failure, which has always been the drawback to the ordinary solid or spring-rim type, is very greatly reduced.

Owing to the irregularities on the surface of the cervix (the neck of the womb), the fitting of a solid rim pessary may leave numerous crevices through which the male sperm can gain access to the womb, conception thereby ensuing. The Prentif Pessary, however, is so designed that the surface in contact with the rim is covered with the Prentif Compound which effectively prevents any active sperm passing. The rim is such that only two flexible pieces of rubber are in contact with the womb, and the pressure from these is so light that they cannot be felt. The inner flange, in fact, acts more or less as a valve by permitting the pessary to pass on quite easily, but gripping when an attempt is made to remove it. The usual risk of slipping off is therefore positively prevented.

The Prentif Pessary is made of the purest Para rubber and vulcanised by steam heat under considerable hydraulic pressure. No chemicals are used in this process, with the result that the pessary is absolutely hygienic, harmless in use, and sterilisable, and will last for a longer period than any other type. The use of a soluble suppository is **not** necessary as an extra precaution if the Prentif Pessary is fitted according to instructions. When correctly adjusted, the Prentif Pessary may therefore be worn without either husband or wife realising that any contraceptive measure is being taken.

THE
Trade Mark **PRENTIF** Reg. Patented.
CAVITY RIM PESSARY

List No. 42C.—Price 5/- each.

In three sizes.—Large, Medium and Small.

For Safety and Economy
use only
PRENTIF COMPOUND

"PRENTIF" PESSARY.
DIRECTIONS FOR USE.

To Fit.—The cavity inside the rim C, Fig. 3, should first be filled with Prentif Compound (recommended on account of its purity, reliability and convenient method of application) then apply a small quantity to the outside of the Pessary as a lubricant. The rim should now be pressed together and the Pessary inserted hollow side up. This is easily done whilst in a stooping position. It should now be directed into position with the forefinger, so that it covers the neck of the womb (Fig. 5.) To test whether in position, feel the dome of Pessary, and if a firm substance can be felt inside, it is correct. A gentle pressure of the rim all the way round will now secure the Pessary firmly in place.

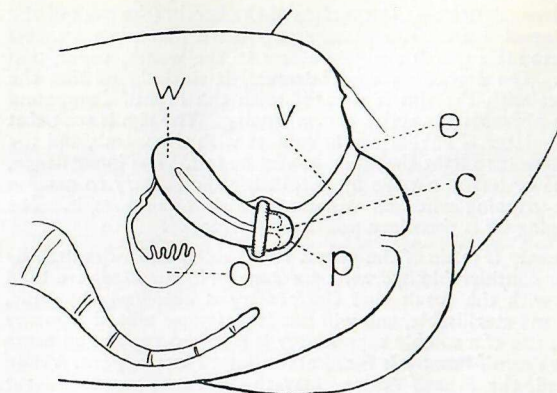


Fig. 5.

To Remove.—The Pessary should not be removed until at least eight hours after use, and it is advisable to syringe both before and after removal. The Pessary is best removed in a stooping position by lifting the rim with finger, when it may be withdrawn quite easily. If preferred, a loop of silk cord may be threaded with a needle through the lug L (Fig. 4). This may facilitate the removal in some cases.

Care of Pessary.—After use the Pessary should be thoroughly washed with warm, soapy water, and afterwards, if desired, sterilised by placing for a few moments in boiling water. Dry with a soft towel, particularly the cavity, and dust with special dusting powder or boracic powder. Avoid the use of vaseline or any fatty compounds or substances which would quickly perish the rubber. When not in use, keep the Pessary in a dry, warm place—not in a solution.

The method of fitting the Prentif Pessary will apply to all cervical caps, except that, of course, other types have no cavity to retain the Prentif Compound.

VAGINAL DIAPHRAGMS.

The Dutch Cap is the method almost generally employed by clinics, but it must be fitted in the first instance by someone who has had special training in this matter.

Reference to Fig. 6 will show that this form of pessary is entirely different from those which have just been discussed, as is its position in the vagina.

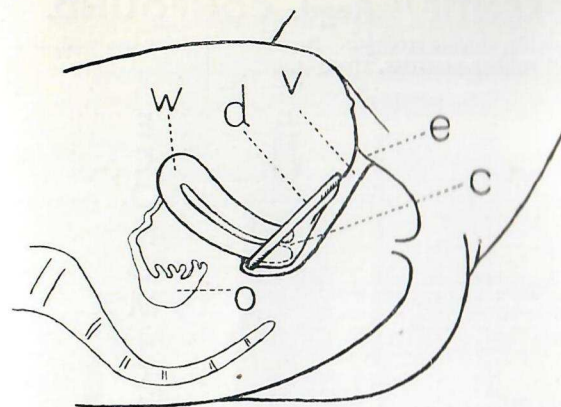


Fig. 6.

List No. 42D.—GEORGE'S DUTCH CAPS.

Dark Natural Rubber			each	5/-
"Doublugee" Transparent		..		7/6

When ordering, please state size, as this is *most important*, since if the pessary is of the wrong size, failure may occur.

The reason for this is indicated by the number of different sizes in which this appliance is made, viz., from 30 mm. diameter, rising in 5 mm. to 80 mm. Specially large, small or intermediate sizes can be made, if required.

Various other types of Pessaries :—Pro-Race, Inflated Rim, Paris Pessary, Gem Pessary, Mizpah Pessary, etc., kept in stock. Particulars and prices on application.

CHEMICALS TO BE EMPLOYED WITH RUBBER PESSARIES, ETC.

Some form of chemical contraceptive must be employed with all the above-mentioned pessaries and as has been stressed, the chemicals must be of such a nature that not only will they kill the spermatozoa but that they will not interact with and perish the rubber.

THE "PRENTIF" Regd. COMPOUND.

Non-greasy, soluble, double strength. Recommended for use with the "Prentif" and all rubber pessaries, sponges, etc.

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List No. 53D.—Price 2/6 per tube, 3 tubes for 7/-. Postage 2d. extra.

A small trial tube will be sent on request on receipt of 2d. stamp to cover cost of postage and packing. If an order is being given at the same time this 2d. may be omitted. One sample only to each customer.

George's Soluble Quinine Compound.—In vaseline base, is for use with safety sponges, as an additional safeguard. **Not to be used with rubber appliances.** List No. 53.—Three sizes, 1/-, 1/6 and 2/6. Postage 3d.

THE CONTRACEPTIVE SPONGE.

We now come to the Contraceptive Sponge and, at first sight, combining as it does two different methods, it would appear to be an excellent arrangement. On examination, however, it is not as good as one might be led to believe.

Disadvantages.—In the first place, it is classed amongst those contraceptive methods which keep the male sperm away from the uterus, but it does this only by reason of its bulk. That is to say, there is no question of it "fitting," so there is always some element of doubt as to whether it has been effective in this direction.

Secondly, the sponge is generally used together with quinine in some form (either applied dry to the moistened sponge or else mixed with vaseline, olive oil, or in a non-greasy base like the "Prentif" Compound) but it is doubtful whether this is as effective as the ordinary soluble suppository. None of these is so effective as the "Prentif" Tablet, or

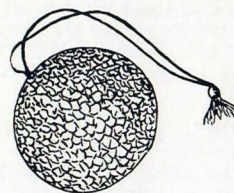
"Prentabs" for, when these are acted upon by the moisture from the sponge (this having previously been dipped in water and squeezed), a dense foam is produced which contains the spermicide.

Those who have adopted or considered this method desirable should certainly use a douche as an extra precaution.

List No. 50.—**George's Contraceptive Sponge.**—Soft, bleached Turkey sponge, hygienically prepared. Each sponge is enclosed in a silk net with a cord attachment for removal purposes. One quality only—the Best.

			Each.	Postage.	Doz.
Large size			1/6	2d.	13/6
Medium size			1/-	2d.	9/-
Small size			10d.	2d.	8/-

George's Rubber Sponge.—These Sponges are soft and pliable and are always ready for use. Will outlast a dozen of the ordinary sponges.



List No. 51.—Red Rubber, boxed complete with instructions.

1/9 each ; 3 for 5/-.

List No. 52.—"The Absorb-All."

2/6 each ; 3 for 7/-.

The following chemical methods are recommended for use with the Sponge :—

With No. 50 Turkey Sponge use :—

53D "Prentif" Compound			2/6 per tube.
53 Vaseline and Quinine			1/-, 1/6, 2/6.
59C "Prentif" Tablets			4/-.
59T Prentabs			2/9.

With Nos. 51 and 52 Rubber Sponge use only :—

53D ; 59C ; 59T			Prices as above.
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CHEMICAL METHODS

It will be realised that fertility differs in individual cases, but it is an undoubted fact that with the suppositories at least, many have used this method with complete success over a great number of years. In such cases we strongly advise a continuance of the method employed, despite the following remarks.

It has been suggested that Chemical Methods are not sufficiently reliable to be used alone, and in most cases we are in emphatic agreement with this point of view; nevertheless, recent clinic research has indicated that there are certain exceptions, and we await the published results before expressing a definite opinion.

SOLUBLE SUPPOSITORIES.

(Often described as Soluble Pessaries).

The same method of application applies to every type of suppository, whether prepared in cocoa butter or gelatin. One is inserted into the vagina and pushed up as far as possible and sufficient time should be allowed to elapse before intercourse takes place to permit it to melt. About 5 to 7 minutes is usually sufficient.

Quinine and Chinosol.—There are many different makes of soluble suppositories containing these substances, but only those which agree with the standards laid down in the most recent research work are marketed by us. Perhaps the best-known type is that containing quinine in cocoa butter, but certain users prefer a gelatin base; likewise chinosol, a related chemical, is sometimes substituted for quinine.

GEORGE'S SOLUBLE SUPPOSITORIES. (The Simplest Form of Preventive for Women's Use). Suppositories of this type were first introduced many years ago, and have always been popular owing to their simplicity in use, and on account of their reliability.

Many makes of the soluble suppositories now being sold are absolutely worthless—some being labelled "treble-strength" even though they contain little or no quinine. In this connection we may mention that there is a popular belief that by law one suppository in each box must contain no quinine. There is no law to such an effect, and this belief has grown simply owing to careless manufacture. **Each of our suppositories contains the required amount of pure quinine**, and we carry out a rigorous examination to ensure this. A sure proof is to place a suppository on the tongue and the presence of quinine can be detected by the bitter taste.

Soluble suppositories are also made with chinosol as it is claimed that these can be used by women who cannot tolerate quinine. These other varieties (see Nos. 55, 58C, 59C, 59T) are often recommended by the Medical Profession, and we guarantee that those made by us contain a sufficient amount of spermicide to be as effective as the quinine variety.

THE "PRENTIF" Regd.

SOLUBLE QUININE AND GELATINE SUPPOSITORIES

Non-Greasy and Double Strength.



In this Suppository the disadvantages of the cocoa-butter soluble suppository have all been eliminated. They are non-greasy, odourless and double strength. They are guaranteed perfectly pure, and contain nothing that can possibly harm the user. Used by themselves, or in conjunction with the rubber pessary, they have no equal, and the results have proved to us that when once tried they are always preferred, and their use continued.

List No. 57d.—**THE PRENTIF SOLUBLE SUPPOSITORY.**

4/- per box of 1 dozen. 3 boxes for 10/6.

Make sure of the name "Prentif" and avoid substitutes.

Read what the Medical Profession says :—

" . . . I am glad to be able to say that in my personal experience and in that of my patients, whenever the above pessaries have been used they have proved entirely successful . . ."—(Dr.) C. E. B.

**GEORGE'S GUARANTEED
SOLUBLE QUININE SUPPOSITORIES.
(Cocoa Butter).**



- List No. 54.—**Double Strength.**
2/6 per box of 1 dozen. 3 boxes 7/-.
List No. 54a.—**Ordinary Strength.**
2/- per box of 1 dozen. 3 boxes 5/6.
List No. 56.—**Double Strength.** Perfumed with Otto of Roses.
3/- per box of 1 dozen. 3 dozen 8/6.

Guarantee.—Each and every one of our own Quinine Suppositories contained in boxes bearing our name and trade mark, is guaranteed to contain the full amount of quinine.

**GEORGE'S "IDEAL" SUPPOSITORIES. (Chinosol.)
(Cocoa Butter.) Extra strong.**

Manufactured with treble refined cocoa butter, these suppositories are a great improvement over the ordinary soluble quinine suppositories and do not cause any irritation.

- List No. 55. 3/- per box of 1 dozen. 3 boxes 8/6.

**GEORGE'S "CLINIC" SUPPOSITORIES. (Chinosol.)
(Cocoa Butter.)**

Similar to those used and recommended in many of the principal birth control clinics.

- List No. 58C.—2/- per box of 1 dozen. 3 boxes 5/6. Postage 2d.

Doctor Marie Stopes states:—

"I have come to the conclusion that 'Chinosol' is simpler and better than any other which we have tried . . . and I consider it would be advantageous that it should replace quinine . . ."—(Contraception, 2nd Edition, page 117.)

FOAM TABLETS.

A comparatively recent introduction is that of a dry tablet which, instead of dissolving like a suppository to a liquid state, commences to effervesce immediately it comes into contact with moisture.

Normally the vagina does not produce sufficient moisture to allow the tablet to interact and disintegrate. It is for this reason that the use of this method is not recommended by itself. However, with a sponge which contains sufficient moisture (see page 22) this method is reported to be successful.

In the "Prentif" Tablets and "Prentabs," the spermicide is Chinosol. When the tablet comes in contact with the moisture in the vagina, it effervesces and throws off the Chinosol in a foam. The greasiness or stickiness of the usual suppository is entirely absent, and this is undoubtedly the reason why these tablets have come so quickly into favour everywhere.

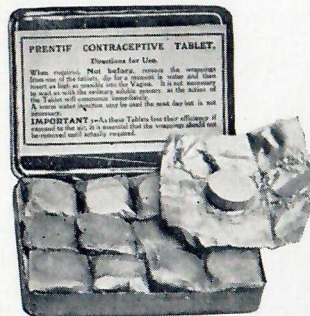
Where a suppository is required in conjunction with a check pessary, or any rubber appliance, these tablets are particularly suitable as there is nothing in them to harm the rubber. Their ability to withstand any climatic conditions, likewise renders them indispensable to users of suppositories who live abroad and in hot climates. Neither the "Prentif" Tablets nor the "Prentabs" contain any quinine, so they are quite suitable for those who suffer bad after-effects from the quinine suppositories.

There are now several foreign imitations of the "Prentif" Tablets on the market, but the "Prentabs" are able to compete in price and, at the same time, retain the efficacy of the original "Prentif" Tablets, the only essential difference being in packing; the "Prentif" Tablet is, however, specially recommended for damp atmospheric conditions.

Incidentally, there are various minor female complaints (such as a slight discharge) for which the Chinosol contained in the tablets is a very good form of treatment and Chinosol is well recommended by the Medical Profession in this connection.

THE "PRENTIF" TABLET.

The Tablets are packed one dozen in a flat metal box suitable for export. Each tablet is enclosed in three separate waxed wrappings, absolutely proof against air moisture.



- List No. 59C.—Price 4/- per box.
3 boxes for 10/6.

Small booklet describing these Tablets free on application.

" PRENTABS."

Registered Trade Mark.



List No. 59T.—Price 2/9 per tube.

3 tubes for 7/6.

12 tubes for 27/6.

A similar Tablet to the original No. 59c ("Prentif" Tablet). Packed one dozen in air-tight glass tube. A chemical at the base of the tube absorbs stray moisture.

Contraceptive Jellies and Compounds contained in tubes for single application.

The interest in these has undoubtedly increased very greatly during the past few years and although it is our policy to devote our investigation primarily to mechanical methods and those chemical ones which are used in conjunction, we shall be pleased to quote for and supply any of the proprietary products on request.

THE DOUCHE.

Although the contraceptive douche is widely used (perhaps more on the Continent than in this country) it cannot be recommended as a contraceptive method when used alone. It has one great disadvantage which cannot be overcome, namely, that there must be some period of time between the completion of intercourse and douching. In this time, however short, it is possible that the spermatozoa have passed into the uterine cavity and a pregnancy may well follow. Used in conjunction with some other reliable method the douche is sometimes utilised as an extra safeguard.

The Use of the Douche.—Many people, just before removing the pessary, use a douche of either plain water or a contraceptive solution, and this plan has everything to recommend it, especially if the pessary is to be removed shortly after intercourse.

If this course is adopted, it is a good idea to use half the solution with the pessary still in place and the other half when the pessary has been removed.

Whirling Sprays, Enemas.—Either the Whirling Spray or Enema may be used, but the former is preferable because the powerful flush cleanses more thoroughly. The Hanging Douches and Douche Cans are also quite good, but not so compact as the Whirling Spray.

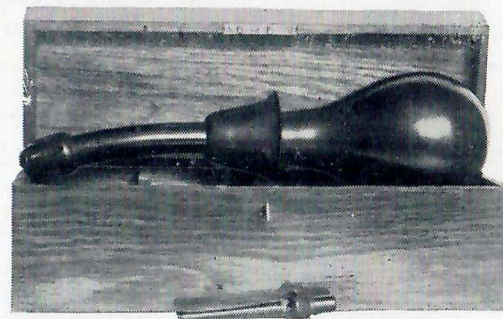
The solution to be used should be, preferably, contraceptive, and the Quinine Powders are very satisfactory for this purpose.

"Prentif" Douche Cachets.—Another "Prentif" line recently introduced is also quite suitable, namely, the "Prentif" Douche Cachets. These consist of a powder put into a capsule, and, to use them, it is only necessary to squeeze the powder into the warm water, when it dissolves immediately without any crushing or vigorous stirring. This solution is also a valuable antiseptic, and can be thoroughly recommended for use as an ordinary cleansing douche.

A descriptive booklet of the "Prentif" Douche Cachets can also be had free on application.

Personal Hygiene.—It is recommended by some that vaginal douching should be regularly carried out and, in some cases, it may be necessary. For regular douching, however, plain water, or water containing common salt, may be employed. The Prentif Douching Cachets are extremely useful, being immediately soluble and ready for use.

GEORGE'S SUPER SPRAY. THE BEST WHIRLING SPRAY MADE.



Recommended by the leading Physicians.

The Super Spray is thoroughly recommended not only for use with medicinal injections under doctor's orders, but as a means of giving a quick and effective contraceptive douche. When used for the latter purpose the Dr. Allbutt's Quinine Injection Powders are recommended. The powerful flushing action obtained by this Spray smooths out the folds of the vaginal passage ensuring that the whole surface is thoroughly cleansed.

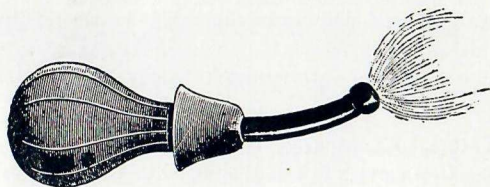
Sold in a strong polished oak box, with lock and key, the Super Spray represents the last word in the manufacture of whirling sprays, and will give years of satisfactory service.

Sold only in strong polished wood boxes.

List No. 64A.—Price 21/- post free.

THE "DOUBLUGEE" WHIRLING SPRAY.

Guaranteed Perfect



Made of extra strong *moulded* rubber which will not split. Best polished vulcanite mount. Top unscrews for filling and cleaning.

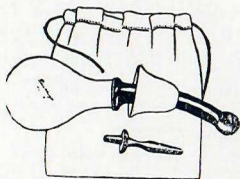
Simplicity itself. Nothing to go wrong.

We have studied the faults and disadvantages of the various types of Sprays now being sold, and we realise that we have produced a most perfect Spray. We have complete confidence in recommending it.

List No. 64.—Price **10/6** each. Postage **6d.** extra.

Cheaper Sprays.—These give excellent service. **5/6** and **8/6** each. Postage **6d.** extra.

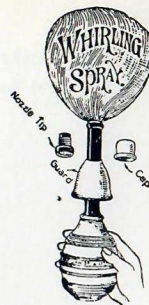
GEORGE'S "COMPACTO" WHIRLING SPRAY.



Can be used as an injection bottle or a Ladies' Whirling Spray. Disconnects and packs in small waterproof bag.

List No. 67.—The ideal Spray for travelling.

Price, complete with Bag, **12/6** each. Postage **6d.** extra.



List No. 65.—**The Marvel Whirling Spray.**—The original Spray that whirls. Nothing to get out of order.

Price complete **15/-**.

Postage **6d.** extra.



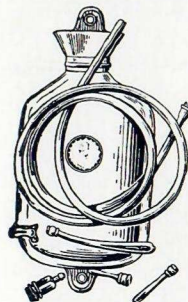
List No. 66.—**The Omega Spray.** Fitted with Raines' Patent Vulcanite Mount. Produces two distinct sprays by single pressure of the bulb. The patent mount unscrews for cleaning purposes.

Price complete **15/-**.

Postage **6d.** extra.

A REALLY USEFUL ARTICLE SUMMER OR WINTER.

List No. 72.—**British Seamless Combined Hot-Water Bottle and Douche.**—The ideal combination for travelling. The bottle is manufactured of best quality seamless rubber, highly polished surface, large filler neck, tag at bottom to hang for draining or douche purposes. Complete with best seamless stout rubber tubing, 3 vulcanite fittings and clip flow regulator.



There is a great demand for this extremely useful appliance, which can be instantly converted into either a douche or a high-class hot-water bottle, and we can strongly recommend it.

Price complete.

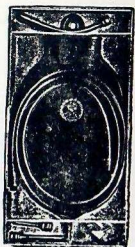
2-quart each **9/6**

3-quart „ **10/6**

Postage **6d.** extra.

All parts supplied separately.

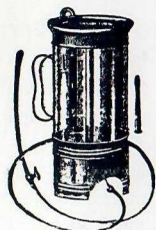
Very Useful for Travelling.



List No. 70.—**Red Rubber Douche, Best Quality.**—Complete with tubing and full set of vulcanite fittings.

Price 8/6 each.

Postage 6d. extra.



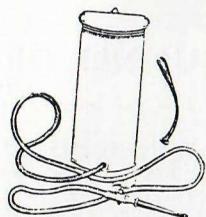
List No. 68.—**Hanging Douches.**—Glass lined, as illustrated, with 6 ft. rubber tubing and full set of vulcanite fittings.

2-pt. 6/6 complete.

3-pt. 7/- „

4-pt. 7/6 „

Postage 6d. extra.



List No. 69.—**Enamelled Cans**, unbreakable, with 6 ft. tubing and all vulcanite fittings.

2-pt. 6/9 complete.

3-pt. 7/3 „

4-pt. 8/- „

Postage 6d. extra.

DOUCHE AND ENEMA FITTINGS.



List No. 77.—Sets of 3 Vulcanite Douche Fittings

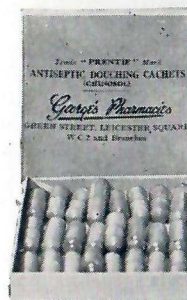
1/6 and 2/- per set.

Postage 3d. extra.

List No. 78.—Douche Tubing (Rubber), 6 ft. lengths, 2/- and 2/6 per length, postage 3d.

Large assortment of Douche Fittings for English and American Douches always in stock. Send us your requirements.

Trade "PRENTIF" Mark. ANTISEPTIC DOUCHING CACHETS.



A purifying, healing and harmless antiseptic for all purposes.

Especially prepared for use with whirling sprays, enemas, etc. These cachets have effectively overcome the difficulty of insolubility, which has been the great drawback to douching tablets.

List No. 16.—Price 2/6 each box. 3 boxes 7/-.

Write for free booklet.

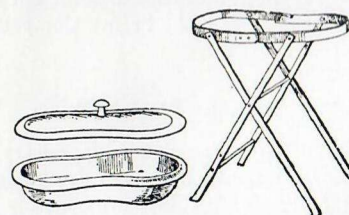
List No. 59D.—**Dr. Allbutt's Quinine Injection Powders.**—For use with all makes of Whirling Sprays, Enemas, Safety Sponges, etc.

20 grains in each packet.

1 doz. packets 4/-, postage 2d.

3 „ „ 11/6, post free.

List No. 76.—**George's Folding Bidet.**—Heavy white enamelled iron. Will fold up into a small space when not required.



Price 27/- complete. Carriage 1/-.

ENEMAS.

List No. 63.—**George's "Doublugee" Enema.**—7/6 each. Postage 6d. The finest obtainable.

List No. 60a.—**George's Enema.**—Special value. 6/6 each. Postage 4d.

List No. 60.—**George's Enema.**—A really efficient hygienic appliance at a competitive price. 3/6 each. Postage 4d.

List No. 61.—**Sterilizable Enema.**—6/6 each. Postage 4d.

List No. 62.—**Disconnecting Enema.**—Generally known as "Higginson's Spray."

With brass screw mounts, 9/6 each. Postage 4d.

With plated screw mounts, 10/6 each. Postage 4d.

GENERAL RECOMMENDATIONS AND CONCLUSIONS.

Having had described all the usual methods and their advantages and disadvantages, the reader is now in a position to judge for himself which should be most suited to his own particular circumstances, but for the benefit of those who may be still in doubt, we append a list of recommendations which must, of necessity, be only general. If advice is required in unusual circumstances, Mr. George is only too glad to render any assistance possible if written to personally.

The following methods are placed in order of relative safety—

(1) CONDOMS AND WASHABLE SHEATHS.

These must be perfect and should be used with a lubricant. The thin ones are intended for use once only. The Capote Anglaise can be used with the same degree of safety as the Washable Sheath but, as mentioned before, it is clumsy and has no compensating advantages.

(2) THE PRENTIF CAVITY RIM PESSARY.

A non-greasy soluble suppository or foam tablet can be used with this if desired, but it is not necessary if the Prentif Compound is used in the rim.

(3) THE SEAMLESS DOME PESSARY.

It is advisable with this to use a soluble suppository or tablet which, to ensure perfect safety, should be inserted a few minutes before intercourse. The Prentif Tablets or Prentabs are specially recommended in this connection as they do not contain any grease which is injurious to rubber.

(4) THE SOLUBLE SUPPOSITORY.

In connection with these the following list may be useful :—

QUININE.

In a Cocoa-butter Base.

- No. 54.—Double Strength.
No. 54a.—Ordinary Strength.
No. 56.—Double Strength, perfumed with Rose.

In a Non-greasy Base.

- No. 57d.—The Prentif Soluble Suppository.

CHINOSOL.

In a Cocoa-butter Base.

- No. 58c.—“Clinic.”
No. 55.—“Ideal.”

In a Non-greasy Base.

- No. 59c.—The Prentif Tablet.
No. 59t.—“Prentabs.”

NOTE.—It is guaranteed that each of the above suppositories contains the correct amount of spermicide.

(5) THE MALTHUS CAP OR AMERICAN TIPS.

Which require great care in use.

(6) THE CONTRACEPTIVE SPONGE.

(7) THE CONTRACEPTIVE DOUCHE.

In placing them in this order, it is assumed that each method is being used alone. If two or more methods are combined it ensures a greater margin of safety; but **this does not apply to Condom or Sheath which, if the conditions are observed, is a perfect safeguard in itself.**

RECOMMENDATIONS IN SPECIAL CIRCUMSTANCES.

For Those Getting Married.

For the benefit of those who are about to get married, we would emphasize that the **only** real safeguard at first is the Male Cover. It may be thought desirable eventually to adopt some other method but, in normal circumstances, anything else is quite impracticable for the first few weeks and sometimes even longer. It is also necessary for the husband to be extremely careful at this time not only to avoid breaking the sheath, but also to avoid causing any pain through excessive pressure. **The use of a lubricant, therefore, is not only desirable, but essential.** Prentif Jelly is strongly recommended.

When a Cervical Cap cannot be fitted.

When there are objections to the sheath and there is difficulty in fitting the occlusive cap type of Check Pessary (for example, when the womb is misplaced), the Dutch Cap may be useful.

These are made in a great number of different sizes and, as it is impossible for a woman to know herself which is the correct size, it is necessary to consult a doctor regarding this point in the first instance.

The Dutch Cap is not recommended for use in ordinary circumstances, nor, for that matter, any Pessary with a spring rim.

The Paris Pessary is another similar type to the Dutch Cap, except that it is made of a solid circular piece of rubber and has no spring in the rim. It is very doubtful whether this is as effective as a properly fitted Dutch Cap and, in both these cases, a soluble suppository or tablet should be used at the same time and inserted before coitus.

When Pregnancy is Dangerous.

In quite a large number of cases it is essential that a woman should not have any children as when, for instance, in certain circumstances it might mean the possibility of loss of life. In such cases any possible objection to the use of the sheath should be overcome and in order to give a greater sense of security, one, or even two, other methods used in conjunction with this—such as the Check Pessary and Soluble Pessary—Contraceptive Sponge and Soluble Pessary, etc.

The Contraceptive Douche even though it is not used regularly, should always be handy and ready for use in case of necessity.

BOOKS.

By Isabel Emslie Hutton, M.D.—

Recommended.

The Hygiene of Marriage 5/- postage 4d.

By Dr. Marie Stopes, D.Sc., Ph.D.—

Sex and the Young 6/6 ,, 4d.

The Human Body 3/6 ,, 4d.

Radiant Motherhood 6/- ,, 4d.

Mother, How was I born ? 6d. ,, 1½d.

Enduring Passion 6/- ,, 4d.

By Dr. Haydon Brown, L.R.C.S. Edin., etc.—

The Wife : Her Book.... 3/6 ,, 4d.

By Margery V. Graham—

A Common-Sense Treatise on Birth Control 6d. ,, 1½d.

By Oliver Waldo Lincoln—

Sex Hygiene 1/- ,, 2d.

By Dr. A. A. Philip and H. R. Murray—

Knowledge a Young Wife should have 2/6 ,, 3d.

Knowledge a Young Husband should have 2/6 ,, 3d.

Knowledge a Young Woman should have 2/6 ,, 3d.

Knowledge a Young Man should have 2/6 ,, 3d.

Sexual Science 2/6 ,, 3d.

By Dr. Stewart Adamson—

The Why and How of Birth Control 2/6 ,, 4d.

Handbook prepared by a Special Committee on
behalf of the British Social Hygiene Council.

Preparation for Marriage—Strongly recommended 5/- ,, 5d.

OR GOING ABROAD.

Our long experience in connection with supplying goods by post enables us to give our customers, scattered in all parts of the world, the most efficient and prompt service. The chief difficulty with which one has to contend is climatic conditions, and we can confidently state that this has been overcome with any class of Contraceptive goods.

In the case of Soluble Suppositories, either the "Prentif" Tablets or the "Prentabs" are perfectly suitable. For those who use a Check Pessary, the "Prentif" Cavity Rim type will be found to last considerably longer than any other kind.

Perhaps most important of all, for customers who prefer to rely on the undoubted safety of the Condom or "letter," the following scheme has been found to work perfectly in innumerable cases for a number of years. Briefly, an order for a certain number of condoms is placed, with instructions for so many to be sent each week or fortnight as may be required, and the individual packets are sent with the Condoms unrolled and packed with a little prepared powder to keep them in good condition.

This makes a small flat packet which goes through the post in an ordinary commercial envelope and rouses no suspicion as to the contents.

This plan ensures a regular supply of goods in perfect condition ; additionally, one can take advantage of the reduction in price by ordering the larger quantities.

If necessary at any time the supplies can be stopped temporarily or the order cancelled and the account adjusted.

The smallest details of instructions in connection with these orders are carefully carried out and the scheme can be applied equally as well to goods of any kind.

Suggestions in individual cases will gladly be given to customers calling or writing to Head office.