

EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION

CO-OPERATIVE EDUCATIONAL ROOMS,
— 109A, SIDWELL STREET (NR FOUNTAIN), EXETER. —

HOURS OF ATTENDANCE: - - FRIDAYS, 2.0 TO 4.0 P.M.



First Annual Report, 1930.

Hon. Treasurer

F. A. ROPER, M.A., M.D., M.R.C.P.,
SOUTHERNHAY HOUSE,
EXETER

President :

LADY ACLAND, J.P.

Executive Committee :

MRS. HENRY T. MICHELMORE, *Chairman.*

A. L. CANDLER, F.R.C.S.

MISS EVE MACAULAY, M.A.

MRS. M. J. ROBERTS.

COUNCILLOR GLAVE SAUNDERS,
F.R.C.V.S., F.Z.S.

MRS. E. M. WADDINGTON, J.P.

ALL CORRESPONDENCE TO BE ADDRESSED TO :

Hon. Secretary :

MRS. FRED JONES,

AT THE ABOVE ADDRESS

The Exeter and District Women's Welfare Association was opened in January, 1930. It is affiliated to the Society for the Provision of Birth Control Clinics, and is working in co-operation with the Birth Control Investigation Committee.

As many Exeter Citizens know, the Clinic was started almost entirely through the untiring energy of the late Mrs. Rachel Allen, who was the Association's first Honorary Secretary. Her death, in April, was a severe blow to all who had known her, and to this movement. The present Committee are doing their best to carry on the work in which she was such an able pioneer.

OBJECT. The object of the Clinic is to provide medical advice on Contraception to those married women who are unable to afford the fees of a Doctor, and who, as this information is very rarely given at Municipal Welfare Centres, would otherwise have to rely upon hearsay, or on other unreliable or undesirable sources.

Since January 1930, 145 women have been seen, and 125 return visits have been paid. Every woman is seen by the Medical Officer, Dr. Margaret Jackson, and a thorough examination takes place, after which suitable advice is given at the discretion of the Medical Officer. The women are asked to return for a second visit in a week's time, thereafter they are asked to keep in touch with the Clinic by means of attendances at six monthly intervals. The Medical Officer sees each one on all return visits. The Committee take special pains to get in touch with those who do not return, and in cases where the distance from the Clinic is a difficulty, stamped addressed envelopes are sent asking them to write and report progress.

The patients are drawn from a wide area, about 75% being from Exeter, and the rest from the country, from places as far distant as Taunton and Barnstaple.

The majority that have come to receive advice are not of the very poorest. In order that we may get into touch with the really necessitous mother, we need the support and co-operation of those who are working in Welfare Centres, and of those who are doing other social work among poor mothers. Those who from their experience of such work come into intimate contact with these mothers can best make the work of Clinic known where it is most needed.

All Doctors in the County were notified of the opening of the Clinic, and invited to send suitable patients. The response to this has been satisfactory, the number of women recommended by doctors having shown a steady increase during the year.

Letters appealing for financial help were sent to numerous persons in the County, but the response to these was disappointing—probably because the work of the Clinic is so little known as yet.

Our financial position is unsatisfactory. As the women we help are those who cannot afford any great extra expense, the financial burden of the Clinic must largely be met by voluntary funds. The women are asked to pay one shilling, and any appliances are supplied at cost price. Up to the present our funds do not permit us to offer a salary to either the Medical Officer or Nurse. Although the work of these two is being very willingly carried on without any financial recognition whatever, it is obvious that an Association of this kind, which is running a regular weekly Clinic, should be in a position to pay its Medical and Nursing Staff. To meet this expense and that of Rent, etc., the Association needs a regular annual income of at least £140.

There must be many people in the City and County who recognise the necessity for a Clinic of this kind, and who, when they realise the character of the work that is being carried on, would be willing to send an Annual Subscription to this Association. Any subscription, however small, will be gratefully received by the Hon. Treasurer :-

DR. F. A. ROPER, SOUTHERNHAY HOUSE, EXETER.

The Hon. Treasurer in Account with
THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION.

1st. January—31st. December 1930.

	£	s.	d.		£	s.	d.
To Balance from 1929	...	11	18. 4	By Furnishing	9 3 2
" Subscriptions and Donations (local)	...	21	11 9	" Rent	12 15 4
" Grant from the Society for the Provision of Birth Control Clinics (for first year only)	...	20	0 0	" Medical supplies for resale at cost	46 13 0
" Receipts at Clinic	...	35	19 9	" Printing and Advertising	14 3 6
" Payments by Exeter City Council for treatments	15 0	" Stationery, Postages and Sundries	4 3 5
" Balance due to Hon. Sec. 10/1/31	...	14	9	" Balance in Bank 31/12/30	4 1 2
			<u>£90 19 7</u>				<u>£90 19 7</u>

FRANK A. ROPER, *Hon. Treasurer.*

HENRY T. MICHELMORE, *Hon. Auditor.*

EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION

CO-OPERATIVE EDUCATIONAL ROOMS,
— 109A, SIDWELL STREET, (NR. FOUNTAIN), EXETER —

HOURS OF ATTENDANCE: - - FRIDAYS, 2.0 TO 4.0 P.M.



Second Annual Report, 1931.

Hon. Treasurer

F. A. ROPER, M.A., M.D., M.R.C.P.,
SOUTHERNHAY HOUSE,
EXETER.

Hon. Medical Officer:

MRS. MARGARET JACKSON, M.B., B.S.

Hon. Nurse:

SISTER WILSON, S.R.N., C.M.B.

President:

LADY ACLAND, J.P.

Executive Committee:

MRS. HENRY T. MICHELMORE, *Chairman*.

A. L. CANDLER, F.R.C.S.

MRS. CHANDLER.

MISS EVE MACAULAY, M.A.

MRS. M. J. ROBERTS.

COUNCILLOR GLAVE SAUNDERS.

F.R.C.V.S., F. Z.S.

MRS. E. M. WADDINGTON, J.P.

ALL CORRESPONDENCE TO BE ADDRESSED TO:

Hon. Secretary:

MISS RADFORD.

THE MANOR HOUSE, BRADNINCH.

The Exeter and District Women's Welfare Association was opened in January, 1930. Its object is to provide medical advice on Contraception to those married women who are unable to afford the fees of a Doctor, and who would otherwise have to rely upon hearsay, or other unreliable and undesirable sources. Such advice is given at the discretion of the Medical Officer, who sees and examines each patient.

From the opening of the Clinic the Exeter City Council have made themselves financially responsible for patients sent by their Medical Officers for advice. So far, the clinic has dealt with eleven such cases. Since the Ministry of Health issued its permissive Memorandum in July, 1930—the Devon County Council have been in touch with the clinic Committee, and we hope similar co-operation may shortly be established.

During 1931, 93 new patients have attended the clinic, and 161 return visits have been paid. In one case sterilization had to be advised on medical grounds and has been successfully carried out elsewhere. Of the new cases 50% have come from the City, the rest from the County, from places as far distant as Plymouth and Barnstaple. A considerable proportion of our cases now come to us on a Doctor's recommendation or from Welfare Centres. This is a move in the right direction, and, we hope, in 1932 to have some cases sent to us from the Orthopaedic Clinics.

Our Annual Income is still far short of the £140 which is necessary to carry on the work on a proper basis. We are still in the unsatisfactory position of being unable to offer adequate remuneration to our Medical Officer and Nurse, though this year we have been able to give them a small honorarium.

There must be many who recognise the urgent National necessity for Clinics of this sort, and we shall be grateful if they will show their sympathy with the work in a practical way by sending a subscription or donation to the Hon. Treasurer:-

DR. F. A. ROPER, SOUTHERNHAY HOUSE, EXETER.

The Hon. Treasurer in Account with
THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION.

1st. January—31st. December 1931.

RECEIPTS.		PAYMENTS.	
	£ s. d.		£ s. d.
By Bank Balance from 1930 ...	4 1 2	To Rent paid ...	9 15 0
" Subscriptions and Donations (local) ...	22 19 6	" Medical supplies at cost ...	25 4 11
" Grant from the Society for promoting Birth Control Clinics ...	5 0 0	" Printing and Advertising ...	12 14 6
" Receipts at Clinic ...	35 15 5	" Stationery, Postages, etc. ...	4 9 0
" Grant from Rachel Allen Memorial Fund ...	3 7 11	" Expenses of Public Meeting ...	6 10 0
" Collection at Public Meeting ...	5 4 4	" Balance at Bank 31st December, 1931 ...	17 14 11
	<u>£76 8 4</u>		<u>£76 8 4</u>

OUTSTANDING.

Due from Exeter City Council for treatments ...	4 2 6	Due to sundry Creditors including the Honoraria	26 18 3
---	-------	---	---------

The Rachel Allen Memorial fund.

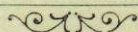
RECEIPTS.		PAYMENTS.	
	£ s. d.		£ s. d.
By Donations ...	28 5 0	To Relief to 19 patients ...	3 7 11
" Two Whist Drives ...	5 7 7	" Balance at Bank, 31st December, 1931 ...	30 4 8
	<u>£33 12 7</u>		<u>£33 12 7</u>

EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION

CO-OPERATIVE EDUCATIONAL ROOMS,
— 109A, SIDWELL STREET, (NR. FOUNTAIN), EXETER —

HOURS OF ATTENDANCE:—

FRIDAYS, 2.15 TO 4.30 P.M.



Third Annual Report, 1932.

Hon. Treasurer:

F. A. ROPER, M.A., M.D., M.R.C.P.
SOUTHERNHAY HOUSE,
EXETER.

Hon. Medical Officer:

MRS. MARGARET JACKSON, M.B., B.S.

Hon. Nurse:

SISTER WILSON, S.R.N., C.M.B.

President:

LADY ACLAND, J.P.

Executive Committee:

MRS. HENRY T. MICHELMORE, *Chairman.*

A. L. CANDLER, F.R.C.S.

MRS. CHANDLER.

MRS. STANLEY LEWIS, M.A.

MRS. M. J. ROBERTS.

COUNCILLOR GLAVE SAUNDERS,

F.R.C.V.S., F.Z.S.

MRS. E. M. WADDINGTON, J.P.

ALL CORRESPONDENCE TO BE ADDRESSED TO:

Hon. Secretary:

MISS RADFORD.

THE MANOR HOUSE, BRADNINCH.

Since the opening of the Exeter and District Women's Welfare Association in January, 1930, over 350 women have received advice on Contraception at the Clinic. During 1932 more than 100 new patients have been seen and 208 return visits have been paid. Of the 280 cases seen at the Clinic between January 1930 and July 1932 it has been possible to keep in touch with only 150; of these, 130 have been successful, 20 have become pregnant in spite of instruction, and most of these failures can be assigned to carelessness on the part of the patient. A few patients have attended the Clinic for advice on account of involuntary sterility. This is a branch of constructive Birth Control in which we hope to do more work in the future.

A definite step marking the recognition of the value of the work of the Clinic by the Public Health Authorities has been the encouraging co-operation of the Devon County Council Medical Department. In March 1932, the Medical Department were empowered to pay a grant of 7/6 per head for necessitous patients sent to us through their Health Services. In the last six months, twelve patients have been thus recommended by the County Council and treated at the Clinic. We are also glad to record that our Medical Officer has been invited by the Maternity and Child Welfare Committee of the City Council to give non-technical talks on Birth Control to mothers at the Infant Welfare Centres. One such talk has already been given and it is hoped that other centres will also avail themselves of this opportunity in the near future. Doubtless the Exeter City Council Medical Authorities will send more patients to the Clinic in future. Similar lectures with discussion have been given by our Medical Officer at Topsham and other places.

A successful Meeting was held under the auspices of the Women's Section of the Exeter Labour Party, to whom we are also most grateful for valuable financial assistance. Once more our thanks are due to those who have assisted our funds by running Whist Drives during the winter; to the Co-operative Society for the use of their rooms, and to Mr. Wilson for making an invaluable Card Index Cabinet. And lastly we wish to take this opportunity of thanking general Practitioners, Nurses and Health Visitors for sending suitable cases to the Clinic.

We were able to give some slight assistance to the organisers who have, this year, started a similar Birth Control Clinic in Plymouth and we wish them every success. The Plymouth Association is holding the sessions of its Clinic in the City Maternity and Child Welfare premises by permission of the Plymouth City Council.

Our Annual income is still far short of the £140 necessary to carry on our work on a proper basis, we are again in the unsatisfactory position of being unable to offer adequate remuneration to our Medical Officer and Nurse, though, as in 1931, we hope to be able to give them each a small honorarium.

In these days of unemployment and financial distress the need for supplying reliable contraceptive knowledge under conditions within reach of the very poor, is more imperative than ever. Apart from economic considerations the sapping of vitality caused by too frequent pregnancies is a tragedy in many homes, making the mother prematurely old and unfitting her for the daily round of her work. Surely failure to support the Clinic, especially in times like these is the acme of false economy. It is hoped that those who feel sympathy and interest towards this work will show it in a practical way by sending a subscription or donation, however small, to the Hon. Treasurer:-

DR. F. A. ROPER, SOUTHERNHAY HOUSE, EXETER.

The Hon. Treasurer in Account with
THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION.

1st. January—31st. December 1932.

RECEIPTS.		PAYMENTS.	
	£ s. d.		£ s. d.
By Bank Balance from 1931 ...	17 14 11	To Rent paid (5 qrs.) ...	16 5 0
" Subscriptions and Donations ...	21 18 0	" Medical supplies at cost ...	29 9 6
" Receipts at Clinic:—		" Printing and Advertising ...	8 8 0
From Exeter City Council	4 2 6	" Stationery, Postages, etc. ...	6 18 7
" Devon County Council	2 12 6	" Honoraria, Dr. Jackson (for 1931)	15 0 0
" Sale of Medical Supplies	27 8 9	" " Sister Wilson "	5 0 0
" Fees and Collecting Box	10 17 4	" Locum tenens (1932) ...	1 11 6
" Grant from Rachel Allen Memorial Fund ...	1 13 2	" Balance at Bank 31st December, 1932	3 14 7
	<u>£86 7 2</u>		<u>£86 7 2</u>

The Rachel Allen Memorial fund.

RECEIPTS.		PAYMENTS.	
	£ s. d.		£ s. d.
By Bank Balance from 1931 ...	30 4 8	To Relief to 15 patients ...	1 13 2
" Mr. J. F. Allen	10 0 0	" Balance at Bank 31st December, 1932	48 18 8
" Exeter Labour Party (per Mr. E. J. Gardner)	2 0 6		
" Mrs. Baxter ...	2 2 0		
" Whist Drives (per Mrs. Chandler)	6 4 8		
	<u>£50 11 10</u>		<u>£50 11 10</u>

OUTSTANDING.

Honoraria for 1932 to be paid out of Balance.

Abolition is here

EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION

CO-OPERATIVE EDUCATIONAL ROOMS,
— 109A, SIDWELL STREET, (NR FOUNTAIN), EXETER —

HOURS OF ATTENDANCE: - - - FRIDAYS, 2.15 TO 4.30 P.M.



Fourth Annual Report, 1933

President:

SIR FRANCIS ACLAND, M.P.

Vice-President:

MRS. PHILLIPS, J.P.

Executive Committee:

MRS. HENRY T. MICHELMORE, *Chairman*

A. L. CANDLER, F.R.C.S.

R. N. CRAIG, M.D., D.P.M., B.S.

MRS. CHANDLER.

W. A. ROBB, M.D., M.R.C.P.

MRS. M. J. ROBERTS

COUNCILLOR GLAVE SAUNDERS,
F.R.C.V.S., F.Z.S.

MRS. E. M. WADDINGTON, J.P.

Hon. Medical Officer:

MRS. MARGARET JACKSON M.B., B.S.

Nurse:

MRS. BROCKWAY, C.M.B.

Hon. Treasurer:

F. A. ROPER, M.A., M.D., M.R.C.P.,

SOUTHERNHAY HOUSE,

EXETER.

ALL CORRESPONDENCE TO BE ADDRESSED TO:

Hon. Secretary:

MISS RADFORD

THE MANOR HOUSE, BRADNINCH

The Birth Control Clinic established by The Exeter and District Women's Welfare Association, has now been in existence for four years. The progress of its work is sufficiently indicated by the following table of attendances.—

Year.	Total Number of New Cases.		Total Number of Visits.	
1930	...	145	...	270
1931	...	93	...	245
1932	...	103	...	311
1933	...	144	...	597
	Total ... 485		1,432	

Each case is examined by the Medical Officer and treated individually. During the last year there have been only minor modifications of the methods advised at the Clinic. They are admittedly imperfect and failures are bound to occur, but we give the best advice available at the present stage of modern knowledge, and a percentage of failures in this work is no more reason for despair than in any other type of medical treatment. Patients who seek advice from the Clinic hear of its existence from various sources, which for the year now under review may be summarized thus:—

From Doctors and Nurses	...	34
„ Devon County Council Health Authorities	...	46
„ Exeter City	„	9
„ Former Patients	...	19
„ Subscribers	...	5
„ Newspaper Advertisements	...	12
„ Lectures	...	3
„ Unknown	...	16

It will be seen that the two chief sources from which our Patients come are Doctors and Nurses, and the Public Health Authorities. This is encouraging evidence of the growing support of the Medical profession and Health Authorities, who thus show that they consider the Clinic to be fulfilling a need. Moreover, almost without exception, patients coming to the Clinic need the contraceptive advice which they seek for very good reasons—medical or economic, or both—and are not, as has been suggested, merely actuated by motives of selfishness.

Two further steps have been taken by the County and City Health Authorities in that they now permit their Health Visitors to follow up and report on the cases recommended by them and also authorise further grants of money to meet the cost of additional supplies of Contraceptive Appliances in necessitous cases. Much has still to be done in making known the work of the Clinic to the women who most need its help, and we would draw attention to the fact that both mental hospitals and tuberculosis sanatoria often send their patients home for week-ends before they are permanently discharged as cured, which no doubt would be a sound system were it not for the deplorable fact that conception frequently takes place during these times. An increasing number of these Institutions recommend their patients to visit a Birth Control Centre, but it is very necessary that information should be given before the patient returns home.

Despite the support of the local health authorities, whose grants, by the way, only provide 1/- income to the Clinic per patient, the Clinic is still primarily dependant for its upkeep on Voluntary Subscriptions, and its income still falls far short of its minimum requirements. Of the 26 voluntary clinics affiliated to the Society for the Provision of Birth Control Clinics, this is the only one on such an unsound financial basis. As stated in previous reports, the Annual Income required is £140; but as will be seen from the Balance Sheet, our assets from voluntary subscriptions only amount to about £26. The Clinic is carrying on a work of national importance. It has many sympathisers, but unfortunately only a few practical supporters, and we would therefore urge all sympathisers to become practical supporters by sending subscriptions however small, to Hon. Treasurer, Dr. F. A. Roper, Southernhay House, Exeter.

START ~~W~~ The following typical cases serve to emphasize how necessary the work is:—

- WOMAN AGED 36. Husband unemployed Labourer. suffering with active Tuberculosis
Nine pregnancies, 7 children alive. 2 self induced abortions.
- WOMAN AGED 33. Husband unemployed Labourer suffering with active Tuberculosis.
11 pregnancies (including 4 miscarriages), 2 children tuberculous.
- WOMAN AGED 23. Husband unemployed Labourer. 5 pregnancies, children all alive. Mother
very debilitated and suffering from severe prolapse of the womb.
- WOMAN AGED 23. Husband Engineer. Two pregnancies in 3 years, wife has been in
Sanatorium last 7 months with active Tuberculosis of both lungs. Her mother and sister
both died of tuberculosis.
- WOMAN AGED 42. Husband Farm Labourer. 12 pregnancies, 12 living children, she has
had extremely severe, almost fatal hemorrhages following the last 6 or 7 labours.
- WOMAN AGED 38. Husband unemployed Carpenter. 12 pregnancies including 4 still born
Infants and two miscarriages in 18 years.
- WOMAN AGED 41. Husband Fish Merchant. 15 pregnancies in 22 years, 10 children
alive, Mother suffers from severe prolapse of the womb.
- WOMAN AGED 33. Husband Small Farmer. 7 pregnancies in 9 years, considerable degree
of prolapse of the womb.
- WOMAN AGED 37. Husband a Labourer. 11 pregnancies, repeated difficult labours.
instrumental delivery, Mother has had prolapse of the womb many years.
- WOMAN AGED 39. Husband a Labourer. 8 pregnancies, rheumatic fever 4 times, Heart
is seriously affected. 4 children have had acute rheumatism.

The many grateful letters and personal thanks which we have received from patients prove beyond doubt that the work is appreciated by the women and their husbands.

We quote one of these letters as an example:—

Letter. → ".... I hope you will forgive me for writing to you for advice. I am 27 years old and have 5 children under 7, my last baby is three months old, and we have 28/9 a week to keep 7 on. If I have any more children I don't know what I shall do, as I have the greatest struggle to make ends meet as it is... I have worried so much the last seven years over having children that I am afraid sometimes that I shall go out of my mind. My Mother died when I

was 9 and we were brought up in the Workhouse and the Matron told me since I have grown up that my mother died of nothing more than worrying and starvation, and if I still go on having children like this, I feel sure I shall do the same . . . Please forgive me for writing to you like this. I love my children but I can't bring them up as I ought on 28/9 a week, especially if I have more."

(3).

STERILITY. It should be borne in mind that the function of the Clinic is to carry out the principles of Constructive Birth Control. Thus we are not only concerned with the limitation and spacing of families, but also attempt to solve the problem of involuntary sterility. We would therefore ask Doctors and others who know of suitable cases to remember this and refer them to the Clinic.

During 1933, a Third Voluntary Clinic has been opened in Devonshire at Barnstaple, so that there are now centres where Birth Control advice can be obtained within reasonable distance of anyone in the County. Devonshire is thus better served in this matter than any other county in the United Kingdom.

Several Doctors have visited the Clinic during the year for instruction in Birth Control methods. One of these has since been appointed as Medical Officer to the new Sheffield Birth Control Centre.

An Address was given by Dr. Margaret Jackson at the Exminster Branch of the Women's Institute in October, 1933, on the subject of Birth Control and Sterilization, which was reported in the journal of that organisation.

It is with deep regret that we record the death of our President, Lady Acland, J.P., whose forceful personality and energetic and kindly support will be a great loss to us, as to the many other causes in which she was interested. We are particularly glad to report that Sir Francis Acland, M.P. has consented to take her place as President to this Association. We must also report the retirement of Sister Wilson after over three years work at the Clinic. We should like to take this opportunity of thanking her for her invaluable help. In her place we have been fortunate enough to secure the services of Mrs. Brockway, C.M.B.

The Hon. Treasurer in Account with
THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION.

1st January—31st December 1933.

RECEIPTS.	£ s. d.	PAYMENTS.	£ s. d.
By Bank Balance from 1932	... 8 14 7	To Rent Paid	... 13 0 0
" Subscriptions and Donations	... 25 13 9	" Medical Supplies at Cost	... 51 13 4
" Receipts at Clinic :—		" Printing and Advertising	... 6 1 6
Devon County Council	... 13 5 0	" Hon. Secretary's Stationery, Postages and Petty Expenses	... 7 5 0
Exeter City Council	... 1 10 0	" Locum Tenens	... 1 1 0
Fees and Collecting Box	... 9 12 1	" Honoraria, Dr. Margaret Jackson (for 1932)	... 20 0 0
Sale of Medical Supplies	... 41 19 4	" Sister Wilson (for 1932)	... 15 0 0
" Grant from Rachel Allen Memorial Fund	... 2 13 6		
" Debit Balance	... 15 12 7		
	<u>£114 0 10</u>		<u>£114 0 10</u>

The Rachel Allen Memorial fund.

RECEIPTS.	£ s. d.	PAYMENTS.	£ s. d.
By Bank Balance for 1932	... 48 18 8	To Relief to 17 patients	... 2 13 6
" Mr. J. F. Allen	... 10 0 0	" Balance at Bank 31st December, 1933	... 63 15 8
" Mrs. Baxter	... 2 2 0		
" Equal Citizenship Association	... 3 0 0		
" Per Mr. F. H. Tarr	... 1 0 0		
" Whist Drives (per Mrs. Chandler)	... 1 8 6		
	<u>£66 9 2</u>		<u>£66 9 2</u>

OUTSTANDING :— Honoraria for 1933.

EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION

THE DISPENSARY, QUEEN ST., EXETER.



Fifth Annual Report, 1934.

President :

SIR FRANCIS ACLAND, M.P.

Vice-President :

MRS. PHILLIPS, J.P.

Executive Committee :

MRS. HENRY T. MICHELMORE, *Chairman*

A. L. CANDLER, F.R.C.S.

R. N. CRAIG, M.D., D.P.M., B.S.

MRS. CRAIG

MRS. CHANDLER

W. A. ROBB, M.D., M.R.C.P.

MRS. ROBB

MRS. M. J. ROBERTS

COUNCILLOR GLAVE SAUNDERS.

F.R.C.V.S., F.Z.S.

ALDERMAN F. H. TARR, J.P.

MRS. E. M. WADDINGTON, J.P.

Hon. Treasurer :

F. A. ROPER, M.A., M.D., M.R.C.P.
THE DISPENSARY, EXETER

ALL CORRESPONDENCE TO BE ADDRESSED TO :

Hon. Secretary :

MISS RADFORD.
THE DISPENSARY, EXETER

Hon. Medical Officer :

MRS. MARGARET JACKSON, M.B., B.S.

Nurse :

MRS. BROCKWAY, C.M.B.

The Exeter and District Birth Control Clinic has now been established for five years, and it may fairly be stated that the work done at this Clinic plays an important part in the Public Health Services of the County and City.

This is borne out by the increasing number of cases sent to the Clinic by the County and City Health Authorities, and also by Medical Practitioners. The total number of new cases seen during the past year was 154, and of return cases 379, which is the largest attendance for any year since the Clinic's foundation. Of the new cases, 36 were recommended by their own Doctors, 20 by Nurses, 55 by the Devon County Council, 7 by the Exeter City Council, 20 by former patients, 5 by the "Women's Pictorial," 11 from other sources.

Despite this evidence of increasing usefulness, the Clinic's financial position remains far from secure. Most of the patients themselves are extremely poor and find it difficult and sometimes impossible to pay even the 1/- consultation fee which is the Clinic's only charge apart from the charge for appliances, which are sold at cost price. Moreover the fees paid to the Clinic by the County and City Health Authorities for patients recommended by them, though they cover the cost of appliances supplied, leave little or nothing for the overhead expenses. We are therefore almost entirely dependant on Voluntary Subscriptions to meet these expenses which include remuneration to our Medical Officer and Nurse, and rent of premises.

Our Subscription List is lamentably small and, in view of the present great excess of expenditure over income, it seems likely that the Clinic will be unable to carry on unless we can substantially increase our number of annual subscribers.

In September last, after due consideration, it was decided to move the Clinic from its old premises to the Exeter Dispensary, in Queen Street. It was felt that the more central position of the Dispensary would prove advantageous to patients coming from the country by bus and train, and, further, that the accommodation available at the Dispensary being specially adapted for clinical work was more adequate to meet the increasing demands on time and space. It was true that this involved an increase of expenditure, owing to the

higher rental, nevertheless the Committee deemed this to be justifiable in order that the expansion of the work of the Clinic might continue unhindered by cramped quarters. This makes the need for an increased subscription list still more imperative.

At the same time the Committee wishes to express its thanks to the Exeter Co-operative Society for giving us accommodation when this was difficult to obtain in the early days of the work, and for their courtesy to us during the $4\frac{1}{2}$ years in which we used their rooms. The Committee also wishes to record its thanks to Mr. Hodge, the Secretary of the Dispensary, for the helpful way in which he has helped the Clinic to establish itself in its new quarters.

Thanks to the initiative and financial help of Mrs. Elmhurst of Dartington, a Branch Clinic for the Totnes District has been established during the past year. Three sessions have been held and more than a dozen cases have already been dealt with. The establishment of such Branch Clinics has much to commend it, in that it spares the patients in outlying districts the trouble and expense of long journeys to Exeter. Also during the past year our Medical Officer, Mrs. Margaret Jackson has been elected a member of the Medical Sub-Committee of the National Birth Control Association. The functions of this Sub-Committee are to collect, co-ordinate and report on such methods of Birth Control as are in present use, so that the Medical Profession as a whole may have authoritative information on this subject at its disposal.

The following are a few typical cases which have been dealt with at the Clinic :—

- Woman aged 36. Husband unemployed labourer, subject to epileptic fits. Mother has heart trouble and bad varicose veins. 15 pregnancies in 18 years—13 born alive, 3 miscarriages, 7 children alive now.
- Woman aged 22. Husband unemployed Waiter. Mother is asthmatic. 5 pregnancies in 4 years. 3 born alive, 1 died at 6 weeks with a deformity of the spine. 2 self induced abortions, one with drugs, the other using scissors.
- Woman aged 33. Husband farm labourer. Mother suffers from Tuberculosis. 6 pregnancies, all children alive, two in Tuberculosis Sanatoria.
- Woman aged 41. Husband Lorry Driver, frequently unemployed, both parents of low grade mentality—14 pregnancies in 24 years, 13 now alive, children show varying degrees of under nourishment.
- Woman aged 38. Husband farm labourer, epileptic. Mother under suspicion of Tuberculosis. 7 pregnancies, two of the children are Tubercular.
- Woman aged 39, Husband disabled pensioner. Mother blind in one eye. 10 pregnancies in 15 years, nine born alive, seven surviving, several of which are delicate.
- Woman aged 40. Husband Auxiliary Postman. Mother has severe varicose veins. 13 pregnancies, three still-born, 10 alive. Severe bleeding after her last 11 labours.
- Woman aged 33. Husband, labourer. 13 or 14 pregnancies in 15 years, of these only four were born alive. All delicate, one with deformed spine.
- Woman aged 23. Husband unemployed labourer. 5 pregnancies, children all alive. Mother very debilitated and suffering from severe prolapse of womb.

The Hon. Treasurer in Account with
THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION.

1st January—31st December, 1934.

The Rachel Allen Memorial Fund.

RECEIPTS.	£ s. d.	EXPENDITURE.	£ s. d.
By Balance from 1933	63 15 8	To Relief of 33 Patients	5 7 7
„ Mr. J. F. Allen	10 0 0	„ Balance, 31st December, 1934	70 10 1
„ Mrs. Baxter	2 2 0		
	<u>£75 17 8</u>		<u>£75 17 8</u>

THE GENERAL FUND.

RECEIPTS.	£ s. d.	EXPENDITURE.	£ s. d.
By Subscriptions and Donations	21 15 0	To Debit Balance from 1933	15 12 7
„ Receipts at Clinic :—		„ Honoraria—	
Devon County Council	11 0 0	Dr. Margaret Jackson (1933)	20 0 0
Exeter City Council	6 7 6	Sister Brockway (1933)	10 0 0
Fees and Collecting Box	7 9 4	Rent paid	14 11 6
Sale of Medical Supplies	61 1 5	Medical Supplies at cost	62 5 10
„ Grant from Rachel Allen Memorial Fund	5 7 7	Printing and Advertising	7 9 0
„ Debit Balance	30 10 7	Hon. Secretary's Stationery, Postages and Petty expenses	11 0 0
	<u>£143 11 5</u>	Locum tenens	2 12 6
			<u>£143 11 5</u>

OUTSTANDING :— Professional Fees for 1934.

EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION

THE DISPENSARY, QUEEN ST., EXETER.



Sixth Annual Report, 1935.

President :

SIR FRANCIS ACLAND, M.P.

Vice-President :

MRS. PHILLIPS, J.P.

Executive Committee :

MRS. HENRY T. MICHELMORE, *Chairman.*

A. L. CANDLER, F.R.C.S.

R. N. CRAIG, M.D., D.P.M., B.S.

MRS. CRAIG

MRS. CHANDLER

W. A. ROBB, M.D., M.R.C.P.

MRS. ROBB

MRS. M. J. ROBERTS

COUNCILLOR GLAVE SAUNDERS,

F.R.C.V.S., F.Z.S.

ALDERMAN F. H. TARR, J.P.

MRS. E. M. WADDINGTON, J.P.

Hon. Treasurer :

F. A. ROPER, M.A., M.D., M.R.C.P.,

THE DISPENSARY, EXETER

Hon. Secretary :

MRS. A. ROBB,

THE DISPENSARY, EXETER

Hon. Assistant Secretary :

MRS. C. HARVEY

Hon. Medical Officer :

MRS. MARGARET JACKSON, M.B., B.S.

Nurse :

MRS. BROCKWAY, C.M.B.

ALL CORRESPONDENCE TO BE ADDRESSED TO :

The Exeter and District Birth Control Clinic has now been established for six years and the importance of its work continues to be recognised by the Public Health Authorities of the County and City.

During the past year 160 new cases were seen, while return visit cases numbered 527. 795 women have now attended the Clinic since it opened in 1930. Of the new cases, 29 were recommended by their own Doctors, 23 by Nurses, 58 by the Devon County Council, 11 by the Exeter City Council, 3 by the Torquay Health Authority, 10 by Women's Journals and 26 either by former patients or from other sources.

The County Health Authority continues to show an active and encouraging interest in the work of the Clinic. Their Health Visitors by maintaining a personal link between patient and clinic do much to ensure the success of the work for those necessitous patients for whom the County Council have made themselves financially responsible. This has the effect of substantially reducing the percentage of failures, as these are almost always traceable to lack of co-operation on the part of the patient. The failure rate for women of the careful and conscientious type may be as low as 1%, whereas for individuals who are for one reason or another non-co-operative it may reach 20%. Our Medical Officer, Dr. Margaret Jackson, spoke at a recent Conference of Health Visitors and was able to indicate in which directions their services would be most valuable.

We are glad to report an improvement in our financial position thanks primarily to the very generous help of Mrs. Robert Elmhirst, while our funds were further augmented by a Jumble Sale which was organised by Mrs. Craig in the spring and held in the Druid's Hall, by kind permission of Alderman F. H. Tarr, J.P. The large number of helpers and contributors made the Sale a great success. In spite of these special efforts however, we must still appeal for a wider subscription list to cover overhead expenses, which increase as the work of the clinic expands.

The Clinic's move to the Dispensary has been justified by improved working conditions, and additional convenience to Doctor and patients. We are grateful to Mr. Hodge and the Dispensary Staff for their invariable courtesy and helpfulness.

The Branch Clinic at Dartington which is held quarterly, continues to do useful work.

During the past year, the Clinic was approached by the National Birth Control Association on the question of giving instruction on Birth Control methods to Doctors, and several practitioners have already taken advantage of the facilities offered. Our Medical Officer continues to be a member of the Medical Sub-Committee of the National Birth Control Association and has attended six meetings during the year. She is in addition on the governing body of this Association and is also a member of the Birth Control Investigation Committee of which Sir Humphrey Rolleston is Chairman. The Clinic is fortunate in having as its Medical Officer one who is so much in touch with modern research on this subject. We also acknowledge very gratefully the continued services of Sister Brockway, C.M.B., who is invaluable in her capacity of Clinic Nurse, and we have to express our gratitude to Dr. W. A. Robb, Pathologist of the Royal Devon and Exeter Hospital, for carrying out, without fee, the Zondek Ascheim Pregnancy Tests when they are required. It is encouraging to find from grateful letters how much the work of the Clinic is appreciated by patients,

It may be of interest to note that advice is quite frequently asked and given on the question of sterility. This is a very important branch of constructive birth control which should appeal to those who do not find themselves in sympathy with the other aspects of our work, though the successful treatment of necessitous cases is much hampered by the high cost of certain preparations required for such treatment.

At the end of the summer the Committee received with regret the resignation of the Honorary Secretary, Miss A. T. Radford, who during five years had contributed so much to the present position of the Clinic by her ability and constructive work. Her place has been taken by Mrs. A. Robb, while Mrs. C. Harvey was asked to serve as honorary Assistant Secretary.

The following are a few typical cases which have been dealt with at the Clinic:—

- Woman aged 34. Husband unemployed Labourer. The woman has had prolapse and backache for years. 12 pregnancies in 17 years.
- Woman aged 38. Husband Platelayer. Woman has High Blood Pressure and Heart trouble, Varicose Veins and Diabetes. 11 pregnancies in 16 years.
- Woman aged 35. Husband Farm Labourer. Woman has been in Mental Institution on three occasions. 5 pregnancies, 4 of which were still born.
- Woman aged 26. Husband Labourer. Woman epileptic. One pregnancy—epilepsy worse while carrying and during labour
- Woman aged 38. Husband Picture Frame Maker. Woman tuberculous. 5 pregnancies in 13 years.
- Woman aged 38. Husband Smallholder. 11 pregnancies in 19 years, bad hæmorrhages after the last 7 labours.
- Woman aged 40. Husband Farm Labourer. Woman has severe prolapse. 7 pregnancies in 13 years.

The Hon. Treasurer in Account with

1st January—31st

The Rachel Ellen Memorial fund.

RECEIPTS.	£	s.	d.	EXPENDITURE.	£	s.	d.
Ry Balance from 1934	70 10 1	To Relief of 18 Patients	...	2 2 0	...
„ Mr. J. F. Allen	10 0 0	„ Balance, 31st December, 1935	...	80 10 1	...
„ Mrs. Baxter	2 2 0				
			<u>£82 12 1</u>			<u>£82 12 1</u>	

THE GENERAL FUND.

[illegible]

OUTSTANDING:— Professional Fees for 1935.

EXETER AND DISTRICT
WOMEN'S WELFARE ASSOCIATION
THE DISPENSARY, QUEEN ST., EXETER.



Seventh Annual Report, 1936.

President :

SIR FRANCIS ACLAND, M.P.

Vice-President :

MRS. PHILLIPS, J.P.

Executive Committee :

MRS. HENRY T. MICHELMORE, *Chairman.*

A. L. CANDLER, F.R.C.S.

R. N. CRAIG, M.D., D.P.M., B.S.

MRS. CRAIG

MRS. CHANDLER

W. A. ROBB, M.D., M.R.C.P.

MRS. ROBB

COUNCILLOR GLAVE SAUNDERS,
F.R.C.V.S., F.Z.S.

ALDERMAN F. H. TARR, J.P.

MRS. E. M. WADDINGTON, J.P.

Hon. Medical Officer :

MRS. MARGARET JACKSON, M.B., B.S., D.C.O.G.

Nurse :

MRS. BROCKWAY, C.M.B.

Hon. Treasurer :

F. A. ROPER, M.A., M.D., M.R.C.P.,
THE DISPENSARY, EXETER.

Hon. Secretary :

MRS. A. ROBB,
THE DISPENSARY, EXETER.

Hon. Assistant Secretary :

MRS. C. HARVEY.

ALL CORRESPONDENCE TO BE ADDRESSED TO :

The Exeter and District Birth Control Clinic has now been established for seven years, and the fact that it supplies a much needed addition to the health services of the district is illustrated by its continued recognition by the Public Health Authorities of the County and City, and by its growth.

During the past year there have been 160 new cases, 667 visits paid by patients and 210 requests for supplies dealt with by post. 955 Women have visited the Clinic since its inception in 1930. Of the new cases, 23 were recommended by their own Doctors, 19 by Nurses, 61 by the Devon County Council, 11 by Exeter City Council, 32 by former patients and 3 through Women's Journals.

The Branch Clinic at Dartington, which is held quarterly, does much useful work. It is appreciated by patients in the Paignton and Totnes districts whose fares to Exeter are thereby saved.

The County and City Health Authorities continue to show great practical interest in the work of the Clinic, by making themselves financially responsible for necessitous cases who need Birth Control treatment for medical reasons. Thus those most in need of the help of the Clinic are not debarred from its services by their economic condition. The work of the Devon County Council Health Visitors, who keep us in touch with those patients who of necessity can only pay very occasional visits to the Clinic, is of especial value. Among those patients who are not followed up in this way the incidence of failure, and the number of those with whom we lose contact, is considerably higher.

Dr. Margaret Jackson has, during the year, continued to attend meetings of the Medical Sub-Committee of the National Birth Control Association, and has lately been made correspondent to a new American medical publication, "Journal of Contraception." Dr. Jackson has given talks to the Women's Co-operative Guild at Totnes, to the National Union of Railwaymen, Exeter Women's Branch, to the Exeter Nursing Association Nurses at Dix's Field and to the Women's Section of the Exeter Labour Party. The Clinic appreciates its good fortune in having such a keen and sympathetic Medical Officer; the patients repeatedly pay tribute to her care. In expressing our sincere thanks to Dr. Jackson for her splendid work,

we would also thank Sister Brockway who so ably and untiringly assists her. We must again thank Dr. W. A. Robb, Pathologist of the Royal Devon and Exeter Hospital, for carrying out, without fee, the Zondek Ascheim Pregnancy Tests when they are required. We should like to record our thanks once more to Mr. Hodge and the Dispensary Staff, whose unfailing courtesy and assistance help to make the present quarters of the Clinic so satisfactory. Miss Kirby who has for the last three months been helping as a regular voluntary worker, has considerably assisted the smooth running of the Clinic, and we are grateful for her help.

Our financial position is rather more satisfactory, due in no small measure to the continued generosity of Mrs. Robert Elmhirst, to whom we are sincerely grateful. We still, however, appeal for a wider subscription list, for only as the general interest in our activities spreads and our income increases, can the work expand.

The Clinic is still dealing with quite a number of cases of Constructive Birth Control, and our Medical Officer has been able to give useful advice and treatment in cases of sterility. A certain number of gynaecological conditions which need treatment before birth control appliances are fitted, are discovered and dealt with at the Clinic, while other cases are sent to hospital or to their own doctors for necessary treatment.

In conclusion we might add that there are still some areas in the part of the County we cover from which very few cases come. This points to the fact that the existence of the Clinic is insufficiently known, perhaps even to some medical practitioners. If this were remedied we feel the Clinic could be made of greater use in the prevention of a future C3 Nation.

The following are examples of highly fertile women to whom this Clinic has given advice which they have been able to follow successfully:—

Woman aged 36. Had 9 children in 11 years. Has had no pregnancy since 1932. Husband is a Labourer, often unemployed.

Woman aged 28. Had 6 pregnancies in 8 years. Has had none since 1931. Had Kidney trouble during pregnancies. Husband is a small Shopkeeper.

Woman aged 29. Had 7 children in 11 years. Has had no pregnancy since 1930. Husband is a Railway Fireman.

Woman aged 33. Had 3 children in 2½ years, suffered from prolapse. Has had no pregnancy since 1933. Husband is a Factory Foreman.

The following few examples, typical of many which are dealt with at the Clinic, show how essential Birth Control advice is to many mothers to save them from disastrous ill-health:—

Woman aged 38. Husband a Waiter. Woman has albuminaria, anaemia and prolapse. Has 7 children. Had haemorrhages after last pregnancies.

Woman aged 36. Husband is a Railway Fireman. Woman has had Whiteleg twice and has 7 children including twins.

Woman aged 36. Husband a Labourer. Woman has had eclampsia and has albuminaria. Has 3 children.

Woman aged 36. Husband a Gardener. Woman has tubercular spine, has 2 children.

Woman aged 30. Husband a Farm Labourer. Woman has chorea and an infected cervix. Has had 8 children in 12 years.

The Hon. Treasurer in Account with
THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION.

1st January—31st December, 1936.

The Rachel Allen Memorial Fund.

RECEIPTS.		£	s.	d.
By Balance from 1935	...	80	10	1
" Mr. F. J. Allen	...	10	0	0
" Mrs. Baxter	...	2	2	0
" Exeter Labour Party	...		10	0
" Exmouth Labour Party	...		5	0
" Mrs. Pollard	...		2	6
		£93	9	7

THE GENERAL FUND.

RECEIPTS.		£	s.	d.
By Balance from 1935	...	11	0	6
Subscriptions	...	23	13	0
Special Donation	...	50	0	0
Devon County Council	...	43	2	6
Exeter City Council	...	6	3	3
Fees at Clinic	...	3	2	6
Donations and Box at Clinic	...	2	5	8
Sale of Medical Supplies	...	53	3	0
Grant from Rachel Allen Memorial Fund	...	3	13	2
		£196	3	7

EXPENDITURE.		£	s.	d.
To Medical Supplies at cost	...	92	1	11
Rent	...	24	19	6
Honoraria and Travelling— Dr. Margaret Jackson (1935)	...	30	19	6
Sister Brockway (1935)	...	16	2	6
Locum tenens	...	1	10	6
Postages to Patients	...	9	12	0
Stationery and Printing	...	3	6	8
Hon. Secretary's Petty Cash	...	2	8	0
Balance	...	15	3	0
		£196	3	7

OUTSTANDING:— Honoraria for 1936.

EXETER AND DISTRICT
WOMEN'S WELFARE ASSOCIATION
THE DISPENSARY, QUEEN ST., EXETER.



Eighth Annual Report, 1937.

President :

SIR FRANCIS ACLAND, M.P.

Vice-President

MRS. PHILLIPS, J.P.

Executive Committee :

MRS. HENRY T. MICHELMORE, *Chairman.*

A. L. CANDLER, F.R.C.S.

R. N. CRAIG, M.D., D.P.M., B.S.

MRS. CRAIG

MRS. CHANDLER

W. A. ROBB, M.D., M.R.C.P.

COUNCILLOR GLAVE SAUNDERS,
F.R.C.V.S., F.Z.S.

ALDERMAN F. H. TARR, J.P.

MRS. E. M. WADDINGTON, J.P.

Hon. Medical Officer :

MRS MARGARET JACKSON, M.B., B.S., D.C.O.G.

Nurse :

MRS. BROCKWAY, C.M.B.

Hon. Treasurer :

F. A. ROPER, M.A., M.D., M.R.C.P.,
THE DISPENSARY, EXETER.

Hon. Secretary :

MRS. A. ROBB,
THE DISPENSARY, EXETER

Hon. Assistant Secretary :

MRS. C. HARVEY

ALL CORRESPONDENCE TO BE ADDRESSED TO :

OBJECT. The object of the Clinic is to provide medical advice on contraception to those married women who are unable to afford the fees of a doctor, and who would therefore tend to rely upon hearsay or other unreliable and undesirable sources. Cases of sterility are also investigated, and treated; and, at the discretion of the Medical Officer, and in collaboration with the patients private doctor, if any, advice is given in many cases where minor gynaecological disorder may be found.

ATTENDANCE. The Clinic is open every week on **FRIDAY** from 2 to 4-30 p.m. with the exception of Good Friday and during August.

REPORT. The Exeter and District Women's Welfare Association, which has now been in existence for eight years, has concluded a year of useful activity, which the following figures show:— New patients 131, revisits 468, supplies by post 466, total number of women who have sought the advice of the Clinic to date 1,086.

The new patients were referred to the Clinic as follows:—
By their own Doctor 65; by Health Visitors 8; by District Nurses 15; by former patients and friends 31; through Women's Journals 11; through the Western Counties Association for the Blind 1.

The County and City Health Authorities continue to show practical interest by making themselves financially responsible for necessitous women needing Birth Control treatment for medical reasons. New patients:—Through the Devon County Council, 46; through the Exeter City Council, 7.

The County Health Authorities also allow their Health Visitors to keep us informed about those patients who are unable to visit the Clinic. This work is of great value as it keeps the percentage of failures much lower than would otherwise be the case.

The Branch Clinic at Totnes, held quarterly, continues to do useful work.

The Medical Officer has, during the year, continued to attend meetings of the Medical Sub Committee of the National Birth Control Association and the Birth Control Investigation Committee, and has acted as English correspondent to the Journal of Contraception. She has spoken to the Women's Section of the Exeter Labour Party and the Totnes branch of the Women's Co-operative Guild, addressed the Annual Meeting of the Bristol B.C. Clinic and the Annual Conference of Branches held at Caxton Hall, Westminster, in December, and has given a short lecture on the work done at the Clinic on the investigation and treatment of cases of sterility, at a meeting of the Devon and Exeter Medico-Chirurgical Society.

The Annual Conference of Branches was the first of its kind organised by the N.B.C.A., and was well attended. Exeter was represented by Mrs. H. T. Michelmores and Mrs. W. A. Robb. There were many stimulating discussions opened by speakers from various parts of the country.

In his address to the delegates, Sir Walter Langdon Brown stressed the point with which the Officers and Committee of this Clinic are in entire agreement, that Contraception is only one item of any eugenic programme. Despite the apprehension with which the falling Birth Rate is regarded by many, this method of preventing the multiplication of the unfit, and the exhaustion of mothers consequent upon too frequent childbearing, and of checking criminal abortion must surely continue to be essential.

Constructive Birth Control, another aspect of the work of the Clinic, is often forgotten by the Public; but it is significant that the number of involuntarily sterile women who come to the Clinic for advice is annually increasing. With the assistance of Mrs. Harvey, the Medical Officer is now able to investigate and treat these cases more fully and successfully.

The Clinic appreciates its good fortune in having such a keen and sympathetic Medical Officer. In expressing our thanks to Dr. Jackson for her work, we would also thank Sister Brockway who so ably assists her.

We desire to thank Dr. W. A. Robb, Pathologist of the Royal Devon & Exeter Hospital, for his continued kindness in carrying out Pregnancy Tests without fee, when necessary in deserving cases; also Mr. H. T. Michelmores for again auditing our accounts. And once more we wish to record our appreciation of the help and courtesy we receive from Mr. Hodge and the Dispensary Staff.

In addition to Mrs. Michelmores, Mrs. Robb, Mrs. Harvey and Miss Kirby, the voluntary staff now includes Mrs. Tattersill, who, owing to the increase in the number of patients, we are glad to welcome as a regular worker.

Among the increased activities in connection with the Clinic, we would mention the work of Mrs. Harvey. By courtesy of the N.B.C.A. Mrs. Harvey was able to go to Oxford, where Dr. Baker and his colleagues very kindly instructed her in their technique for testing contraceptive preparations, and investigating specimens in connection with the male factor in cases of sterility, both of which greatly increase the usefulness and efficiency of the Clinic.

FINANCES. It is a matter of concern that our subscription list is not growing as we hoped, in spite of the fact that the Clinic is now more widely known and used. But for the munificence of Mrs. Leonard Elmhirst, we should have difficulty in carrying on. If funds were forthcoming the activities of the Clinic could be extended in many ways, and its value as a health service still further increased. Thus, for example, an evening session is urgently needed at which mothers, and possibly fathers, who find it impossible to attend during the day, might receive advice

The Hon. Treasurer in Account with
THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION

1st January—31st December, 1937.

The Rachael Allen Memorial fund.

RECEIPTS.	£	s.	d.	EXPENDITURE.	£	s.	d.
By Balance from 1936	89	16	5	To Relief of 35 Patients	...	5	3
„ Mr. J. F. Allen	10	0	0	„ Balance, 31st December, 1937	...	95	5
„ Exeter Labour Party	10	0	0				
„ Topsham Co-operative Women's Guild	2	6	6				
	£100	8	11				
					£100	8	11

GENERAL FUND

RECEIPTS.	£	s.	d.	EXPENDITURE	£	s.	d.
By Balance from 1936	15	3	0	To Medical Supplies at cost	...	79	8
„ Subscriptions	69	14	6	„ Rent	...	23	7
„ Devon County Council	55	13	8	„ Honoraria and Travelling:—			
„ Exeter City Council	3	12	11	Dr. Margaret Jackson (1936)	...	26	5
„ Fees at Clinic	3	10	0	Sister Brockway (1936)	...	15	7
„ Donations and Box at Clinic	5	14	8	Locum tenens	...	2	11
„ Sale of Medical Supplies	69	6	0	„ Postages to Patients	...	11	10
„ Grant from Rachael Allen Memorial Fund	5	3	6	„ Stationery and Printing	...	5	7
				„ Cheque Books	...	10	0
				„ Hon. Secretary's Petty Cash	...	1	1
				„ Balance	...	62	10
	£227	18	3		£227	18	3

Outstanding: HONORARIA FOR 1937.

EXETER AND DISTRICT
WOMEN'S WELFARE ASSOCIATION
THE DISPENSARY, QUEEN ST., EXETER.



Eighth Annual Report, 1937.

President :

SIR FRANCIS ACLAND, M.P.

Vice-President

MRS. PHILLIPS, J.P.

Executive Committee :

MRS. HENRY T. MICHELMORE, *Chairman.*

A. L. CANDLER, F.R.C.S.

R. N. CRAIG, M.D., D.P.M., B.S.

MRS. CRAIG

MRS. CHANDLER

W. A. ROBB, M.D., M.R.C.P.

COUNCILLOR GLAVE SAUNDERS,

F.R.C.V.S., F.Z.S.

ALDERMAN F. H. TARR, J.P.

MRS. E. M. WADDINGTON, J.P.

Hon. Medical Officer :

MRS MARGARET JACKSON, M.B., B.S., D.C.O.G.

Nurse :

MRS. BROCKWAY, C.M.B.

Hon. Treasurer :

F. A. ROPER, M.A., M.D., M.R.C.P.,
THE DISPENSARY, EXETER.

Hon. Secretary :

MRS. A. ROBB,
THE DISPENSARY, EXETER

Hon. Assistant Secretary :

MRS. C. HARVEY

ALL CORRESPONDENCE TO BE ADDRESSED TO :

OBJECT. The object of the Clinic is to provide medical advice on contraception to those married women who are unable to afford the fees of a doctor, and who would therefore tend to rely upon hearsay or other unreliable and undesirable sources. Cases of sterility are also investigated, and treated; and, at the discretion of the Medical Officer, and in collaboration with the patients private doctor, if any, advice is given in many cases where minor gynaecological disorder may be found.

ATTENDANCE. The Clinic is open every week on **FRIDAY** from 2 to 4-30 p.m. with the exception of Good Friday and during August.

REPORT. The Exeter and District Women's Welfare Association, which has now been in existence for eight years, has concluded a year of useful activity, which the following figures show:— New patients 131, revisits 468, supplies by post 466, total number of women who have sought the advice of the Clinic to date 1,086.

The new patients were referred to the Clinic as follows:—

By their own Doctor 65; by Health Visitors 8; by District Nurses 15; by former patients and friends 31; through Women's Journals 11; through the Western Counties Association for the Blind 1.

The County and City Health Authorities continue to show practical interest by making themselves financially responsible for necessitous women needing Birth Control treatment for medical reasons. New patients:—Through the Devon County Council, 46; through the Exeter City Council, 7.

The County Health Authorities also allow their Health Visitors to keep us informed about those patients who are unable to visit the Clinic. This work is of great value as it keeps the percentage of failures much lower than would otherwise be the case.

The Branch Clinic at Totnes, held quarterly, continues to do useful work.

The Medical Officer has, during the year, continued to attend meetings of the Medical Sub Committee of the National Birth Control Association and the Birth Control Investigation Committee, and has acted as English correspondent to the Journal of Contraception. She has spoken to the Women's Section of the Exeter Labour Party and the Totnes branch of the Women's Co-operative Guild, addressed the Annual Meeting of the Bristol B.C. Clinic and the Annual Conference of Branches held at Caxton Hall, Westminster, in December, and has given a short lecture on the work done at the Clinic on the investigation and treatment of cases of sterility, at a meeting of the Devon and Exeter Medico-Chirurgical Society.

The Annual Conference of Branches was the first of its kind organised by the N.B.C.A., and was well attended. Exeter was represented by Mrs. H. T. Michelmore and Mrs. W. A. Robb. There were many stimulating discussions opened by speakers from various parts of the country.

In his address to the delegates, Sir Walter Langdon Brown stressed the point with which the Officers and Committee of this Clinic are in entire agreement, that Contraception is only one item of any eugenic programme. Despite the apprehension with which the falling Birth Rate is regarded by many, this method of preventing the multiplication of the unfit, and the exhaustion of mothers consequent upon too frequent childbearing, and of checking criminal abortion must surely continue to be essential.

Constructive Birth Control, another aspect of the work of the Clinic, is often forgotten by the Public; but it is significant that the number of involuntarily sterile women who come to the Clinic for advice is annually increasing. With the assistance of Mrs. Harvey, the Medical Officer is now able to investigate and treat these cases more fully and successfully.

The Clinic appreciates its good fortune in having such a keen and sympathetic Medical Officer. In expressing our thanks to Dr. Jackson for her work, we would also thank Sister Brockway who so ably assists her.

We desire to thank Dr. W. A. Robb, Pathologist of the Royal Devon & Exeter Hospital, for his continued kindness in carrying out Pregnancy Tests without fee, when necessary in deserving cases; also Mr. H. T. Michelmore for again auditing our accounts. And once more we wish to record our appreciation of the help and courtesy we receive from Mr. Hodge and the Dispensary Staff.

In addition to Mrs. Michelmore, Mrs. Robb, Mrs. Harvey and Miss Kirby, the voluntary staff now includes Mrs. Tattersill, who, owing to the increase in the number of patients, we are glad to welcome as a regular worker.

Among the increased activities in connection with the Clinic, we would mention the work of Mrs. Harvey. By courtesy of the N.B.C.A. Mrs. Harvey was able to go to Oxford, where Dr. Baker and his colleagues very kindly instructed her in their technique for testing contraceptive preparations, and investigating specimens in connection with the male factor in cases of sterility, both of which greatly increase the usefulness and efficiency of the Clinic.

FINANCES. It is a matter of concern that our subscription list is not growing as we hoped, in spite of the fact that the Clinic is now more widely known and used. But for the munificence of Mrs. Leonard Elmhirst, we should have difficulty in carrying on. If funds were forthcoming the activities of the Clinic could be extended in many ways, and its value as a health service still further increased. Thus, for example, an evening session is urgently needed at which mothers, and possibly fathers, who find it impossible to attend during the day, might receive advice

EXETER AND DISTRICT
WOMEN'S WELFARE ASSOCIATION
THE DISPENSARY, QUEEN ST., EXETER.

Ninth Annual Report, 1938

President :

SIR FRANCIS ACLAND, M.P.

Vice-President :

MRS. PHILLIPS, J.P.

Hon. Treasurer :

F. A. ROPER, M.A., M.D., M.R.C.P.,
THE DISPENSARY, EXETER.

Hon. Secretary :

MRS. W. A. ROBB,
THE DISPENSARY, EXETER

Hon. Assistant Secretary :

MRS. C. HARVEY, B.Sc., A.R.C.S.

Executive Committee for 1939 :

MRS. J. DUNLOP, *Chairman*,
R. N. CRAIG, M.D., B.S., D.P.M.,
MRS. CRAIG
MRS. CHANDLER
MRS. HOARE
MRS. NORMAN LOCK
H. T. MICHELMORE, J.P., LL.B.

W. A. ROBB, M.D., M.R.C.P.,
COUNCILLOR GLAVE SAUNDERS, F.R.C.V.S., F.Z.S.,
J. MARSHALL SCOTT, M.B., B.S., M.C.O.G.,
MRS. S. J. SMITH, J.P.,
ALDERMAN F. H. TARR, J.P.,
COUNCILLOR MRS. TINKHAM

Hon. Medical Officer :

MRS. MARGARET JACKSON, M.B., B.S., D.C.O.G.

Nurse :

MRS. BROCKWAY, C.M.B.

OBJECT. The object of the Clinic is to provide medical advice on contraception to those married women who are unable to afford the fees of a doctor, and who would therefore tend to rely for information upon hearsay or other unreliable and undesirable sources. Cases of involuntary sterility are also investigated and treated, and, at the discretion of the Medical Officer, and in collaboration with the patient's private doctor, advice and treatment are given in many cases where minor gynæcological disorders are found.

We quote some examples of women who have visited the Clinic during the year, to show the urgency of the work that is being done:—

Woman aged 39. 11 pregnancies in 16 years. Varicose ulcers in both legs for 9 years. in Infirmary 3 and $4\frac{1}{2}$ months during last two confinements. Husband unemployed 7 years, incapacitated through rheumatism.

Women aged 31. Tuberculous. 5 pregnancies. 1 child died of T.B. Husband's family also Tuberculous.

Woman aged 25. 7 children in 7 years; no period since marriage. Varicose veins in both legs and general debility. Husband is a Farm Labourer.

Woman aged 28. 8 children in 10 years. Asthma and Heart trouble. Husband is a Labourer.

Woman aged 36. 9 children in 12 years. Varicose veins in both legs for 12 years.

Woman aged 23. 6 children in 9 years. Health worse with each pregnancy. Bad confinements, increasingly protracted labours. Undernourished. Elder children have appeared before Juvenile Court.

From among the Clinic's old cases, many examples might be quoted of women with bad medical records, who have been kept free from childbearing for periods varying from 2 to 8 years, and who have thus been prevented from becoming serious maternity risks. Quite apart from this all important work of helping to reduce maternal mortality and morbidity, we frequently find that the economic recovery of a family coincides with the relief from constant child bearing which the mother enjoys after receiving Birth Control advice. Some of our most grateful and to us,

gratifying patients came to us slatternly and dispirited with 8 and even more children of school age and under. These women after 5 or 6 years rest are now neat and cheerful and have regained their self respect and sense of security.

ATTENDANCE. The Clinic is open every week on **Friday, from 2 to 4 p.m.** and on the first **Thursday in the month from 7 to 9 p.m.** The Clinic is closed during the month of August, and on Good Friday.

REPORT. The Exeter and District Women's Welfare Association has concluded a year of active work and further expansion as the following figures show :—

New Patients 160. Revisits 543. Supplies by Post 557. Total number of women who have sought advice at the Clinic to date, 1,245.

The new patients were referred to the Clinic as follows :—

By their own Doctors 67, by Health Visitors 7, by District Nurses 14, by former patients and friends 33, through Women's Journals 11, through Welfare Clinics 12, through other sources 10.

The County and City Health Authorities continue to show practical interest by making themselves financially responsible for such patients as need the services of the Clinic for Health reasons, and whose income is below a certain scale.

The Health Visitors also keep us informed about patients who are unable to visit the Clinic, and we are most grateful to them for their help.

Of the New Patients during the year, 38 were referred through the Devon County Council and 15 through the Exeter City Council,

An Evening Session of the Clinic was started in May, and is held on the first Thursday of each month. Women who find it difficult to attend the afternoon session are thus able to obtain advice. We hope that this session will become more widely known and used.

The Branch Clinic at Totnes continues, and is found of great assistance to patients in the vicinity to whom the difficulty and expense of getting to Exeter is considerable.

A Meeting was held in Exeter in November to consider the possibility of organising a Federation of the Clinics of the South West, to co-ordinate the activities of the various Clinics and to enable Clinic workers to meet periodically to discuss their difficulties. It was decided that Barnstaple, Exeter, Plymouth and Taunton should form a Federation for a trial period of one year, at the end of which time the usefulness of such an organisation could be re-considered.

The Clinic has suffered a great loss in the death of Mrs. H. T. Michelmores. She had been our Chairman since the Clinic's inception in 1930, as well as a regular and indefatigable voluntary worker. We wish to place on record our deep regret at her passing and our sincere appreciation of all she did for the Clinic.

We also record with regret, the death of Mrs. E. M. Waddington, J.P., another member of the original Committee who was one of the Clinic's staunchest supporters in its early years and who never ceased to take an active interest in the work.

We are glad to welcome Mrs. J. L. Dunlop as Chairman of the Executive Committee, and the following new members :—

Mrs. Hoare, Mrs. Norman Lock, Mr. H. T. Michelmores, J.P., Dr. J. Marshall Scott, Mrs. Smith, J.P., and Councillor Mrs. Tinkham.

Also as additional members to the voluntary staff :—

Mrs. Bircumshaw, Mrs. Hoare, Mrs. Geach and Miss Bartlett.

The Medical Officer has, during the year, continued to attend meetings of the Medical Subcommittee of the National Birth Control Association and the Birth Control Investigation Committee, and has acted as English correspondent to the Journal of Contraception. At the second annual conference of branches organised by the N.B.C.A., Exeter was represented by Dr. Margaret Jackson, Mrs. W. A. Robb and Mrs. Harvey. There were interesting discussions on various aspects of clinic work. When we realise

the difficulties that some Clinics have to face, we feel that Exeter is fortunate in its friendly relations with local authorities and with the medical profession generally. Dr. C. P. Blacker told the conference of the latest developments in connection with a case card evolved for the collection of statistics to help the Population Investigation Committee in its work. By the adoption of this card the mass of information available at Birth Control Clinics could be made use of. The card had already been tried out by the North Kensington and the Exeter Clinics and the Conference was interested in Dr. Margaret Jackson's report and criticisms. The Conference was in favour of clinics generally co-operating in this investigation.

The number of ²⁷⁷voluntarily sterile women who seek advice at the clinic continues to grow. The investigation of these cases can be very thorough, thanks not only to Mrs. Harvey's Laboratory work, but also to the facilities now available to the Medical Officer for doing Rubin's Test on necessitous cases at a local nursing home.

The Clinic appreciates its good fortune in having such a keen and sympathetic Medical Officer. In expressing our thanks to Dr. Jackson for her work, we would also thank Sister Brockway who so ably assists her.

We desire to thank Dr. Robb, Pathologist of the Royal Devon and Exeter Hospital, for his continued kindness in carrying out Pregnancy tests without fee, when necessary in deserving cases, and also Mr. H. T. Michelmore for auditing our accounts. We again wish to record our appreciation of the help and courtesy received from Mr. Hodge and the Dispensary Staff.

FINANCES. As will be seen by the Balance Sheet, our expenses are increasing. This is due to the extra session each month, and to the growth of the Clinic work. We are grateful to our loyal supporters, particularly Mrs. Elmhirst. The Hon. Treasurer will be glad to hear from anyone who is interested in, and willing to support this very necessary branch of the health services.

The Hon. Treasurer in Account with
THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION

1st January—31st December, 1938.

THE GENERAL FUND

RECEIPTS.	£	s.	d.	EXPENDITURE.	£	s.	d.
To Balance from 1937 :				By Medical Supplies at cost	...		151 2 11
At Bank	62	10	5	Rent	...		25 15 0
In Hand at Clinic	1	9	2	" Honoraria and Travelling :			
Petty Cash			2	Dr. Margaret Jackson	...		34 2 6
Subscriptions	74	10	6	Sister Brockway	...		17 5 0
Devon County Council	65	5	3	Locum tenens	...		18 0
Exeter City Council	12	1	11	Postages to patients	...		10 16 1½
Fees at Clinic	4	0	0	Stationery and Printing	...		6 1 10
Donations and Box at Clinic	4	10	6	Cheque Books	...		15 0
Sale of Medical Supplies	105	15	2	Staff Teas and Travelling	...		8 0 11½
Rachael Allen Memorial Fund	2	15	2	Hon. Secretary's Petty Cash	...		1 15 10½
				Sundries	...		10 0
				Balance :			
				Current Account	...		71 5 6
				In Hand at Clinic	...		16 0
				Petty Cash	...		3 13 6½
							<u>£332 18 3</u>

The Rachael Allen Memorial Fund.

RECEIPTS.	£	s.	d.	EXPENDITURE.	£	s.	d.
To Balance from 1937	95	5	5	By Relief of 27 Patients	...		2 15 2
Mr. J. F. Allen	10	0	0	On deposit at Devon & Exeter Savings Bank	...		100 0 0
Mrs. Baxter	2	2	0	" Balance	...		5 4 9
Exeter Labour Party			10 0				
Topsham Co-operative Women's Guild			2 6				
							<u>£107 19 11</u>

Outstanding : HONORARIA FOR 1938.

EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION

AFFILIATED TO THE FAMILY PLANNING ASSOCIATION

THE DISPENSARY, QUEEN ST., EXETER.



Tenth Annual Report, 1939

President :

THE LATE SIR FRANCIS ACLAND, M.P.

Vice-President :

MRS. PHILLIPS, J.P.

Hon. Treasurer :

F. A. ROPER, M.A., M.D., M.R.C.P.,
THE DISPENSARY, EXETER

Hon. Secretary :

MRS. W. A. ROBB.
THE DISPENSARY, EXETER

Hon. Assistant Secretary :

MRS. C. HARVEY, B.Sc., A.R.C.S.

Executive Committee :

MRS. J. DUNLOP, *Chairman*.
R. N. CRAIG, M.D., B.S., D.P.M.
MRS. CRAIG
MRS. CHANDLER
MRS. HOARE
MRS. NORMAN LOCK
H. T. MICHELMORE, J.P., LL.B.

W. A. ROBB, M.D., M.R.C.P.
COUNCILLOR GLAVE SAUNDERS.
F.R.C.V.S., F.Z.S.
J. MARSHALL SCOTT, M.B. B.S., M.R.C.O.G.
MRS. S. J. SMITH, J.P.
ALDERMAN F. H. TARR, J.P.
COUNCILLOR MRS. TINKHAM

Hon. Medical Officer :

MRS. MARGARET JACKSON, M.B., B.S., D.R.C.O.G.

Nurse :

MRS. BROCKWAY, C.M.B.

OBJECT. The Clinic provides Medical Advice on contraception to married women who are unable to afford the fees of a doctor and who would therefore tend to rely upon hearsay and other unreliable sources. Cases of sterility are also investigated and treated; and, at the discretion of the Medical Officer and in collaboration with the patient's private doctor, if any, advice is given in many cases where minor gynaecological disorders are found.

ATTENDANCE. The Clinic is open every Friday from 2 to 4.30 p.m., except Good Friday, the last Friday in December and the whole month of August.

REPORT. The Exeter Clinic has completed its tenth year of useful work amongst the people of Devon and its usefulness may be judged by the following figures:—

New Patients	162
Return Visits	673
Supplies posted to	558

Of the new patients, 71 were sent on the recommendation of their own doctor, 10 were sent by Health Visitors, 8 by District Nurses, 73 heard of the Clinic from old patients and various other sources.

Of the new patients, the expenses of 14 were paid by the Exeter City Council, and 34 received free advice and supplies under the D.C.C. block grant.

In spite of the War and the particular difficulties entailed thereby, the Clinic is continuing its work as usual, with the exception of the monthly evening session, which had to be abandoned owing to the black-out; this may be resumed during the summer if there is a demand.

It cannot be too strongly emphasized that despite widespread concern about the population decline, the need of sound contraceptive advice not only for the sick and very poor, but also to combat the ever present and increasing menace of criminal abortion, remains as urgent as ever. We would draw the attention of the public to the following paragraph from the Report of the Inter-Departmental Committee on Abortion, published in 1939.—“It is, in our view, desirable that full opportunity of obtaining the most reliable contraceptive advice should be given to every married women to whose health pregnancy is likely to be detrimental and we consider that the medical grounds should not be limited by too narrow or too rigid an interpretation.”

The County and City Health Authorities have continued their financial help. The block grant system of payment adopted by the Devon County Council has worked satisfactorily and has considerably decreased the clerical work both for our lay workers and, we hope, for the Devon County Council staff.

The Health Visitors have in the past maintained contact with old patients and put us in touch with new ones. In expressing our gratitude to them for this help we hope that they will still find time to continue this valuable work despite all the extra burdens imposed upon them by war time conditions.

The Branch Clinic at Totnes is now held on the third Tuesday of every second month at the Co-operative Hall, and thanks to the efforts of the local committee the working arrangements are most satisfactory. This Clinic is undoubtedly a great help to those women living in the Totnes and Paignton District who would find it difficult to get as far as Exeter.

TREATMENT OF STERILITY. During the past few years advice has been sought by more than thirty women married for periods ranging from 2 to 12 years who, though anxious to have children, had not succeeded in becoming pregnant. These women and, whenever possible, their husbands, have been examined, investigated and treated in various ways and we are able to report that in nearly one third of the cases a much desired baby has either arrived or is on the way.

It is with deep regret that we have to record the death of Sir Francis Acland. In 1934 he succeeded as President the late Lady Acland, whose energy and vitality were of such service to the clinic in its early days.

We wish once more to record our gratitude to Dr. Robb (our Honorary Pathologist), Mr. H. T. Michelmores (Hon. Auditor), and to Mr. Hodge and the Dispensary Staff. Dr. M. Jackson is still our Medical Officer and Sister Brockway clinic nurse, and both render splendid service to the Clinic. We take this opportunity of congratulating Dr. Jackson on the birth of her third child, a son. Our thanks are also due to members of our secretarial staff who, in spite of lack of petrol, the black-out, snow and ice have continued to give their voluntary help to the clinic.

FINANCES. The growth of the Clinic has naturally resulted in increased expenditure: to this the war has added sharply. While thanking Mrs. Elmhirst and all loyal supporters in the past we earnestly appeal to all well wishers to give such financial aid as they can in these difficult times.

The Hon. Treasurer in Account with
THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION

1st January—31st December, 1939.

THE GENERAL FUND.

RECEIPTS.		£	s.	d.	EXPENDITURE.		£	s.	d.
To Balance from 1938:					By Medical Supplies at cost	...	165	8	8
Current Account	...	71	9	2	Rent	...	28	11	0
In hand at Clinic	...		16	0	Honoraria and Travelling:				
Petty Cash	...	3	13	6½	Dr. Margaret Jackson	...	52	10	0
Subscriptions	...	73	18	0	Sister Brockway	...	20	9	2
Devon County Council	...	67	19	11	Locum tenens	...	2	9	0
Exeter City Council	...	11	7	5	Postages to patients	...	11	9	6½
Fees at Clinic	...	5	5	6	Stationery and Printing	...	6	7	3
Donations and Box at Clinic	...	8	14	8	Cheque Books	...	10	0	0
Sale of Medical Supplies	...	141	19	6	Staff Teas	...	3	14	2
Rachael Allen Memorial Fund	...	4	16	6	Hon. Secretary's Petty Cash	...	2	1	9
					Sundries	...	5	0	0
					Balance:				
					Current Account	...	93	16	7
					Petty Cash	...	2	8	1
							£390	0	2½

The Rachael Allen Memorial Fund

RECEIPTS.		£	s.	d.	EXPENDITURE.		£	s.	d.
To Balance from 1938		105	4	9	By Relief of 36 Patients	...	4	16	6
Mr. J. F. Allen	...	10	0	0	Deposit at Devon & Exeter Savings Bank	...	100	0	0
Mrs. Baxter	...	2	2	0	Balance	...	15	18	10
Exeter Labour Party	...	10	0	0					
Topsham Co-operative Women's Guild	...		2	6					
Donations	...		8	0					
Interest on Deposit	...	2	8	1					
							£120	15	4

Outstanding: HONORARIA FOR 1939.

EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION

AFFILIATED TO THE FAMILY PLANNING ASSOCIATION

THE DISPENSARY, QUEEN ST., EXETER



Eleventh Annual Report, 1940.

President :

MRS. PHILLIPS, J.P.

Vice-President :

COUNCILLOR GLAVE SAUNDERS, F.R.C.V.S., F.Z.S.

Hon. Treasurer :

F. A. ROPER, M.A., M.D., M.R.C.P.
THE DISPENSARY, EXETER

Hon. Secretary :

MRS. W. A. ROBB,
THE DISPENSARY, EXETER

Hon. Assistant Secretary :

MRS. C. HARVEY, B.Sc., A.R.C.S.

Executive Committee :

MRS. NORMAN LOCK, *Chairman.*
R. N. CRAIG, M.D., B.S., D.P.M.
MRS. CRAIG
MRS. CHANDLER
MRS. HOARE
MISS K. M. KIRBY

H. T. MICHELMORE, J.P., LL.B.
W. A. ROBB, M.D., M.R.C.P.
J. MARSHALL SCOTT, M.B., B.S., M.R.C.O.G.
MRS. S. J. SMITH, J.P.
ALDERMAN F. H. TARR, J.P.
COUNCILLOR MRS. TINKHAM

Hon. Medical Officer

MRS. MARGARET JACKSON, M.D., B.S., D.R.C.O.G.

Nurse :

MRS. BROCKWAY, C.M.B.

OBJECT. The Clinic provides Medical Advice on contraception to married women who are unable to afford the fees of a Doctor and who would therefore tend to rely upon hearsay and other unreliable sources. Cases of sterility are also investigated and treated; and, at the discretion of the Medical Officer and in collaboration with the patients own doctor, if any, advice is given in many cases where minor gynaecological disorders are found.

ATTENDANCE. The EXETER Clinic is open every Friday from 2 to 4.30 p.m., (except Good Friday, the last Friday in December and the whole month of August.

A Branch Clinic at TOTNES is open on the third Tuesday in January and every alternate month at the Social Centre, Shinnars Bridge from 2.30 p.m. to 4.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted) at the N. Devon Dispensary, Boutport Street, from 1.45 to 4.30 p.m.

REPORT. In spite of the war and the particular difficulties entailed thereby, the Ezeter Clinic has completed its eleventh year of useful work not only amongst the women of Devon, but amongst many of the evacuated mothers, as may be judged by the following figures: New Patients 158; Return Visits 657; Supplies posted 541. Of the new patients, 63 were sent on the recommendation of their own doctor, 14 were sent by Health Visitors, 14 by District Nurses, 19 from other Clinics and 48 heard of the Clinic from old patients and various other sources.

The City and County Health Authorities have continued their financial help; the former being responsible for 13 of the new patients, and the latter 31 under the Devon County Council block grant.

The Health Visitors have maintained contact with old patients and put us in touch with new ones. In expressing our gratitude to them for this help we hope they will still find time to continue this valuable work despite all the extra burdens imposed upon them by war-time conditions.

TREATMENT OF STERILITY. The number of involuntarily sterile patients who seek advice steadily increases and the Clinic has now dealt with 40 such. 12 now have had healthy babies and three more are at present pregnant.

The Branch Clinic at Totnes, thanks to the effort of a local committee, is working most satisfactorily. This Clinic is undoubtedly a great help to those women living in the Totnes and Paignton district who find it difficult to get as far as Exeter.

In November, at the suggestion of members of the Barnstaple Branch of the B.M.A., a Branch Clinic was started in Barnstaple. This is proving of great assistance to North Devon women who find the time and money required for a visit to Exeter prohibitive. All record cards and postage of supplies are dealt with at Exeter. We have to thank Sister Crawford for her valuable services as Clinic Nurse and Mrs. Valentine and Mrs. Ward for helping with the Secretarial work at the Clinic sessions at Barnstaple.

We wish once more to record our gratitude to Dr. Robb (our Honorary Pathologist), Mr. H. T. Michelmore (Honorary Auditor), and to Mr. Hodge and the Dispensary Staff. Dr. Margaret Jackson is still our Medical Officer and Sister Brockway Clinic Nurse. both of whom render splendid service to the Clinic.

We regret having lost our Chairman, Mrs. J. Dunlop, on her departure from Devon; also several Members of our secretarial staff owing to the exigencies of war.

We are grateful to Mrs. Phillips, J.P., for consenting to become our President in place of the late Sir Francis Acland, to Councillor Glave Saunders for becoming Vice-President, and to Mrs. Norman Lock for acting as Chairman of the Executive Committee.

To our subscribers we tender our sincere thanks for their continued support in these difficult times; but for their help we could not carry on.

The Hon. Treasurer in Account with

THE EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION.

1st January—31st December, 1940.

THE GENERAL FUND

RECEIPTS.		EXPENDITURE.	
£	s. d.	£	s. d.
To Balance from 1939—		By Medical Supplies at cost	227 8 10
Current Account	...	" Grant to the Plymouth Clinic	3 10 0
Petty Cash	...	" Rent	25 18 0
Subscriptions	...	" Honoraria and Travelling	54 10 0
Devon County Council	...	Dr. Margaret Jackson	23 12 4
Exeter City Council	...	Sister Brockway	5 5 0
Fees at Clinic	...	Scientific and Clerical	13 5 10
Donations and Box at Clinic	...	Postages	4 14 0
Sale of Medical Supplies	...	" Stationery and Printing	10 0 0
" Rachael Allen Memorial Fund	...	Cheque Books	11 15 0
		" Staff Teas and Travelling	2 8 11½
		" Hon. Sec's. Petty Cash (including Totnes)	2 4 4
		" Clinic Equipment and Sundries	50 0 0
		" Deposit at Devon and Exeter Savings Bank	85 15 5
		" Balance—Current Account	3 3 9½
		Petty Cash	
	£514 2 0		£514 2 0

The Rachael Allen Memorial Fund.

RECEIPTS.		EXPENDITURE.	
£	s. d.	£	s. d.
To Balance from 1939	115 18 10	By Relief to 41 patients	5 15 2
Mr. F. J. Allen	10 0 0	" Deposit at Devon & Exeter Savings Bank	100 0 0
Mrs. Baxter	2 2 0	" Balance	25 4 5
Topsham Co-op Women's Guild	2 6 6		
Donations at Clinic	2 9 9		
Interest on Deposit	2 13 6		
	£130 19 7		£130 19 7

Honoraria for 1940 still outstanding.

EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION

AFFILIATED TO THE FAMILY PLANNING ASSOCIATION

THE DISPENSARY, QUEEN ST. EXETER.

87-6345

Twelfth Annual Report, 1941.

President :

MRS. PHILLIPS, J.P.

Vice-President :

COUNCILLOR GLAVE SAUNDERS, F.R.C.V.S., F.Z.S.

Hon. Treasurer :

F. A. ROPER, M.A., M.D., M.R.C.P.
THE DISPENSARY, EXETER

Hon. Secretary :

MRS. W. A. ROBB,
THE DISPENSARY, EXETER

Hon. Assistant Secretary

MRS. C. HARVEY, B.Sc., A.R.C.S.

Executive Committee :

MRS NORMAN LOCK, *Chairman*,
R. N. CRAIG, M.D., B.S., D.P.M.,
MRS. CRAIG
MRS. CHANDLER
MRS. HOARE
MISS K. M. KIRBY

H. T. MICHELMORE, J.P., LL.B.,
W. A. ROBB, M.D., M.R.C.P.,
J. MARSHALL SCOTT, M.B., B.S., M.R.C.O.G.,
MRS. S. J. SMITH, J.P.,
ALDERMAN F. H. TARR, J.P.,
COUNCILLOR MRS. TINKHAM
MRS. A. C. GAIRDNER

Hon. Medical Officer :

MRS. MARGARET JACKSON, M.B., B.S., D.R.C.O.G.

Nurse :

MRS. BROCKWAY, C.M.B.

OBJECT. The Clinic provides Medical Advice on contraception to married women who are unable to afford the fees of a Doctor and who would therefore tend to rely upon hearsay and other unreliable sources. Cases of sterility are also investigated and treated; and, at the discretion of the Medical Officer and in collaboration with the patient's own doctor, if any, advice is given in many cases where minor gynaecological disorders are found.

ATTENDANCE. The EXETER Clinic is open every Friday from 2 to 4.30 p.m. (except Good Friday, the last Friday in December and the whole month of August).

A Branch Clinic at TOTNES is open on the third Tuesday in January and every alternate month at the Social Centre, Shinnars Bridge, Dartington from 2.30 p.m. to 4.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted) at the N. Devon Dispensary, Boutport Street, from 1.45 p.m. to 4.30 p.m.

REPORT. The Exeter Clinic has been working at high pressure throughout the year. There have been 261 new patients (compared with 158 in 1940); of these 66 were evacuees. The number of return visits and of supplies sent by post were about 1,200.

Of the new patients 100 were sent by their own doctor, 20 were sent by Health Visitors, 15 by District Nurses, 20 from other Clinics, while 106 heard of the Clinic from old patients and various other sources.

The City and County Health Authorities have continued their financial help. the former being responsible for 9 of the new patients and the latter 39 under the D.C.C. Block Grant. The Health Visitors have again earned our thanks by maintaining contact with old patients and putting us in touch with new ones.

TREATMENT OF STERILITY. 20 new cases came for advice on sterility during 1941, a considerable increase on last year. Good results are being obtained.

The Hon. Treasurer in Account with
THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION.
1st January—31st December, 1941.

THE GENERAL FUND

RECEIPTS.		£	s.	d.	EXPENDITURE.		£	s.	d.
To Balance from 1940	—	85	15	5	By Medical Supplies at Cost	...	309	3	3
Bank	...	3	3	9½	Grant to Plymouth Clinic	...	6	0	0
Petty Cash	...	69	17	6	" Rent	...	25	12	6
Subscriptions	...	90	0	0	" Honoraria and Travelling	...	60	7	6
Devon County Council	...	10	2		Dr. Margaret Jackson	...	19	4	7
Exeter City Council	...	7	9	6	Sister Brockway	...	2	5	0
Fees at Clinic	...	1	5	6	Locum Tenens (Nurse)	...	4	8	0
Donations and Box at Clinic	...	179	13	3	Scientific and Clerical	...	16	10	8
Sale of Medical Supplies	...	7	17	6	Postages	...	4	8	0
Rachael Allen Memorial Fund	...	1	2	11	" Stationery and Printing	...	10	0	
Interest on Deposit	...				Cheque Books	...	9	17	3
					" Staff Teas and Travelling	...	2	1	9
					" Hon. Secretary's Petty Cash	...	9	3	
					Clinic Equipment and Sundries	...	1	10	
					" Balance — Bank	...	2	15	11½
					Petty Cash	...			
							£463	15	6½

On Deposit in Devon and Exeter Savings Bank £50.

THE RACHAEL ALLEN MEMORIAL FUND.

RECEIPTS.		£	s.	d.	EXPENDITURE.		£	s.	d.
To Balance from 1940	...	25	4	5	By Relief to 39 Patients	...	7	17	6
Mr F J. Allen	...	10	0	0	" Balance	...	33	4	1
Mrs. Baxter	...	2	0	0					
Exeter Labour Party (2 years)	...	1	0	0					
Topsham Co-op Women's Guild	...	2	6						
Interest on Deposit	...	2	14	8					
							£41	1	7

On Deposit Devon and Exeter Savings Bank £100.
Honoraria for 1941 outstanding.

EXETER AND DISTRICT
WOMEN'S WELFARE ASSOCIATION,
AFFILIATED TO THE FAMILY PLANNING ASSOCIATION,
THE DISPENSARY, QUEEN ST., EXETER.



Thirteenth Annual Report, 1942

Hon. Medical Officer :

MRS. MARGARET JACKSON, M.B., B.S. D.R.C.O.G.

ALL CORRESPONDENCE TO BE ADDRESSED—

Hon. Secretary :

MRS. W. A. ROBB,
AT THE ABOVE ADDRESS.

President :

MRS. PHILLIPS, J.P.

Vice-President :

COUNCILLOR GLAVE SAUNDERS, F.R.C.V.S., F.Z.S.

Hon. Treasurer :

F. A. ROPER M.A., M.D., M.R.C.P.
THE DISPENSARY, EXETER

Hon. Assistant Secretary

MRS. C. HARVEY, B.Sc., A.R.C.S.

Nurse :

MRS. BROCKWAY, C.M.B.
THE DISPENSARY, EXETER

Executive Committee :

MRS. NORMAN LOCK, *Chairman.*

R. N. CRAIG, M.D., B.S., D.P.M.

MRS. CRAIG

MRS. CHANDLER

H. T. MICHELMORE, J.P., LL.B.

MRS. A. C. GAIRNDER

W. A. ROBB., M.D. M.R.C.P.

J. MARSHALL SCOTT, M.B., B.S., M.R.C.O.G.

MRS. S. J. SMITH, J.P.

ALDERMAN F. H. TARR, J.P.

COUNCILLOR MRS. TINKHAM

OBJECT. The Clinic provides Medical advice on contraception to married women who are unable to afford the fees of a Doctor, and who would therefore tend to rely upon hearsay and other unreliable sources. Cases of sterility are also investigated and treated; and, at the discretion of the Medical Officer and in collaboration with the patient's own doctor, if any, advice is given in many cases where minor gynaecological disorders are found.

ATTENDANCE. The EXETER Clinic is open every Friday from 2.0 till 4.30 p.m. (except Good Friday, the last Friday in December, and the whole month of August).

A Branch Clinic at TOTNES is open on the third Tuesday in January and every alternate month at the SOCIAL CENTRE, Shinner's Bridge, Dartington, from 2.30 to 4.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in the month (August excepted) at the NORTH DEVON DISPENSARY, Boutport Street, from 1.45 to 4.30 p.m.

REPORT. The Clinic has had another very busy year. War conditions have increased rather than decreased our work, and in spite of the fact that many people left Exeter after the Blitz, the number of new patients was almost double that of the year preceding the War. There were 292 new patients, and the number of return visits and of supplies sent by post were about 1,400. Of the new patients, 142 were sent by their own doctor (an increase of 50 per cent. on last year), 53 were sent by Health Visitors and District Nurses, 15 from other Clinics, while 82 heard of the Clinic from old patients and other sources. The City and County

Health Authorities have continued their financial help; the former being responsible for 16 of the new patients, and the latter for 40 under the D.C.C. Block Grant.

The Branch Clinics at Barnstaple and Totnes are doing good work, and the number of patients is increasing, especially at Barnstaple. We should like to express our thanks to the Committee and Staff of the North Devon Dispensary for their co-operation.

TREATMENT OF STERILITY. We are pleased to report that this constructive branch of our work is increasing as it becomes more widely known, 32 new cases having come during the year. In all, 104 women have attended the Clinic for advice on sterility up to the end of 1942. Of these, 25 have either moved from the county, or have been lost trace of before starting or completing treatment, or before results of treatment could be observed; 12, after being more or less completely investigated, decided either to discontinue treatment or to postpone further efforts until after the War. Of the remaining 67, ten have been advised to adopt, and six have done so with happy results; four are now temporarily separated from husbands serving overseas; 39 have had one or more pregnancies. These 39 women have produced 23 live infants (with one neonatal death), two stillborn infants, and 13 miscarriages; 12 are at present pregnant. 21 patients are still undergoing investigation or treatment. The investigation of these cases involves a good many examinations but, tedious though they may be, they can be done with a minimum of discomfort to the patient. Up to the end of 1942 more than 50 tubal insufflations and seminal examinations and nearly 70 endometrial biopsies have been carried out. These results represent a small but encouraging contribution to the national birth-rate, and it may be emphasized that all these babies have been born into homes where they were greatly desired and where, in consequence, they will receive loving care. The gratitude of these patients is often touching.

Our thanks are again due to Dr. Robb (Honorary Pathologist), Mr. H. T. Michelmores (Honorary Auditor), and to Mr. Hodge and the Dispensary Staff.

Dr. Jackson continues to take a personal as well as professional interest in our activities. In addition to her clinical work she is carrying out research on the comparative values of chemical contraceptives and their effects on the vagina, and on the estimation of fertility. In this work she is ably assisted by Mrs. Clare Harvey.

Sister Brockway is still rendering splendid service as Clinic Nurse and produces excellent teas for the Staff. Can this be the reason why, in spite of domestic ties and wartime difficulties, our voluntary staff puts in a regular appearance? Mrs. Hodge and Mrs. Lishman have joined us during the year, and we are most grateful for their help. We very much regret that Miss Kirby is prevented by war work and petrol restrictions from coming to the Clinic, though she still helps us with the Accounts. We should like to place on record our appreciation for all the work she has done, and hope that she may join us again one day.

We wish once more to thank our Subscribers for their continued support in these difficult times.

THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION,

THE GENERAL FUND.

On Deposit Devon and Exeter Savings Bank, £50.

THE RACHAEL ALLEN MEMORIAL FUND.

On Deposit Devon and Exeter Savings Bank, £100.

3? Brown,

EXETER & DISTRICT
WOMEN'S WELFARE ASSOCIATION,
AFFILIATED TO THE FAMILY PLANNING ASSOCIATION,
THE DISPENSARY, QUEEN ST., EXETER.



Fourteenth Annual Report, 1943

Hon. Medical Officer :

MRS. MARGARET JACKSON, M.B., B.S. D.R.C.O.G. J.P.

ALL CORRESPONDENCE TO BE ADDRESSED—

Hon. Secretary :

MRS. W. A. ROBB,
AT THE ABOVE ADDRESS.

President :

MRS. PHILLIPS, J.P.

Vice-President :

COUNCILLOR GLAVE SAUNDERS, F.R.C.V.S., F.Z.S.

Hon. Treasurer :

F. A. ROPER, M.A., M.D., M.R.C.P.
THE DISPENSARY, EXETER

Hon. Assistant Secretary

MRS. C. HARVEY, B.Sc., A.R.C.S.

Nurse :

MRS. BROCKWAY, C.M.B.
THE DISPENSARY, EXETER

Executive Committee :

MRS. NORMAN LOCK, *Chairman*,
R. N. CRAIG, M.D., B.S., D.P.M.,
MRS. CRAIG
MRS. CHANDLER
H. T. MICHELMORE, J.P., L.L.B.

W. A. ROBB, M.D., M.R.C.P.,
J. MARSHALL SCOTT, M.B., B.S., M.R.C.O.G.,
MRS. S. J. SMITH, J.P.,
ALDERMAN F. H. TARR, J.P.,
COUNCILLOR MRS. TINKHAM
MRS. A. C. GAIRDNER

OBJECT. The Clinic provides Medical Advice on contraception to married women who are unable to afford the fees of a Doctor, and who would therefore tend to rely upon hearsay and other unreliable sources. Cases of sterility are also investigated and treated; and, at the discretion of the Medical Officer and in collaboration with the patient's own doctor, if any, advice is given in many cases where minor gynaecological disorders are found.

ATTENDANCE. The EXETER Clinic is open every Friday from 2 to 4.30 p.m. (except Good Friday, the last Friday in December and the whole month of August).

A Branch Clinic at TOTNES is open on the third Tuesday in January and every alternate month at the Social Centre, Shinnars Bridge, Dartington, from 2.30 p.m. to 4.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted) at the N. Devon Dispensary, Boutport Street, from 1.45 p.m. to 4.30 p.m.

REPORT. The Clinic has had another busy year and our work is steadily increasing. There were 385 new patients and the number of return visits and of supplies posted were about 1880. Of the new patients 257 were sent by their own doctors, 52 were sent by Health Visitors and District

Nurses, 10 from other Clinics, while 66 heard of the Clinic from old patients and other sources. The City and County Health authorities have continued their financial help; the former being responsible for 13 of the new patients, and the latter 58 under the Block Grant.

The Branch Clinics at BARNSTAPLE and TOTNES are doing good work and the number of patients is increasing especially at Barnstaple. We are grateful to Dr. Marjorie Martin, an assistant Medical Officer to the D.C.C., for her co-operation which has made it possible to get through the increasing work of this Clinic. We should like to express our thanks to Mrs. Youngman, who has taken on the work of Clinic Nurse, to the Voluntary Staff, and to the Committee and Staff of the N. Devon Dispensary. The majority of our patients are referred to us for contraceptive advice for health reasons, though a certain proportion come because they wish to space their family. It is unfortunate that war-time conditions make it so difficult for young mothers to start or increase their families, but it is gratifying that a number of our old patients have managed to have a planned pregnancy during the year. We have recently been impressed by the very real wish for children which has been expressed by many patients on their first visit. The increasing number of involuntarily childless women are coming to the Clinic for treatment; during the year there were 94 such cases compared with 32 in 1942. Very interesting and encouraging results have been obtained and quite a number of the patients are already pregnant. The work this Clinic is doing in connection with the treatment of sterility is becoming widely known and during the year we have had visits from Mr. Lane Roberts, Mr. Nixon, Miss Moore White and others particularly interested in this subject. Dr. Jackson, assisted by Mrs. Clare Harvey, is still carrying out research on problems arising out of this work. We feel that the Clinic is very fortunate to have Dr. Jackson as its Medical Officer.

During the year we were asked by the Family Planning Association to send a member of our Secretarial Staff to certain other Clinics to instruct them in the use of the new case card which has been designed not only for Clinic work but also for the purpose of collecting statistics relative to family life and population problems. Mrs. Gairdner spent several interesting weeks in visiting Clinics in all parts of the country. It is hoped that when a sufficient number of Clinics adopt this card a mass of information will accumulate which will be of considerable value to the Population Investigation Committee.

Although during the war we have had no annual general meeting, we are hoping to arrange one at which the new developments of the work can be made known to a wider public.

Sister Brockway is still giving most valuable help as Clinic Nurse. We are most grateful to her and to our Voluntary Staff, who, in spite of war-time difficulties, put in a regular appearance.

Our thanks are again due to Dr. Robb (Hon. Pathologist), Mr. H. T. Michelmores (Hon. Auditor), and to Mr. Hodge and the Dispensary Staff.

We wish once more to thank our subscribers for their continued support.

The Hon. Treasurer in Account with

THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION.

1st January—31st December, 1943.

THE GENERAL FUND

RECEIPTS.		EXPENDITURE.	
£	s. d.	£	s. d.
To Balance from 1942—Banks	109 8 11	By Medical Supplies at Cost	400 10 6
Petty Cash	2 18 3½	" Grant to the Plymouth Clinic	6 0 0
" Subscriptions	66 2 6	" Rent	34 1 6
" Devon County Council	120 0 0	" Honoraria and Travelling—	72 19 6
" Exeter City Council	15 18 6	Dr. Margaret Jackson	29 2 8
" Fees at Clinic	9 16 3	Sister Brockway	10 11 0
" Donations at Clinic	7 4 6	Scientific	19 19 0½
" Sale of Medical Supplies	398 18 7	Postages and Telephone	12 8 11
" Rachael Allen Memorial Fund	2 1 6	" Stationery and Printing	15 0
" Interest on Deposit	1 7 6	" Cheque Books	10 10 7½
		" Staff Teas and Travelling	5 0
		Laundry	10 0
		" War Damage Insurance	5 0
		Affiliation Fee	100 0 0
		" Deposit D. & E. Savings Bank	26 10 3
		" Balance—Banks	3 19 3
		Clinic	5 8 3½
		Petty Cash	...
	<u>£733 16 6½</u>		<u>£733 16 6½</u>

On Deposit Devon and Exeter Savings Bank, £50.

THE RACHAEL ALLEN MEMORIAL FUND.

RECEIPTS.		EXPENDITURE.	
£	s. d.	£	s. d.
To Balance from 1942	42 18 3	By Relief to 20 Patients	2 1 6
Mr. F. J. Allen	10 0 0	" in case of special distress	5 0 0
" Exeter Women's Labour Party	10 0 0	" Balance at Banks	49 5 0
" Donation at Clinic	2 6 6		
" Interest on Deposit	2 16 9		
	<u>£56 7 6</u>		<u>£56 7 6</u>

On Deposit Devon and Exeter Savings Bank, £100.

Honoraria for 1943 outstanding.

Examined and found correct, H. T. MICHELMORE,
24th February, 1944.

EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION,

AFFILIATED TO THE FAMILY PLANNING ASSOCIATION,

THE DISPENSARY, QUEEN ST., EXETER.



Fifteenth Annual Report, 1944

Hon. Medical Officer :

MRS. MARGARET JACKSON, M.B., B.S. D.R.C.O.G., J.P.

President : MRS. PHILLIPS, J.P.

Vice-President : COUNCILLOR GLAVE SAUNDERS, F.R.C.V.S., F.Z.S.

Hon. Treasurer

F. A. ROPER, M.A., M.D., M.R.C.P.
THE DISPENSARY, EXETER

Biologist :

MRS. C. HARVEY, B.Sc., A.R.C.S.

Nurse :

MRS. BROCKWAY, C.M.B.
THE DISPENSARY, EXETER

Executive Committee

MRS. NORMAN LOCK, *Chairman*.
R. N. CRAIG, M.D., B.S., D.P.M.
MRS. CRAIG
MRS. CHANDLER
MRS. A. C. GAIRDNER

W. A. ROBB, M.D., M.R.C.P.
J. MARSHALL SCOTT, M.B., B.S., M.R.C.O.G.
MRS. S. J. SMITH, J.P.
ALDERMAN F. H. TARR, J.P.
COUNCILLOR MRS. TINKHAM

OBJECT. The Clinic provides Medical Advice on contraception to married women who are unable to afford the fees of a Doctor, and who would therefore tend to rely upon hearsay and other unreliable sources. Cases of sterility are also investigated and treated; and, at the discretion of the Medical Officer and in collaboration with the patient's own doctor, if any, advice is given in many cases where minor gynaecological disorders are found.

ATTENDANCE. The EXETER Clinic is open every Friday from 2 to 4.30 p.m. (except Good Friday, the last Friday in December and the whole month of August).

A Branch Clinic at TOTNES is open on the third Tuesday in January and every alternate month at the Social Centre, Shinner's Bridge, Dartington, from 2.30 p.m. to 4.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted) at the N. Devon Dispensary, Boutport Street, from 1.45 p.m. to 4.30 p.m.

REPORT. We have again to report a very busy year. There were 487 new patients, about 75% being sent by their own Doctors. 280 came for contraceptive advice, 122 for the investigation and treatment of subfertility, and 85 for advice on various minor or gynaecological disorders (dysmenorrhoea, menstrual irregularities, discharges, etc). More than 2,000 return visits and orders for supplies by post have been dealt with. We are grateful to the City and County authorities for their co-operation and for the continuance of their financial support.

Owing to the ever increasing volume of work the Committee feels strongly the need for an assistant Medical Officer at its Exeter and Barnstaple clinics, but it is extremely difficult just now to secure additional help. For nearly 6 months of the year we were fortunate in having Dr. Suttell to assist Dr. Jackson at Exeter, and in consequence the work was speeded up considerably. We were very sorry when she left the County and gave up Clinic work. Under present conditions patients often have to wait far too long before they can be seen by the Medical Officer.

The Branch Clinics at Barnstaple and Totnes are doing good work and are greatly appreciated by the local patients. Dr. Marjorie Martin has given most valuable help at the Barnstaple Clinic during the year, but unfortunately has now left Devon. We are hoping to find another Doctor in North Devon to take her place

INVESTIGATION & TREATMENT OF STERILITY & IMPAIRED FERTILITY.

For many years now it has been the policy of this Association to encourage the positive, as well as the negative aspect of Family Planning. The treatment of sterility was first mentioned in the Annual Report for 1935. Since those early days this side of the clinic's work has grown very considerably. In 1935 less than 1% of the annual attendance was connected with involuntary sterility, while in 1944 the patients attending for this reason comprise more than 25% of all new patients; and this in spite of the fact that half of these nine years have been war years. In all, the clinic has now done its best to help more than 300 subfertile couples; the work is time consuming and exacting and the results measured statistically are meagre (about one third have conceived) but measured in terms of gratitude and human happiness they are indeed encouraging. Incidentally, the steadily increasing attendance of such patients testifies to the growing public desire for help in this matter, which is significant at this particular time when there is concern about the population trends and when a Royal Commission on population problems is in session.

Thanks to various generous friends, to the Waller Trust and to the Family Planning Association, which has recently allotted a research grant to Mrs. Harvey, we are now able to investigate cases of impaired fertility with some thoroughness. In all more than 200 Tubal Insufflations, 30 Salpinograms, 350 Endometrial Biopsies, 350 Sim's Tests, and 300 Seminal Analyses have been carried out. 72 Live births, 2 still births and 35 miscarriages have been recorded. 16 are at present pregnant.

The clinic has been required to submit figures and evidence to the Subfertility Committee of the Royal College of Obstetricians and Gynaecologists (of which our Medical Officer is a member), and which is preparing a memorandum on the subject of human subfertility for the Royal Commission. In May, 1944, Dr. Jackson was asked to give a lecture on the organisation of a Medical service for the Investigation and Treatment of Subfertility to members of the Eugenic Society and a report appeared in the "Lancet." It was at this lecture that the subject of artificial insemination was mentioned as one of the items in such a service; it was made clear, however, that this procedure was only needed in an exceedingly small and highly selected group of cases. However, the sensational Press picked on this one point from the report, took it out of its context and made "News" of it.

This publicity has aroused a lively controversy in the medical and lay press and has led to questions in Parliament—which, from the point of view of this clinic, is most unfortunate since it focusses public attention on a procedure which, in fact, is no part of the clinic routine and which it is certainly not the policy of this Association to advocate or encourage. On the other hand it is possible that good rather than harm will result if this turmoil in the Press precipitates a much overdue discussion of the problem by authoritative legal, administrative, medical and other bodies obviously concerned with this difficult social problem.

Mrs. Harvey continues to render invaluable service by her laboratory work and we are also indebted to Mr. Harvey, Dr. Robb, and Dr. Wroth for their great help to the clinic. We are grateful to Sister Brockway and Mrs. Youngman for their valuable work as Clinic Nurses and to the Voluntary Staff for their patience, enthusiasm and regular attendance. Mrs. Lennard in particular, has spent many hours in re-organising the filing cabinet and in abstracting details from some 700 clinic records for a statistical survey which is being prepared by the F.P.A. for the Royal Commission. We should also like to thank Miss Kirby for preparing and Mr. Le Bon, of Seaton, for auditing the accounts, and the Dispensary Staff for their unfailing courtesy and helpfulness.

THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION.

1st January—31st December, 1944.

THE GENERAL FUND.

RECEIPTS.		EXPENDITURE.	
	£ s. d.		£ s. d.
To Balance from 1943—		By Medical Supplies at Cost	444 18 8
Banks	26 10 3	Grant to the Plymouth Clinic	6 0 0
Clinic	3 19 3	Rent	40 15 0
Petty Cash	5 8 3½	Honoraria and Travelling—	
Subscriptions	81 5 0	Dr. Margaret Jackson	72 19 6
Devon County Council (15 months)	150 0 0	Dr. Surtell, Assistant M.O.	31 10 0
Exeter City Council	21 0 9	Sister Brockway	29 3 7
Fees at Clinic	13 12 0	Locum tenens, Nurse	7 2 6
Donations at Clinic	6 10 0	Scientific and Clerical	16 17 6
Sale of Medical Supplies	403 16 2	Postages and Telephone	22 12 2
Rachael Allen Memorial Fund	4 4 4	Stationery and Printing	10 0 11
Donations for Scientific Work	8 0 0	Cheque Books	1 0 0
Interest on Deposit	3 13 11	War Damage Insurance	5 0 0
		Staff Teas and Travelling	5 7 8
		Laundry and Caretaker	1 14 6
		Affiliation Fee	5 0
		Deposit D. & E. Savings Bank	75 0 0
		Balance—Banks	20 15 9
		Petty Cash	1 12 2½
	£787 19 11½		£787 19 11½

On Deposit Devon and Exeter Savings Bank. £150.

THE RACHAEL ALLEN MEMORIAL FUND.

RECEIPTS.		EXPENDITURE.	
	£ s. d.		£ s. d.
To Balance from 1943	49 6 0	By Relief to 22 Patients	4 4 4
Mrs. Baxter	4 0 0	" in Case of Special Distress	2 0 0
Exeter Women's Labour Party	10 0 0	" Balance at Banks	50 6 8
Interest on Deposit	2 15 0		
	£56 11 0		£56 11 0

On Deposit Devon and Exeter Savings Bank £100.

Honoraria for 1944 outstanding.

Audited and found correct—2nd April, 1945.
Sgd.—F. W. LE BON.

EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION,

AFFILIATED TO THE FAMILY PLANNING ASSOCIATION,

THE DISPENSARY, QUEEN ST., EXETER.



Sixteenth Annual Report, 1945.

Hon. Medical Officer :

MRS. MARGARET JACKSON, M.B., B.S. D.R.C.O.G. J.P.

President : MRS. PHILLIPS, J.P.

Vice-President : COUNCILLOR GLAVE SAUNDERS, F.R.C.V.S., F.Z.S.

Hon. Treasurer

F. A. ROPER M.A., M.D., M.R.C.P.
THE DISPENSARY, EXETER

ALL CORRESPONDENCE TO BE ADDRESSED—

Hon. Secretary :

MRS. W. A. ROBB.
AT THE ABOVE ADDRESS.

Biologist

MRS. C. HARVEY, B.S.C., A.R.C.S.

Nurses

MRS. BROCKWAY, C.M.B.
MISS B. HODGES, S.R.N., S.C.M.
MRS. M. YOUNGMAN, S.R.N.

Executive Committee

MRS. NORMAN LOCK, *Chairman*,
R. N. CRAIG, M.D., B.S. D.P.M.,
MRS. CRAIG
MRS. CHANDLER
MRS. A. C. GAIRDNER

W. A. ROBB., M.D. M.R.C.P.
J. MARSHALL SCOTT, M.B., B.S., M.R.C.O.G.
MRS. S. J. SMITH, J.P.,
ALDERMAN F. H. TARR, J.P.,
COUNCILLOR MRS. TINKHAM

OBJECT. The Clinic provides Medical Advice on contraception to married women who are unable to afford the fees of a Doctor, and who would therefore tend to rely upon hearsay and other unreliable sources. Cases of sterility are also investigated and treated : and, at the discretion of the Medical Officer and in collaboration with the patient's own doctor, if any, advice is given in many cases where minor gynaecological disorders are found.

ATTENDANCE. The EXETER Clinic is open every Friday from 2.0 to 4.30 p.m. (except Good Friday, the last Friday in December, and the whole month of August).

A Branch Clinic at TOTNES is open on the third Tuesday in January and every alternate month at the Social Centre, Shinner's Bridge, Dartington, from 2.30 p.m. to 4.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted) at the N. Devon Dispensary, Boutport Street, from 1.45 p.m. to 4.30 p.m.

REPORT. During 1945 the attendances at the Clinic showed a marked increase. There were 608 new patients, of whom the great majority came with letters from Doctors or Health Visitors ; 396 came for contraceptive advice ; 124 for investigation and treatment of infertility, and 88 for

advice on various gynaecological disorders. More than 2,500 return visits and supplies by post have been dealt with. We are grateful to the City and County authorities for their co-operation and for their continued financial support.

The following figures may be of interest in showing the development of the Clinic during the past ten years.

	New Patients	New Patients attending for Sterility
1935	160	1 %
1936	160	3 %
1937	131	5 %
1938	160	7 %
1939	162	9 %
1940	158	9 %
1941	261	11 % (Barnstaple Branch opened)
1942	292	15 %
1943	385	33 %
1944	487	30 %
1945	608	20 %

In connection with the investigation of sterility considerable outside professional interest has been aroused by the publication in the *Lancet* of a joint paper by Dr. Jackson and Mrs. Harvey. A number of doctors from various parts of the world have visited the Clinic and have been shown the special technique used in Exeter.

In reviewing the work of the past year, we are struck by the greatly increased demand for safe methods of birth control. This is in part due to the return of men from the Forces, and is aggravated by the deplorable housing conditions. Not only is there a dearth of houses, but in most lodgings children are not tolerated. Girls married to foreigners cannot even get on a waiting list for a house, so their plight is even worse.

It would have been impossible to deal adequately with this increase of work without additional medical and nursing assistance. We are very grateful to the Devon County Council for affording us the services of Dr. Grace Walker at Exeter, and of Dr. Proctor Sims at Barnstaple, who have been most co-operative, and whose help has been invaluable. Extra nursing assistance has been secured by the appointment of Sister Beatrice Hodges, S.R.N., S.C.M., whose sympathetic efficiency has been much appreciated.

The Branch Clinics are going ahead, and are meeting a real need, especially in North Devon.

Our thanks are due to Sister Brockway and Mrs. Youngman for their valuable services as Clinic Nurses, and to the Voluntary Staff whose work this year has been exceptionally heavy. We are also greatly indebted to Mr. L. A. Harvey of the University College of the South West, and to the Pathological and Radiological Departments of the Royal Devon and Exeter Hospital.

We should also like to thank Miss Kirby for preparing and Mr. le Bon (of Seaton) for auditing the Accounts, and the Dispensary Staffs for their unfailing courtesy and helpfulness.

GENERAL FUND.

RECEIPTS.		EXPENDITURE.	
£	s. d.	£	s. d.
To Balance from 1944—Banks	20 15 9	By Medical Supplies at Cost	588 4 4½
Petty Cash	1 12 2½	Grant to Plymouth Clinic	6 0 0
Subscriptions	67 7 6	Rent	43 7 0
Devon County Council (9 months)	90 0 0	Honoraria and Travelling—	
Exeter City Council	17 16 0	Dr. Margaret Jackson	72 19 6
Fees at Clinic	18 16 0	Sister Brockway	26 13 9
Donations at Clinic	18 9 6	Locum Tenens—Nurse	9 16 6
Sale of Medical Supplies	653 7 11	Scientific and Clerical	18 10 8
Rachael Allen Memorial Fund	3 7 6	Postages and Telephone	27 1 11
Donations for Scientific Work	10 0 0	Stationery and Printing	16 1 6
Interest on Deposit	5 11 3	Clinic Equipment	11 13 11
		Cheque Books	10 0 0
		Staff Teas and Travelling	8 1 4
		Laundry and Caretaker	1 6 0
		Affiliation Fee	5 0 0
		Deposit D. & E. Savings Bank	50 0 0
		Balance—Banks	26 10 0
		Petty Cash	2 2 2
	£907 3 7½		£907 3 7½

On Deposit Devon & Exeter Savings Bank, £225.

THE RACHAEL ALLEN MEMORIAL FUND.

RECEIPTS.		EXPENDITURE.	
£	s. d.	£	s. d.
To Balance from 1944	50 6 8	By Relief to 20 Patients	3 7 6
F. J. Allen, Esq.	20 0 0	Deposit D. & E. Savings	50 0 0
Mrs. Baxter	2 0 0	Balance at Banks	21 15 8
Interest on Deposit	2 16 6		
	£75 3 2		£75 3 2

On Deposit Devon & Exeter Savings Bank £100.

Audited and found correct. (Signed) F. Le BON.

EXETER & DISTRICT
WOMEN'S WELFARE ASSOCIATION,
AFFILIATED TO THE FAMILY PLANNING ASSOCIATION,
THE DISPENSARY, QUEEN ST., EXETER.



Seventeenth Annual Report, 1946.

Hon. Medical Officer :

MRS. MARGARET JACKSON, M.B., B.S. D.R.C.O.G., J.P.

President : MRS. PHILLIPS, J.P.

Vice-President : R. GLAVE SAUNDERS, ESQ., C.B.E., M.R.C.V.S., F.Z.S.

Hon. Treasurer

F. A. ROPER, M.A., M.D., M.R.C.P.
THE DISPENSARY, EXETER

ALL CORRESPONDENCE TO BE ADDRESSED—

Hon. Secretary :

MRS. W. A. ROBB

AT THE ABOVE ADDRESS.

Hon. Biologist :

MRS. C. HARVEY, B.Sc., A.R.C.S.

Nurses

MRS. BROCKWAY, C.M.B.
MISS B. HODGES, S.R.N., S.C.M.
MRS. M. YOUNGMAN, S.R.N.

Executive Committee

MRS. NORMAN LOCK, *Chairman*.
R. N. CRAIG, M.D., B.S., D.P.M.
MRS. CRAIG
MRS. CHANDLER
MRS. A. C. GAIRDNER

W. A. ROBB, M.D. F.R.C.P.
J. MARSHALL SCOTT, O.B.E., M.B., B.S., M.R.C.O.G.
MRS. S. J. SMITH, J.P.
ALDERMAN F. H. TARR, J.P.
COUNCILLOR MRS. TINKHAM

OBJECT. The Clinic provides Medical Advice on contraception to married women who are unable to afford the fees of a Doctor, and who would therefore tend to rely upon hearsay and other unreliable sources. Cases of sterility are also investigated and treated : and, at the discretion of the Medical Officer and in collaboration with the patient's own doctor, if any, advice is given in many cases where minor gynaecological disorders are found.

ATTENDANCE The EXETER Clinic is open every Friday from 2. 0 to 4 30 p.m. (except Good Friday, the last Friday in December, and the whole month of August).

A Branch Clinic at TOTNES is open on the third Tuesday in January and every alternate month at the Social Centre, Shinner's Bridge Dartington from 2.30 p.m. to 4.30 p.m.

A Branch Clinic at Barnstaple is open on the first Tuesday in every month (August excepted) at the N. Devon Dispensary, Boutport Street, from 1. 45 p. m. to 4. 30 p. m,

REPORT. We have to report another year of steady progress. There were 667 new patients of whom 442 came for contraceptive advice, 113 for investigation and treatment of sterility and 112 for advice on various gynaecological disorders. In addition, we dealt with over 3000

return visits and postal supplies. We would like to record our thanks to the City and County Authorities for their continued financial support and co-operation. The work of the Health Visitors is invaluable in following up cases who for various reasons are unable to pay a return visit to the Clinic. Patients come to us also from the counties of Somerset, Dorset and Cornwall where there are at present no F. P. A. Clinics.

Generally speaking conditions have not materially changed during the past year and we still find many women who are debarred from having a family in the normal way through lack of adequate housing accommodation. Young couples who married while in the services are often unable to set up a home and in many cases it is essential that the wife should, for a time, also be a wage earner. One bright spot, however, is the relief given to mothers of large families by the Family Allowances. As they say, "it makes all the difference".

The value of the work done in the Clinic in connection with the investigation of sterility is becoming widely recognised. A gratifying proof of this, and in particular of the value placed on Mrs Harvey's work, is the grant awarded to her by the Medical Research Council to assist her in carrying on her special branch of research. The Family Planning Association has also made a grant of £100 to the Exeter Clinic to be spent in Laboratory investigations. We are very grateful for this grant and it is encouraging to feel that the Clinic's work in this direction is appreciated.

We have this year incurred expenses in providing additional equipment and instruments for the Clinics and have also bought a good microscope. These most necessary purchases while contributing to the efficiency of our work have been a drain on our funds and we therefore appeal for more subscriptions. We should also like to draw attention to the "Rachael Allen Fund"— named after the founder of our Clinic and formed to help those who largely constitute the 'Social Problem' Group. We are able to make small grants in cases of special hardship, and assist those women to limit their families who for various reasons are not chargeable to a Public Authority.

The Clinic is very fortunate in having as its chief Medical Officer such an enthusiastic pioneer, as Dr. Margaret Jackson. The high place of the Clinic in this country is largely due to the distinction of her work. She is ably assisted in Exeter by Dr. Grace Walker and in Barnstaple by Dr. Proctor Sims.

Our sincere thanks are again due to Sisters Brockway and Hodges and to Mrs. Youngman for their work as Clinic nurses and also all Voluntary Workers here and in Totnes and Barnstaple. We are also greatly indebted to Mr. L. A. Harvey of the University College of the South West and to the Pathological and Radiological Department of the Royal Devon and Exeter Hospital.

We would also like to record our thanks to Organon Laboratories Ltd. and Boots Ltd. for their continued generosity with regard to supplies of endocrine products.

Finally, we thank our subscribers for their support; Miss Kirby.M.B.E. for preparing and Mr. le Bon (of Seaton) for auditing the Accounts, and the Dispensary Staffs for their unfailing courtesy and helpfulness.

GENERAL FUND.

RECEIPTS		EXPENDITURE.	
	£ s. d.		£ s. d.
To Balance from 1945—Banks	26 10 0	By Medical Supplies at Cost	681 6 10½
Petty Cash	2 2	Rent	39 12 6
Subscriptions	75 16 0	Honoraria and Travelling—	
Grant from Devon County Council	120 0 0	Dr. Margaret Jackson	29 16 4
do. do. Exeter City Council	19 13 6	Sister Brockway	22 19 0
Patients' Fees	22 3 0	Nurses Hodges and Youngman	105 13 0
Donations and Clinic Collecting Box	29 0 6	Grants for Scientific and Clerical Work	32 9 11
Donations for Scientific Work	11 10 0	Postages	25 9 8
Sale of Medical Supplies	672 15 6	Stationery and Printing	35 18 8½
Rachael Allen Memorial Fund	10 7 0	Clinic Equipment	1 0 0
Interest on Deposit	6 0 3	Cheque Books	5 11 11½
Transferred from Deposit Account	100 0 0	Staff Teas	1 12 8
	£1,093 17 11	Laundry and Caretaker	5 0
		Affiliation Fee	2 0 0
		Totnes Clinic Petty Cash	35 8 3
		Balance—Banks	1 19 6½
		Petty Cash	
			£1,093 17 11

On Deposit Devon & Exeter Savings Bank, £175.

RACHAEL ALLEN MEMORIAL FUND.

RECEIPTS.		EXPENDITURE.	
	£ s. d.		£ s. d.
To Balance from 1945	21 15 8	By Relief to 42 Patients	10 7 0
Subscriptions—F. J. Allen, Esq.	10 0 0	Balance at Banks	27 11 8
Mrs. Baxter	2 0 0		
Interest on Deposit	4 3 0		
	£37 18 8		£37 18 8

On Deposit Devon & Exeter Savings Bank, £150.

Audited and found correct, (Signed) F. L. Le BON.

EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION,

• AFFILIATED TO THE FAMILY PLANNING ASSOCIATION,

THE DISPENSARY, QUEEN ST., EXETER.



Eighteenth Annual Report, 1947.

Hon. Medical Officer :

MRS. MARGARET JACKSON, M.B., B.S. D.R.C.O.G. J.P.

ALL CORRESPONDENCE TO BE ADDRESSED—

Hon. Secretary :

MRS. W. A. ROBB

AT THE ABOVE ADDRESS.

President : MRS. PHILLIPS, J.P.

Vice-Presidents : R. GLAVE SAUNDERS, ESQ., C.B.E.
F. A. ROPER, M.D., M.R.C.P.

Hon. Treasurer

E. S. LENNARD, ESQ.
THE DISPENSARY, EXETER

Hon. Biologist :

MRS. C. HARVEY, B.Sc., A.R.C.S.

Nurses

MRS. BROCKWAY, C.M.B.
MRS. FINNIMORE, S.R.N.
MRS. M. YOUNGMAN, S.R.N.

General Committee

COUNCILLOR MRS. TINKHAM (*Chairman*).
MRS. MARION CAPENER, M.R.C.S., L.R.C.P.
C. J. FULLER D.M. F.R.C.P.
MRS. A. C. GAIRDNER
MRS. WINIFRED HEAL, M.B., CH. B.

MRS. ERIC S. LENNARD
MRS. NORMAN LOCK
W. A. ROBB., M.D. F.R.C.P.
P. M. G. RUSSELL, ESQ., F.R.C.S. M.R.C.O.G.
MRS. S. J. SMITH, J.P.

Voluntary Staff

MRS. E. HODGES
MRS. CAROL LAKE

MRS. STONEHOUSE

MRS. STOWER
MRS. BROWN

OBJECT. The Clinic provides Medical Advice on contraception to married women who are unable to afford the fees of a Doctor, and who would therefore tend to rely upon hearsay and other unreliable sources. Cases of sterility are also investigated and treated : and, at the discretion of the Medical Officer and in collaboration with the patient's own doctor, if any, advice is given in many cases where minor gynaecological disorders are found.

ATTENDANCE. The EXETER Clinic is open every Friday from 2.0 to 4.30 p.m. (except Good Friday, the last Friday in December, and the whole month of August).

A Branch Clinic at TOTNES is open on the third Tuesday in January and every alternate month at the Social Centre, Shinner's Bridge, Dartington, from 2.30 p.m. to 4.30 p.m.

A Branch Clinic at BARNSTAPLE is open the first Tuesday in every month (August excepted) at the N. Devon Dispensary, Boutport Street, from 1.45 p.m. to 4.30 p.m.

REPORT. In presenting this Report, the Committee would point out that the period covered is extended to fifteen months, as it is thought

advisable that the financial year should in future end on March 31st.

During the year ending December 31st, 1947, the attendances at the Clinic showed a steady increase. There were 712 new patients, of whom 519 came for contraceptive advice, 110 for investigation and treatment of sterility and 83 for other reasons. Of the 164 new patients attending the Clinic during the three months, January 1st—March 31st, 1948, 126 came for contraceptive advice, 26 for treatment of sterility and 17 for other reasons.

As in recent years we find that the lack of adequate housing accommodation is an important factor in causing a demand for contraceptive advice. The wide reputation of the Clinic is almost entirely due to the high standard of skill and efficiency practised in a kindly and sympathetic manner by its Medical Officers. The Committee is conscious of its indebtedness to them.

We are grateful to the City and County Authorities for their co-operation and for their continued financial support and to the Family Planning Association for the generous grant towards Laboratory expenses which has been of the greatest assistance in carrying out the many tests necessary in the investigation of infertile cases.

At a General Meeting called for the re-election of Officers and Committee, it was resolved that a General Committee be formed under the Chairmanship of Councillor Mrs. Tinkham, and also an Executive Committee consisting of the Honorary and Medical Officers, and the Voluntary and Nursing Staff, with Mrs. E. S. Lennard as Chairman.

The resignation of Dr. Frank Roper, on leaving Exeter, from the Treasurership was received with great regret. One of the pioneer members of the Association, he has always given us unfailing support and we shall greatly miss him. We are grateful to Mr. E. S. Lennard for consenting to act as the Hon. Treasurer, and should also like to welcome Dr. C. J. Fuller, Mr. P. M. G. Russell, Dr. Marion Capener, Dr. Winifred Heal, and Mrs. Lennard as new members of the General Committee. During the year, Sister Hodges left us to join her brother in Canada. We are most grateful for her past services and wish her every happiness in her new life. Her work is being successfully carried on by Mrs. Finnimore, and we take this opportunity of thanking her and the other Clinic nurses Sister Brockway and Mrs. Youngman. Our thanks are also due to the voluntary workers here and in Totnes and Barnstaple. We are also greatly indebted to Mr. and Mrs. L. A. Harvey of the University College of the South West, and to the Pathological and Radiological Departments of the Royal Devon and Exeter Hospital.

Finally we thank all subscribers for their support; Miss K. Kirby, M.B.E. for preparing, and Mr. Le Bon (of Seaton) for auditing the accounts and the Dispensary Staffs for their unfailing courtesy and helpfulness.

What of the future? We propose to carry on after July 5th as in the past, until such time as the functions of the Clinic are taken over either by the Regional Hospital Board or by the Local Health Authorities. We have been assured that we can still expect grants from the D.C.C. and E.C.C. and we shall continue to need the generous support of all subscribers. Our main difficulty will be with regard to premises, since it seems likely that in the not very distant future the Exeter Dispensary and the North Devon Dispensary as such will cease to exist.

GENERAL FUND.

RECEIPTS.		EXPENDITURE	
£	s. d.	£	s. d.
To Balance from 1946—Banks	35 8 3	By Medical Supplies at cost	1096 14 8
Petty Cash	1 19 6½	Rent	53 11 6
Subscriptions	70 4 0	Honoraria—	
Grant from Devon County Council	150 0 0	Dr. Margaret Jackson (2 years)	145 19 0
" " Exeter City Council	21 15 0	Nursing Staff	90 15 5
" " Somerset County Council		Grants for Scientific and Clerical Work	89 17 0
" & Taunton Corporation		Postages	64 18 1½
Patients Fees	3 3 6	Stationery and Printing	29 0 11½
Donations	56 12 6	Clinic Equipment	24 6 10
" " for Scientific & Research Work	10 2 0	Cheque Books	1 10 0
Sale of Medical Supplies	109 18 6	Staff Teas and Travelling	7 14 7
Rachael Allen Memorial Fund	1303 16 2	Capitation and Affiliation Fees	25 5 0
Interest on Deposit	5 10 5	Laundry and Caretaker	3 6 6
	4 18 9	Grant to Plymouth Clinic	12 0 0
		Hon. Secretary's Petty Cash	2 2 0
		Balance—Banks	119 10 4
		Petty Cash	6 16 8½
	£1773 8 7½		£1773 8 7½

On Deposit Devon & Exeter Savings Bank £175.

THE RACHAEL ALLEN MEMORIAL FUND.

RECEIPTS		EXPENDITURE	
£	s. d.	£	s. d.
To Balance from 1946	27 11 8	By Relief to 25 Patients	5 10 5
Subscriptions—F. J. Allen, Esq.	10 0 0	Special Distress—2 Cases	1 1 3
" Mrs. Baxter	2 0 0	Balance at Banks	37 4 7
Interest on Deposit	4 4 7		
	£43 16 3		43 16 3

On Deposit Devon & Exeter Savings Bank £150.

EXETER & DISTRICT
WOMEN'S WELFARE ASSOCIATION,

AFFILIATED TO THE FAMILY PLANNING ASSOCIATION,

THE EYE INFIRMARY, MAGDALEN ST., EXETER



Nineteenth Annual Report, 1948

Hon. Medical Officer :

MRS. MARGARET JACKSON, M.B., B.S.D.R.C.O.G., J.P.

ALL CORRESPONDENCE TO BE ADDRESSED

Hon. Secretary :

MRS. W. A. ROBB

AT THE ABOVE ADDRESS

President : MRS. PHILLIPS, J.P.

Vice-Presidents : R. GLAVE SAUNDERS, ESQ., C.B.E.
F. A. ROPER, M.D., M.R.C.P.

Hon. Treasurer :

E. S. LENNARD, ESQ.

Hon. Biologist :

MRS. C. HARVEY, B.Sc., A.R.C.S.

Assistant Hon. Treasurer : MRS. CAROL LAKE

Nurses :

MRS. BROCKWAY, C.M.B.
MRS. HOLMAN, S.R.N.
MRS. M. YOUNGMAN, S.R.N.

General Committee :

COUNCILLOR MRS. TINKHAM (*Chairman*).
MRS. MARION CAPENER, M.R.C.S., L.R.C.P.
C. J. FULLER, ESQ., D.M., F.R.C.P.
MRS. A. C. GAIRDNER
MRS. WINIFRED HEAL, M.B., CH. B.
MRS. E. HODGES

MRS. ERIC S. LENNARD
MRS. NORMAN LOCK
P. M. G. RUSSELL, ESQ., F.R.C.S., M.R.C.O.G.
MRS. S. J. SMITH, J.P.
MRS. STONEHOUSE

In spite of the upheaval caused by a change of premises, and the feeling of unrest and uncertainty about our position under the National Health Service, the work of the year has progressed steadily.

Early in the year we were warned that our rooms at the Dispensary might not be available for the use of the Clinic after July 5th, as the premises had been leased to the Mid-Devon Hospitals Management Board, and our plight would have been serious had it not been for the generosity and goodwill of the Hospital Management Committee who offered us alternative accommodation in the Out-Patients Department at the Eye Infirmary. We acknowledge with gratitude and appreciation this gesture of hospitality and should like also to thank the matron and staff of the Eye Infirmary for their co-operation and forbearance. As a result of this, the 'change over' in September was made with the minimum of disturbance to our work and most patients now know where to find us.

At Barnstaple also we have received consideration from the Hospitals Board and have, up to the present, been allowed to carry on the Clinic as usual, though it is possible that we shall have to move when the North Devon Dispensary is needed for other purposes.

While our position under the National Health Service is not as yet clearly defined, we have been informed that the part of our work connected with the investigation and treatment of subfertility and minor gynaecological ailments will in future form part of the Gynaecological Service, while the preventive work in Birth Control will continue to receive the financial support of the public Health Services.

During the year 934 new patients have attended the Clinics. Of these 700 came for contraceptive advice, 157 were treated for subfertility and 77 for minor gynaecological troubles. The packing and posting of supplies is an arduous part of the Clinic's work, and during the year no fewer than 2,259 parcels were sent. We are grateful to the Devon County Council for their continued help and interest and also to the Exeter City Council.

Our voluntary staff has been somewhat reduced during the year so we are the more grateful to those who come regularly and work long hours. We very much hope that Mrs. Lennard's absence through ill health will be only temporary; she has done invaluable work in the Clinics at Exeter and Barnstaple and we are grateful to her and also to her husband, Mr. E. S. Lennard, for acting as Hon. Treasurer.

No report would be complete without an expression of admiration and appreciation of the quality and quantity of the work carried out by our Medical Officer. We should like to take this opportunity of congratulating her on the publication of 'Problems of Fertility in General Practice' of which she is part author. Dr. Proctor Sims at Barnstaple and Dr. Grace Walker at Exeter have given most valuable service and we are grateful too to Dr. Nettell and to Dr. Higgins for their help on various occasions.

We should also like specially to thank our nurses; Mrs. Brockway, who has worked faithfully for many years; Mrs. Finnimore, who has recently produced a much wanted son and whose place has been ably taken by Mrs. Holman; Mrs. Youngman who does the work in Barnstaple.

Mrs. Clare Harvey, continues the Seminological work for the Clinic and is also responsible for carrying out the microscopical work at the Exeter Clinic sessions. We are very grateful to her for these skilled services and for her help in many other ways.

We wish also to record our thanks to the Departments of Pathology and Radiology of the Royal Devon and Exeter Hospital where much work for the Clinic is carried out.

It has been disturbing to hear of the serious financial position of the Family Planning Association which threatens to curtail the necessary work of starting new and much needed Clinics. We are happy to have been able to make them a loan of £400. Though this has meant for the time being a depletion of our funds, yet we are glad that the money can be put to an active use at this critical time. We have also returned to them £50 of the special grant made to us in 1947 for laboratory expenses which since July 5th have been somewhat reduced.

We go to press just as the report of the Royal Commission on Population is published, and note with satisfaction its recommendation that birth control advice should be available under the National Health Service to all who want it. This is the first time that an authoritative body has made such a pronouncement and reflects a realistic appreciation of a problem which hitherto has all too often been evaded. It is not sufficiently recognised that the influence of so-called Birth Control Clinics on the birth rate is not merely restrictive; not only do they minimize the impairment of fertility which may result from the use of harmful methods of contraception or attempted abortion, but the Medical Officer is able to point out to the young wife the risks and disadvantages of unduly postponing a first or second pregnancy. Not infrequently such young women, after a frank discussion of their difficulties, which are often more apparent than real, decide to start a baby within a few months of attending the Clinic.

The Exeter & District Women's Welfare Association.

Year ended 31st March, 1949

GENERAL FUND

RECEIPTS				EXPENDITURE			
	£	s.	d.		£	s.	d.
To Balance at 1st April, 1948—				By Medical Supplies at Cost			
Banks	119	10	4	Rent	704	12	8
Petty Cash	6	16	8½	Honoraria—Dr. Margaret Jackson	20	6	0
Capital on Deposit, Devon & Exeter Savings Bank	175	0	0	Dr. Nettie	0	0	0
Interest on Deposit to date of Withdrawal	301	7	0½	Nursing and other Staff	6	6	0
Subscriptions	5	0	3	Grants for Scientific Work	59	12	0
Grant from Devon County Council	52	2	0	Grant for Scientific Work retd. to H.Q.	40	5	6
Grant from Exeter City Council	120	0	0	Postages	50	0	0
Patients' Fees	21	10	6	Stationery, Printing and Equipment	43	16	8½
Donations—General	92	9	0	Cheque Books	30	15	11½
Donations for Scientific and Research Work	8	5	11	Staff Teas and Travelling	10	0	0
Sale of Medical Supplies	110	14	11	Fire Insurance	16	8	1
Rachael Allen Fund	119	0	10	Capital on Loan to H.Q. (repayable on demand)	1	2	6
	677	10	8	* Balance—Lloyds Bank Ltd.	250	0	0
	4	10	0	Petty Cash	167	5	8
					2	9	2½
	£1,393	10	3½		169	14	10½

THE RACHAEL ALLEN MEMORIAL FUND

RECEIPTS				EXPENDITURE			
	£	s.	d.		£	s.	d.
To Balance at 1st April, 1948	37	4	7	By Relief to 20 Patients	4	10	0
Capital on Deposit at Devon and Exeter Savings Bank	150	0	0	Special Distress, 1 Patient	6	7	0
Interest on Deposit to date of Withdrawal	187	4	7	* Capital on Loan to H.Q. (repayable on demand)	150	0	0
	4	7	9	* Balance—Lloyds Bank Ltd.	36	15	9
	£191	12	4				

* Bank Balance Lloyds General Fund
Bank Balance R. Allen a/c

£167 5 8
£ 36 15 9

Lloyds Bank Balance as per Statement

£204 1 5

Audited and found correct, IAN H. SEGAR, Hon. Auditor, 19-7-49

EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION,

AFFILIATED TO THE FAMILY PLANNING ASSOCIATION.

THE EYE INFIRMARY, MAGDALEN ST., EXETER.



Twentieth Annual Report, 1949

Hon. Medical Officer—

MRS. MARGARET JACKSON, M.B., B.S., D.R.C.O.G., J.P.

ALL CORRESPONDENCE TO BE ADDRESSED

Hon. Secretary—

MRS. W. A. ROBB,

AT THE ABOVE ADDRESS

President: MRS. PHILLIPS, J.P.

Vice-Presidents R. GLAVE SAUNDERS, ESQ., C.B.E.
F. A. ROPER M.D., M.R.C.P.

Hon. Treasurer:

E. S. LENNARD, ESQ.

Hon. Biologist:

MRS. C. HARVEY, B.Sc., A.R.C.S.

Assistant Hon. Treasurer: MRS. CAROL LAKE

Nurses:

MRS. BROCKWAY, C.M.B.
MRS. HOLMAN, S.R.N.
MRS. GOSS, S.R.N., S.C.M.
MRS. M. YOUNGMAN, S.R.N.

General Committee:

COUNCILLOR MRS. TINKHAM (*Chairman*),
MRS. MARION CAPENER, M.R.C.S., L.R.C.P.,
C. J. FULLER ESQ., D.M. F.R.C.P.,
MRS. A. C. GAIRDNER,
MRS. WINIFRED HEAL, M.B., CH. B.,
MRS. E. HODGES

MRS. ERIC S. LENNARD
MRS. NORMAN LOCK
P. M. G. RUSSELL, ESQ., F.R.C.S. M.R.C.O.G.,
MRS. S. J. SMITH, J.P.,
MRS. STONEHOUSE

OBJECT. The Clinic provides medical advice on contraception to married women who need it because of ill health or to prevent ill health, mental or physical. Cases of sterility are also investigated and treated; and, at the discretion of the Medical Officer and in collaboration with the patient's own doctor, if any, advice is given in many cases where minor gynaecological disorders are found.

ATTENDANCE. The EXETER Clinic is open every Friday starting at 1-30 p.m. (except Good Friday, the last Friday in December, and the whole month of August).

A Branch Clinic at TOTNES is open on the third Tuesday in January and every alternate month at the ADULT EDUCATION CENTRE, Dartington, starting at 12.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted) at the NORTH DEVON DISPENSARY, Boutport St., starting at 1.30 p.m.

Another busy year has shown how great is the demand for Clinics of this kind. Of a total of 916 new patients, some 689 came for contraceptive advice, 156 for the investigation and treatment of sterility and 73 for advice on various gynaecological disorders. Patients come to us from a wide area and our postal service makes it possible for those living in remote areas, or even overseas, to keep in touch with the Clinic. Many write freely about their problems, difficulties and anxieties and we strive, not without success, to give them some measure of reassurance and comfort. In our voluntary staff we are especially fortunate ; indeed without their loyalty and devoted service, an important part of our work simply could not be done, for during the year well over 2000 parcels and letters were dispatched by their efforts.

We should like to record our thanks to the Exeter and Mid-Devon Hospital Management Committee for having allowed us to hold our Exeter clinic sessions at the Eye Infirmary since 1948 and also to the North Devon Hospital Management Committee for continuing to afford us accommodation at the North Devon Dispensary. The Totnes clinic has been transferred to the Adult Education Centre, a change of premises which has been to the advantage of both patient and doctor, especially as the session can begin at 12.30 p.m.

The National Health Service has now absorbed the clinic. As a result, the S.W. Regional Board becomes responsible for the part of the of the work concerned with gynaecology and the investigation of sterility, while the Health Authorities continue their grants for contraceptive work which can be regarded as one of the essential services for preventing ill-health. We hope that the present happy co-operation will continue and that the new administrative arrangement will be satisfactory to all concerned. Our Medical Officer, Dr. Margaret Jackson, has been appointed to the Department of Gynaecology and Obstetrics at the Royal Devon and Exeter Hospital and thus becomes an employee of the S.W. Regional Board and responsible to the Board for that part of the clinic's work concerned with minor gynaecology and the investigation and treatment of infertile couples. Dr. Proctor Sims, whose skill and kindness have been invaluable to us at the Barnstaple clinic since 1945 will in future, we understand, be able to help us also at the Exeter clinic. She will deal with the contraceptive work as an employee of the Health Authority.

The new set-up should in no way abolish the voluntary principle or disturb the existing friendly and homely relations between the patients and the clinic workers. Indeed the staff of the clinic, medical, nursing and voluntary, is much the same as before and we remain affiliated to the Family Planning Association.

We hear with regret that Dr. Grace Walker will be giving up work at the clinic shortly and would ask her to accept our special thanks for all she has done. We should also like to express our sympathy with Sister Brockway who, through illness, has for several months been unable to attend the clinic. For nearly twenty years she has acted as clinic nurse and is very much missed. She has our best wishes for her complete recovery.

The clinic is fortunate in possessing the services of such an able scientist as Mrs. Clare Harvey, who is doing research work on problems connected with infertility. We are most appreciative of the valuable help she gives us.

Our thanks are again due to the Staffs of the Pathological and the X-Ray Departments of the Royal Devon and Exeter Hospital, to the Matron and Staff of the Eye Infirmary as well as to Mr. Sullivan, Chief Administrative Officer at the Royal Devon and Exeter Hospital, for their co-operation and help.

Finally, we thank our subscribers for their support; also our Hon. Treasurers and Hon. Auditor for producing the Balance Sheet.

The Exeter & District Women's Welfare Association. GENERAL FUND

Year ended 31st March 1950

RECEIPTS		£	s	d.	£	s	d.	PAYMENTS		£	s	d.	£	s	d.
To Bank Balance 1st April, 1949		167	5	8				By Medical Supplies at Cost	...				736	1	2
Cash in hand (petty) do.		2	9	2½	169	14	10½	Rent	...				2	5	0
Capital on Loan to H.Q. (payable on Demand)	...	180	0	0				Honouraria—Dr. Margaret Jackson (2 years)	...	145	19	0			
Grant from Devon County Council	...	21	15	0	250	0	0	Assistant Medical Staff	...	15	15	0			
Grant from Exeter City Council	...							Nursing Staff	...	80	15	0			
The Elmgrant Trust	...							Scientific and Clerical Staff	...	75	10	0			
Patients Fees	...				201	15	0	Capitation and Affiliation Fees	...	317	19	0			
Donations:—General	...	4	1	0	50	0	0	Postages and Telephone	...	26	17	0			
Scientific and	...				96	10	0	Stationery and Printing	...	81	12	10			
Research Work	...	4	10	6				Cheque Books	...	49	18	2			
Sale of Medical Supplies	...	755	17	11				Staff Travelling Expenses	...	1	4	0			
do. Dr. M. J.	...	289	0	0	8	11	6	do. do.	...	79	0	0			
Rachael Allen Fund	...				1044	17	11	Fire Insurance	...	1	2	6			
					3	12	0	Equipment	...	1	10	5½			
								Laundry	...	2	15	10			
								Tonnes Petty Cash	...	5	0	0			
								Honorary Secretaries' Petty Cash	...	17	1	1			
								Capital on Loan to H.Q.	...						
								(repayable on demand)	...	250	0	0			
								Bank Balance 31st March, 1950	...	78	11	2			
								Cheques and Cash in hand	...						
								(Banked 5th & 17th April)	...	164	10	1			
								Petty Cash in hand 31st March, 1950	...	6	4	4			
										249	5	7			
										£1825	1	3½			

THE RACHAEL ALLEN MEMORIAL FUND

RECEIPTS		£	s	d.	PAYMENTS		£	s	d.
To Bank Balance 1st April, 1949	...	36	15	9	By Relief to 13 Patients	...	3	12	0
Loan to Head Quarters (repayable on demand)	...	150	0	0	Bank Balance 31st March, 1950	...	37	3	9
Donations	...	4	0	0	Loan to Head Quarters (repayable on demand)	...	150	0	0
		£190	15	9			£190	15	9

EXETER & DISTRICT
WOMEN'S WELFARE ASSOCIATION,
AFFILIATED TO THE FAMILY PLANNING ASSOCIATION
THE EYE INFIRMARY, MAGDALEN ST., EXETER.



Twenty-First Annual Report, 1950

President: MRS. PHILLIPS, J.P.

Vice-President: R. GLAVE SAUNDERS, ESQ., C.B.E.

Hon. Treasurer:

E. S. LENNARD, ESQ.

Hon. Secretary:

MRS. W. A. ROBB

Infertility Section:

UNDER S.W. REGIONAL HOSPITAL BOARD

Medical Officer:

MRS. MARGARET JACKSON,
M.B., B.S., D.R.C.O.G., J.P.

Nurses:

MRS. HOLMAN, S.R.N.
MRS. CLATWORTHY, S.R.N.
MRS. YOUNGMAN, S.R.N.

Biologist:

MRS. C. HARVEY, B.Sc., A.R.C.S.

Contraceptive Section:

UNDER HEALTH AUTHORITIES

Medical Officer:

DR. N. PROCTOR SIMS,
M.R.C.S., L.R.C.P., M.R.C.O.G.

Nurses:

MRS. GOSS, S.R.N., S.C.M.
MRS. OWEN, S.R.N., S.C.M.
MRS. WALES

OBJECT. Under the Health Authority the Clinic provides medical advice on contraception to married women who need it because of ill-health or to prevent ill-health, mental or physical. The Infertility Section, as a branch of the Gynaecological Department of the Royal Devon and Exeter Hospital, provides a service for the investigation and treatment of childless marriages and minor gynaecological disorders.

ATTENDANCE. The EXETER Clinic is open every Friday starting at 1.30 p.m. (except Good Friday, the last Friday in December and the whole month of August).

A Branch Clinic at TOTNES is open on the third Tuesday January and every alternate month at the ADULT EDUCATION CENTRE, Dartington, starting at 12.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted). Cwing to reorganisation we are no longer able use the North Devon Dispensary, but temporary accommodation has been provided at the ALEXANDRA HOSPITAL which has proved both adequate and convenient. We should like to express our thanks to the North Devon Hospital Management Committee for arranging this.

We have had another busy year with a total of 716 new patients seeking advice on contraception. Economic considerations and difficult housing conditions still provide strong reasons for family planning while a high proportion of patients are sent on medical grounds.

Our postal work is heavy but the results are amply justified and patients from all parts of England, and even from overseas keep in touch and receive supplies regularly. We are greatly helped in our "follow-up" work by the Health Visitors and we would like to record our appreciation of the co-operation and financial support we receive from both County and City Authorities. We are particularly grateful to the D.C.C. for allowing us the services of Dr. Nora Proctor Sims. Her patience, kindness and skill are much appreciated not only by the patients but by members of the clinic staff.

A Family Planning Association Clinic has now been started in Falmouth, but as patients from North and East Cornwall can attend the Exeter or Barnstaple Clinics more easily, the Cornwall County Council has agreed to make the Association a small Annual grant. The Somerset County Council continues to pay for first consultations and supplies in the case of necessitous patients. So far the Dorset County Council has not seen fit to make a grant of any sort.

Under the S.W. Regional Hospital Board, Dr. Margaret Jackson, as Assistant to the Department of Gynecology and Obstetrics at the Royal Devon and Exeter Hospital, has seen 293 new patients. 218 have come for advice on infertility and 80 for minor gynecological treatment. Mrs. Clare Harvey is carrying on her valuable work on seminology, and we are glad to learn that she is to receive a research grant from the S.W. Regional Hospital Board and that a part time assistant has been appointed from the Department of Pathology to help with the routine seminal examinations. We would particularly like to record our thanks to Miss Joan Whittington, who has given great assistance with the microscope work, and are sorry to hear that she is leaving Exeter.

The new administrative arrangement has proved quite satisfactory and the two Clinics meet on the same afternoon as before. We have to thank the Matron and Staff of the Eye Infirmary as well as Mr. Sullivan, Chief Administrative Officer of the Royal Devon and Exeter Hospital, who have contributed to the smooth running of a very busy session. We should also like to thank the Staffs of the Pathological and X-Ray Departments of the Royal Devon and Exeter Hospital for their co-operation and help.

Finally our thanks are due to our subscribers for their continued support, and to our Honorary Officers and the Nursing and Clerical Staffs. We also thank Miss Kirby, M.B.E., of Seaton, for preparing the Balance Sheet and T. B. Meredith, Esq., for his services as Hon. Auditor.

The Exeter & District Women's Welfare Association.

Year ended 31st March, 1951

GENERAL FUND

RECEIPTS	£	s	d.	PAYMENTS	£	s	d.
To Bank Balance as at 31st March, 1950	78	11	2	By Medical Supplies at Cost
Cash & Cheques in hand as at 31/3/50	164	10	1	Rent	876 7 10½
Petty Cash in hand as at 31/3/50	6	4	4	Salaries paid on behalf Exeter and Mid-Devon H.M.C. (Contra)	5 10 0
Capital on Loan to Headquarters (repayable on demand) Contra	Honoraria, Assistant Medical Staff	7 17 6	...	44 4 0
Grant from Devon County Council	250	0	0	Nursing Staff	32 4 0
Grant from Exeter City Council	120	0	0	Clerical Staff	113 18 1
The Elmgrant Trust	20	0	0	Mrs. Harvey	30 0 0
Refund from Exeter and Mid-Devon H.M.C. (Contra)	£0	0	0	Capitation and Affiliation Fees	183 19 7
Patients' Fees	44	4	0	Postages and Telephone	56 4 0
Donations	93	5	0	Stationery and Printing	52 16 6
Sale of Medical Supplies	5	9	1	Cheque Books	109 8 1
Rachael Allen Fund	941	2	7	Fire Insurance	1 9 0
	7	18	6	Laundry	1 2 6
				Sundries	2 19 7
				Honorary Secretary's Petty Cash	1 2 10
				Capital on Loan to Headquarters (repayable on demand) Contra	15 3 0
				Bank Balance as at 31st Mar., 1951:	176 17 3	...	250 0 0
				Due in Adjustment
				Since Paid	3 0 0
				Cash in hand	179 17 3
							1 0 6½
	£1781	4	9				£1781 4 9

THE RACHAEL ALLEN MEMORIAL FUND

RECEIPTS	£	s	d.	PAYMENTS	£	s	d.
To Bank Balance 31st March, 1950	37	3	9	By Relief to 22 Patients	7 18 6
Loan to Headquarters (repayable on demand) Contra	Loan to Headquarters (repayable on demand) Contra	150 0 0
	150	0	0	Bank Balance 31st March, 1951	29 5 3
							£187 3 9

7th June 1951.

Audited and found correct, T. B. MEREDITH, Certified Accountant.

EXETER & DISTRICT
WOMEN'S WELFARE ASSOCIATION,
AFFILIATED TO THE FAMILY PLANNING ASSOCIATION
THE EYE INFIRMARY, MAGDALEN ST., EXETER.



Twenty-Second Annual Report, 1951

President: MRS. PHILLIPS, J.P.

Vice-President: R. GLAVE SAUNDERS, ESQ., C.B.E.

Hon. Treasurer:

E. S. LENNARD, ESQ.

Hon. Secretary:

MRS. W. A. ROBB

Infertility Section:

UNDER S.W. REGIONAL HOSPITAL BOARD

Contraceptive Section:

UNDER HEALTH AUTHORITIES

Medical Officer:

MRS. MARGARET JACKSON,
M.B., B.S., D.R.C.O.G., J.P.

Medical Officer:

DR. N. PROCTOR SIMS,
M.R.C.S., L.R.C.P., M.R.C.O.G.

Nurses:

MRS. HOLMAN, S.R.N.
MRS. CLATWORTHY, C.M.B.
MRS. YOUNGMAN, C.M.B.

Nurses:

MRS. GOSS, S.R.N.
MRS. OWEN, S.R.N., S.C.M.

Biologist:

MRS. C. HARVEY, B.Sc., A.R.C.S.

OBJECT. Under the Health Authority the Clinic provides advice on contraception to married women who need to space or limit their families in order to prevent ill-health, mental or physical. The Infertility Section, as a branch of the Gynaecological Department of the Royal Devon and Exeter Hospital, provides a service for the investigation and treatment of childless marriages and minor gynaecological disorders. Both Clinics are held on the same premises in Exeter and at the Branch Clinics at Barnstaple and Totnes.

ATTENDANCES. The Exeter Clinic is open every Friday starting at 1.30 p.m. (except Good Friday, the last Friday in December and the whole month of August).

A Branch Clinic at **TOTNES** is open on the third Tuesday in January and every alternate month, at the Adult Education centre, Dartington, starting at 12.30 p.m.

A Branch Clinic at **BARNSTAPLE** is open on the first Tuesday in every month (August excepted) at the North Devon Dispensary Boutport Street. The Clinic starts at 11 a.m. for Birth Control cases and at 12 noon for cases of infertility. During the year this Clinic has been somewhat disorganised owing to difficulties over accommodation. We are glad to report that we have now returned to our former premises, and we should like to thank the N.Devon Hospital Committee and in particular Mr. Enfield and his Staff, for their help in re-housing the Clinic and attending so patiently to our needs.

During the year work has progressed steadily. We gave advice on contraception to 775 new patients of whom 64% were advised to come by their own doctor; 21% were seen for the D.D.C. and 5% were seen for E.C.C. More than half of the cases seen for the Health Authorities came

with letters from their doctor as well. The remaining 10% heard of the Clinic from other sources (e.g., Marriage Guidance Council, other Clinics, Welfare and other Journals, old patients and relatives). We also dealt with over 3,500 return visits and applications by post.

Among the new patients were a number who came for pre-marital advice either because of ill health (e.g., active Phthisis) or acute housing difficulties (e.g., living in one room with in-laws). We are glad to give them help and information but always stress the advisability of starting a family as soon as their health or circumstances permit.

Many patients keep in close touch with us; others we try to "follow up" and we are greatly indebted to the Health Visitors for their help in this. We appreciate the co-operation and financial support we receive from County and City Authorities, and we should particularly like to thank the D.D.C for continuing to allow us the services of Dr. Nora Proctor Sims, whose work for the Clinic is quite invaluable and is appreciated by all.

The high cost of supplies has caused us some anxiety during the year, and we have reluctantly had to increase prices to our patients. We applied unsuccessfully to the Devon County Council for an increase in their annual grant which does not now cover the cost of supplies needed for their patients. In consequence we are compelled to ask all patients to pay something towards the cost of their supplies. It is still too early for us to judge what effect this increase in charges will have on the failure rate.

Under the South-West Regional Board, Dr. Margaret Jackson, as Assistant to the Department of Gynaecology and Obstetrics at the Royal Devon and Exeter Hospital, has seen 225 new patients. Of these 151 have come for advice on sterility and 74 for treatment of minor gynaecological conditions. An analysis of the results of the last 5 years work with sub-fertile couples has shown that nearly 40% are ultimately successful.

During the past year we have been successful in instituting a session for husbands thanks to the co-operation of K. P. S. Caldwell, Esq., F.R.C.S., who attends each Friday evening between 6 and 7 o'clock and who does further investigations at the Hospital when necessary.

Mrs Clare Harvey still gives most valuable assistance at the Clinic sessions doing the microscope work etc. Her research grant from the S. W. Regional Hospital Board has been renewed for another year. The burden of the routine work in seminology has been considerably lightened by the services of the technician provided by the Regional Hospital Board. Dr. J. Whittington has also given valuable help with the microscopical work at the Branch Clinics, for which we are most grateful.

We should like to thank the Matron and Staff of the Eye Infirmary as well as Mr. Sullivan, Chief Administrative Officer of the Royal Devon and Exeter Hospital, for their co-operation and help at all times. We thank also the Staffs of the Pathological and X-Ray Departments of the Royal Devon and Exeter Hospital and of the County Laboratory for their help and courtesy.

Finally our thanks are due to our subscribers for their continued support, and to our Honorary Officers and the Nursing and Clerical Staffs. We also thank Miss Kirby, M. B. E. of Seaton for preparing Balance Sheet and T. B. Meredith Esq. for his services as Hon. Auditor.

The Exeter and Women's Welfare Association.

Year ended 31st March, 1952

GENERAL FUND

Receipts	£	s.	d.	Payments	£	s.	d.
To Bank Balance at 1st April, 1951	179	17	3	By Medical Supplies at Cost	1126	7	11
Cash in hand at 1st April, 1951	1	0	6½	Rent	3	4	0
Capital on Loan to Headquarters (repayable on demand) Contra	250	0	0	Honoraria, Nursing Staff	63	17	6
Grant from Devon County Council	120	0	0	Clerical Staff	160	3	6
do. Cornwall County Council	5	0	0	Scientific Investigation	5	5	0
do. Exeter City Council	20	15	0				
The Elmgiant Trust	50	0	0	Capitation and Affiliation Fees	229	6	0
Patients' Fees	109	2	0	Postages and Telephone	49	6	0
Donations and Subscriptions	10	17	0	Stationery and Printing	63	18	10
Sale of Medical Supplies	1190	3	11	Bank Charges and Cheque Books	54	4	6
Rachel Allen Memorial Fund	5	5	0	Insurance	2	2	6
				Laundry	5	7	6
				Sundries	4	3	8
				Honorary Secretary's Petty Cash	12	9	2½
				Capital on Loan to Headquarters	16	4	1½
				(repayable on demand) Contra	250	0	0
				Bank Balance at 31st March, 1952	36	16	7
				Cash and Cheques in hand	82	9	4
				Petty Cash in hand	6	0	6½
					88	9	10½
					£1942	0	8½

THE RACHAEL ALLEN MEMORIAL FUND

Receipts	£	s.	d.	Payments	£	s.	d.
To Bank Balance at 1st April, 1951	29	5	3	By Relief to 16 Patients	5	5	0
Loan to Headquarters (repayable on demand)	150	0	0	Loan to Headquarters (repayable on demand)	1:0	0	0
Contra				Contra	24	0	3
				Bank Balance at 31st March 1952	179	5	3
					£179	5	3

July 18th, 1952.

Audited and found correct, (Signed) T. B. MEREDITH, Certified Accountant.

EXETER & DISTRICT

WOMEN'S WELFARE ASSOCIATION,

AFFILIATED TO THE FAMILY PLANNING ASSOCIATION

THE EYE INFIRMARY, MAGDALEN ST., EXETER.

Twenty-Third Annual Report, 1952

President: MRS. PHILLIPS, J.P.

Vice-President:

R. GLAVE SAUNDERS, ESQ., C.B.E.

Hon. Treasurer:

E. S. LENNARD, ESQ.

Infertility Section:

UNDER S.W. REGIONAL HOSPITAL BOARD

Medical Officer:

MRS. MARGARET JACKSON,
M.B., B.S., D.R.C.O.G., J.P.

Nurses:

MRS. HOLMAN, S.R.N.
MRS. CLATWORTHY, C.M.B.
MRS. YOUNGMAN, S.R.N.

Biologist:

MRS. C. HARVEY, B.Sc., A.R.C.S.

Hon. Secretary:

MRS. W. A. ROBB

Contraceptive Section:

UNDER HEALTH AUTHORITIES

Medical Officer:

DR. N. PROCTOR SIMS,
M.R.C.S., L.R.C.P., M.R.C.O.G.

Nurses:

MRS. WILCOCK, S.R.N., S.R.C.N.
MRS. OWEN, S.R.N., S.C.M.

OBJECT. Under the Health Authority the Clinic provides advice on contraception to married woman who need to space or limit their families in order to prevent ill-health, mental or physical. The Infertility Section, as a branch of the Gynaecological Department of the Royal Devon and Exeter Hospital, provides a service for the investigation and Treatment of childless marriages and minor gynaecological disorders. Both Clinics are held on the same premises in Exeter and at the Branch Clinics at Barnstaple and Totnes.

ATTENDANCES The Exeter Clinic is open every Friday starting at 1.30 p.m. (except Good Friday, the last Friday in December and the whole month of August).

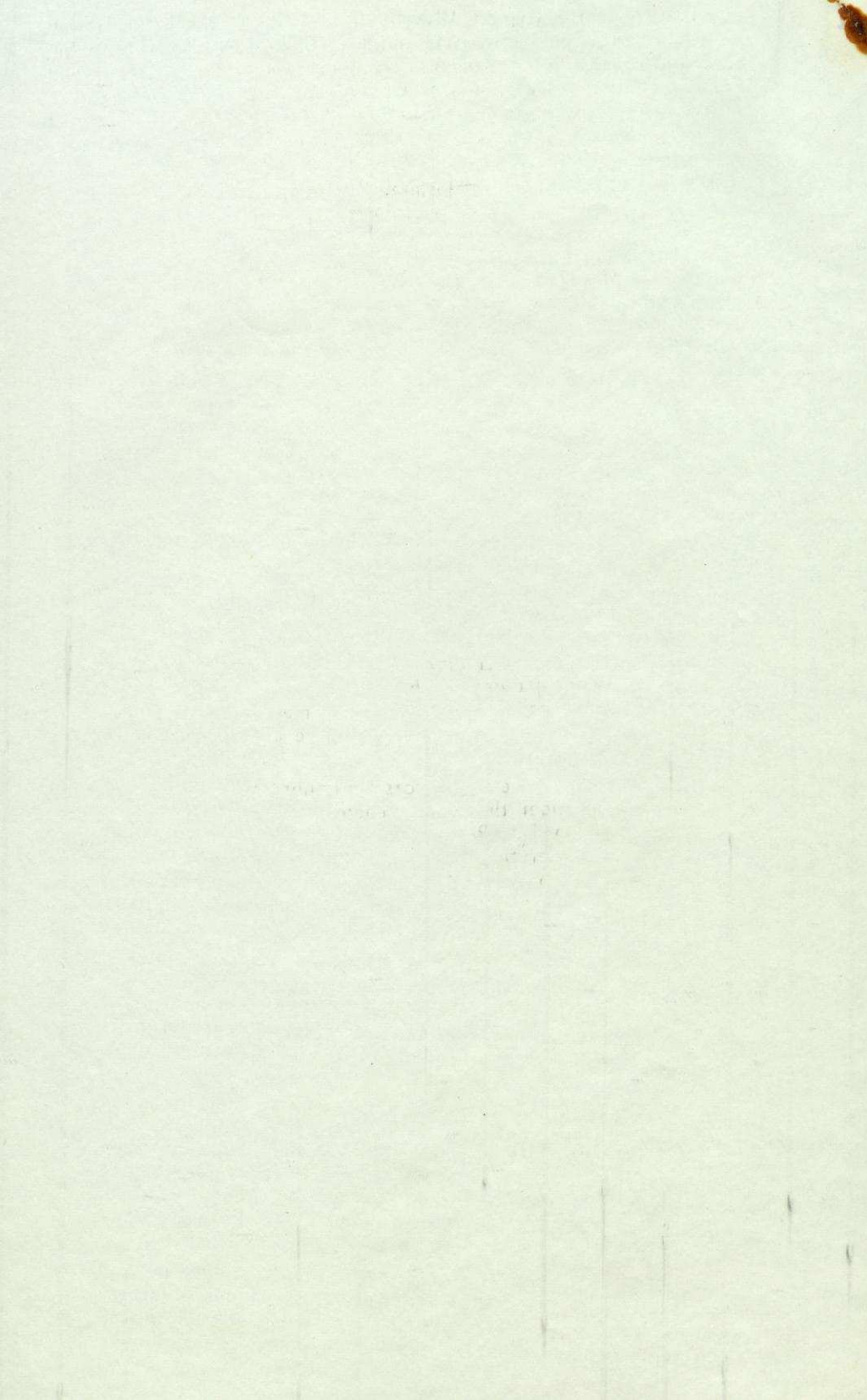
A Branch Clinic at **TOTNES** is open on the third Tuesday in January and every alternate month at the Adult Education centre, Dartington, starting at 12.30 p.m.

A Branch Clinic at **BARNSTAPLE** is open on the first Tuesday in every month (August excepted) at the North Devon Dispensary, Boutport Street. The Clinic starts at 11 a.m. for Birth Control cases and at 12 noon for cases of infertility.

We have to report with the deepest regret the death of our Vice-President, R. Glave Saunders, Esq., C.B.E. He was a firm supporter of the Association from its earliest days and was always interested in its work. We owe a great deal to his sound judgment and encouragement and shall miss him greatly.

This has again been a busy year and 850 new patients came for advice on contraception, the great majority on the recommendation of their own doctors or of the Health Visitors. The remainder came through the Marriage Guidance Council, other Clinics and Welfare Centres and Womens' Journals. Of the new patients 149 were seen for the D.C.C. and 10 for the E.C.C. We also dealt with over 3,600 return visits and applications by post.

The clerical work involved in following up our patients is very heavy and we are most grateful to those members of the voluntary staff who undertake this, and also to those who are responsible for the weekly posting of supplies. These services are invaluable in maintaining



the efficiency of the Clinic. We should also like to thank the Health Visitors for their help in visiting and reporting on patients with whom we should otherwise lose touch. We appreciate the co-operation and financial support we receive from County and City Authorities and in particular are most grateful to the D.C.C. for continuing to allow us the services of Dr. Proctor Sims. We value her work most highly and, no less than the patients, appreciate her skill and kindness.

Under the South West Regional Hospital Board, Dr. Margaret Jackson as Assistant to the Dept. of Gynaecology and Obstetrics at the Royal Devon and Exeter Hospital, has seen 213 new patients. Of these 150 have come for advice on sterility and 63 for treatment of minor gynaecological conditions. Unfortunately it has not been possible to continue the regular session for husbands, but Mr. P. K. S. Caldwell still sees suitable cases by appointment at his ordinary out-patients session. We have also received valuable assistance from Dr. R. Hadden in the treatment of both partners to sub-fertile marriages.

Mrs. Clare Harvey continues to give most valuable help both at the Clinic Sessions and in the laboratory, but is now relieved of much of the routine work in seminology by the technician provided by the Regional Hospital Board. During the year Mrs. Harvey read a paper on 'The Assessment of Male Fertility' to the Association of Clinical Pathologists, who held their 1953 meeting at the University College of the South West. She has also lectured to young women under the auspices of the Marriage Guidance Council.

In November, Dr. Margaret Jackson accepted an invitation from the Eugenics Society to attend the Third International Conference on Planned Parenthood held in Bombay. She contributed a paper to the section on Problems of Infertility and also gave demonstrations and lectures on the technique used in the investigation of cases of sub-fertile marriage. Exeter is fortunate in having as its medical officer one whose work in her own department is so progressive and whose reputation in this field is international.

During the year several doctors and nurses have successfully completed training under the F.P.A. Scheme at the clinic in Exeter. We are grateful to Dr. Proctor Sims and the nurses concerned for their willing co-operation and for undertaking the extra work involved. We have been very sorry to lose the services through illness of Mrs. Goss, S.R.N., one of the Clinic nurses. She has our best wishes for her recovery. Her place has been taken by Mrs. G. Wilcock.

In March the S.W. Federation of F.P.A. Clinics came once more into being after a lapse of over 12 years. We feel that the clinics of the S.W. will benefit by this opportunity of meeting and exchanging views. We have pleasure in reporting that Mrs. Joan Lennard, J.P., a member of our staff, has been appointed Chairman. Mrs. Lennard is also on the panel of Speakers for the F.P.A. and on the Organisations Sub-Committee of F.P.A. Headquarters.

We should like to thank the Matron and Staff of the Eye Infirmary for their co-operation and help at all times and should like to wish Matron every happiness in her retirement. Her personality and interest in the patients' welfare are missed by all. Our thanks are due also to Mr. Sullivan, Chief Administrative Officer of the Royal Devon and Exeter Hospital and to the Staffs of the Departments of Pathology and Radiology and to the County Laboratory for their help and courtesy.

Finally we wish to thank our subscribers for their continued support, our Honorary Officers and the Nursing and Clerical Staffs, also Miss K. Kirby, M.B.E. of Taunton for preparing the Balance Sheet and Mr. T. B. Meredith for his services as Hon. Auditor.

The Exeter and District Women's Welfare Association.

Year ended 31st March, 1953

GENERAL FUND

Receipts	£.	s.	d.	Payments	£.	s.	d.
To Bank Balance at 1st April 1952	...	36	16	7	...	1186	1
Cash & Cheques in Hand	82	9	4	Rent	...	5	12
Petty Cash	6	0	6½	Honoraria—Nursing Staff	77	12	6
				Clerical do.	217	13	0
Capital on Loan to Headquarters				Scientific	2	2	0
(repayable on demand) Contra	250	0	0	Investigation			
Grant from Devon County Council	120	0	0	Capitation and Affiliation Fees	297	7	6
do. Exeter City Council	17	10	0	Postage and Telephone	53	15	0
The Elmgiant Trust	50	0	0	Stationery and Printing	79	16	8½
Patient's Fees	116	5	10	Bank Charges and Cheque Books	59	6	10
Donations and Subscriptions	8	11	6	Insurance	4	9	0
Sale of Medical Supplies	142	1	6	Laundry	5	7	6
Rachael Allen Memorial Fund	...	4	3	Sundries	4	3	9
				Honorary Secretary's Petty Cash	27	17	4
				Capital on Loan to Headquarters	3	3	2
				(repayable on demand) Contra			
				Bank Balance at 31st March 1953	250	0	0
				Cash in Hand	110	6	7
				Petty Cash do.	18	5	5
					7	11	7
					25	17	0
					2113	3	6½

THE RACHAEL ALLEN MEMORIAL FUND

Receipts				Payments				
	£.	s.	d.		£.	s.	d.	
To Bank Balance at 1st April 1952	...	24	0	3	Relief to 12 patients	...	4	3
Loan to Headquarters	...	150	0	0	Loan to Headquarters	9
(repayable on demand) Contra	(repayable on demand) Contra	...	150	0
					Bank Balance at 31st March 1953	...	19	16
							...	6
							174	0
							3	

I have examined and checked the books and I certify that the above Accounts are correctly prepared in accordance with the records thereof.
3rd June 1953,
T. B. MEREDITH, Certified Accountant.

EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION,

AFFILIATED TO THE FAMILY PLANNING ASSOCIATION

THE EYE INFIRMARY, MAGDALEN ST., EXETER

Twenty-Fourth Annual Report, 1953-4

President: ALDERMAN MRS. J.M. PHILLIPS, J.P.

Vice-Presidents: MRS. H. M. LOCK,
CAPT. F. G. GLOSSOP R.N. (RETD.) D.L., J.P.

Hon. Treasurer:
E. S. LENNARD, ESQ.

Hon. Secretary:
MRS. W. A. ROBB

Infertility Section:

UNDER S.W. REGIONAL HOSPITAL BOARD

Medical Officer:

MRS. MARGARET JACKSON,
M.B., B.S., D.R.C.O.G., J.P.

Nurses:

MRS. HOLMAN, S.R.N.
MRS. YOUNGMAN, S.R.N.

Biologist:

MRS. C. HARVEY, B.Sc., A.R.C.S.

Contraceptive Section:

UNDER HEALTH AUTHORITIES

Medical Officers:

DR. N. PROCTOR SIMS, M.R.C.S., L.R.C.P., M.R.C.O.G.
DR. D. M. GREEN, M.B., B.S., D.P.H.

Nurses:

MRS. CLATWORTHY, C.M.B.
MRS. ROUNSFELL, S.R.N.,
MRS. OWEN, S.R.N., S.C.M.

OBJECT. Under the Health Authority the Clinic provides advice on contraception to married women who need to space or limit their families in order to prevent ill-health, mental or physical. The Infertility Section, a branch of the Gynaecological Department of the Royal Devon and Exeter Hospital, provides a service for the investigation and treatment of childless marriages and minor gynaecological disorders. At Exeter both Clinics are held on the same premises and also at the Branch Clinics at Barnstaple and Totnes.

ATTENDANCES. The Exeter Clinic is open every Friday starting at 1.30 p.m. (except Good Friday, the last Friday in December and the whole month of August.)

A Branch Clinic at TOTNES is open on the third Tuesday in every month (August excepted) at the Adult Education Centre, Dartington, starting at 12.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted) at the North Devon Dispensary, Boutport St. The Clinic starts at 11 a.m. for Birth Control cases and at 12 noon for cases of infertility.

ANNUAL REPORT, 1953-54.

We have to report another busy year with a total of 1,033 new patients; of these 813 came for advice on birth control and the remaining 220 were referred to the clinic because of infertility, coital difficulties or various minor gynaecological disorders. Of the 813 needing contraceptive advice 104 were seen for the D.C.C. and 8 for the E.C.C. and other Health Authorities. As the ever increasing numbers of patients dealt with and therefore the numbers needing fresh supplies (which have risen considerably in price) have not been balanced by any increase in the D.C.C. block grant or in the per capita payments made by other Health Authorities, it is no longer possible to provide from these sources supplies entirely free of cost. We do however, out of our own funds, including the Rachael Allen Memorial Fund, send free supplies at regular intervals to a small and carefully selected group of 'problem patients' who we have found from experience, cannot be relied on to order or pay anything for supplies when these are needed. The money from the Health Authorities enables us to provide supplies at half price, or less, to the new patients who come with a firm medical, eugenic or sociological reason for needing B.C. advice, and to renew the supplies, also at reduced prices, of those old D.C.C. and E.C.C. patients seen during the past 20 years who are still current cases. The total volume of revisits and applications for fresh supplies is very considerable and our Medical Officers, Nursing and Secretarial Staff between them have dealt with more than 4,000 of these during the year at the Exeter Clinic and its branches in Barnstaple and Totnes.

We are indebted to the D.C.C. for the loan of two of their A.M.Os. whose services we greatly appreciate; Dr. Proctor Sims continues to help us at the Barnstaple Clinic while Dr. Green now takes the Exeter session. We are also fortunate in having secured the services of Dr. Gwen Higgins who gives valuable and much needed assistance at Exeter and who will make it possible for us to increase the sessions of the Totnes Branch to one every month instead of every other month as in the past. As this clinic serves a wide area the addition will, we hope, be welcome. The continued co-operation of the Health Visitors in following up patients in their own homes is of great value and without this help we should lose touch with even more of those difficult and often elusive patients whose ill health and constant stress make them bad obstetric risks and sometimes unsatisfactory mothers.

The first Annual General Meeting of the South-West Federation of F.P.A. was held at Exeter under the Chairmanship of Mrs. Joan Lennard, J.P., a member of our Exeter staff. There was a helpful exchange of views both informally at lunch and in the discussion which followed the reports from the clinics. The highlight of the meeting however was the address given by Dr. Margaret Jackson on 'Subfertility.' This aroused the greatest interest and was appreciated both for its subject matter and for the stimulating way in which it was presented. To illustrate and emphasize Dr. Jackson's statements, Mrs. Clare Harvey had prepared an admirable exhibition of slides and drawings in the

Hatherly Laboratories. At the meeting Mrs. Lennard was re-elected as Chairman of the S.W. Federation and also Federation Representative on the Executive Committee. She is again serving on the Organising Sub-Committee. This link with H.Q. is very valuable and we are greatly indebted to Mrs. Lennard for giving up so much of her time to attend meetings in London.

Three new clinics have recently been opened in the South-West at

Mrs. M. BROCKWAY.

We have to report with great regret the death on July 21st, 1954 of Mrs. M. Brockway, who had been connected with the Clinic almost from its beginning. As Clinic Nurse she was known to hundreds of patients who remember with gratitude her skill and kindness. For the last few years she helped on the clerical side and also made a practical contribution to the well being of the Staff by preparing sandwiches each week for tea, even during the difficult war years. In spite of failing health she was working up to a week or two of her death. We miss her greatly and shall always remember her with affection and gratitude for her devoted service to the Clinic.

certain of the husbands of the patients attending because of infertility, which he now does at a special evening session on the first Tuesday of the month in the Out-Patients Department of the Royal Devon and Exeter Hospital.

We should like to thank the Staff of the Eye Infirmary for their co-operation and help, also Mr. Sullivan, Chief Administration Officer of the Royal Devon and Exeter Hospital, and we are most grateful to the Staffs of the Departments of Pathology and Radiology and to the County Laboratory for their help and courtesy.

Finally we would thank our subscribers for their continued support, our Honorary Officers and the Nursing and Clerical Staffs; also Miss K. Kirby, M.B.E. of Taunton for preparing the Balance Sheet and Mr. T. B. Meredith, for his services as Hon. Auditor.

ANNUAL REPORT, 1953-54.

We have to report another busy year with a total of 1,033 new cases for advice on birth control and the remaining

pa
22
va
ad
H
w
co
D
A
er
th
to
ha
fo
A
ne
fo
of
w
fo
an
th
an

We are indebted to the D.C.C. for the loan of two of their A.M.C.S. whose services we greatly appreciate; Dr. Proctor Sims continues to help us at the Barnstaple Clinic while Dr. Green now takes the Exeter session. We are also fortunate in having secured the services of Dr. Gwen Higgins who gives valuable and much needed assistance at Exeter and who will make it possible for us to increase the sessions of the Totnes Branch to one every month instead of every other month as in the past. As this clinic serves a wide area the addition will, we hope, be welcome. The continued co-operation of the Health Visitors in following up patients in their own homes is of great value and without this help we should lose touch with even more of those difficult and often elusive patients whose ill health and constant stress make them bad obstetric risks and sometimes unsatisfactory mothers.

The first Annual General Meeting of the South-West Federation of F.P.A.' was held at Exeter under the Chairmanship of Mrs. Joan Lennard, J.P., a member of our Exeter staff. There was a helpful exchange of views both informally at lunch and in the discussion which followed the reports from the clinics. The highlight of the meeting however was the address given by Dr. Margaret Jackson on 'Subfertility.' This aroused the greatest interest and was appreciated both for its subject matter and for the stimulating way in which it was presented. To illustrate and emphasize Dr. Jackson's statements, Mrs. Clare Harvey had prepared an admirable exhibition of slides and drawings in the

Hatherly Laboratories. At the meeting Mrs. Lennard was re-elected as Chairman of the S.W. Federation and also Federation Representative on the Executive Committee. She is again serving on the Organising Sub-Committee. This link with H.Q. is very valuable and we are greatly indebted to Mrs. Lennard for giving up so much of her time to attend meetings in London.

Three new clinics have recently been opened in the South-West at St. Austell, Bridgwater and Dorchester and are giving good service and added publicity to the work of the F.P.A.

During the year Mrs. Wilcock has left the Staff for family reasons and we miss her very much, but we are glad to welcome Mrs. Rounsfell, S.R.N., to take her place. Our senior Nurses, Mrs. Clatworthy, Mrs. Holman, Mrs. Owen and Mrs. Youngman, are still with us and we owe much to their patience and teaching ability and to their sympathetic approach to the patients.

Mrs. Harvey's special investigations have been of great value to the Department and she has been capably assisted in her work by Mrs. Olwyn Ford.

Dr. Jackson attended the First International Congress on Sterility in New York in May, 1953, and gave two short papers. It may be of interest to note that, during the year under review, the following routine examinations were carried out in the investigation of infertile couples :— Testicular Biopsis, 15 ; Postcoital Tests, 400 ; Tubal Insufflations, 213 ; Endometrial Biopsis, 240 ; Hysterosalpingograms, 50 ; Seminal Analyses, 350.

Our thanks are due to Mr. Caldwell for his continued help in seeing certain of the husbands of the patients attending because of infertility, which he now does at a special evening session on the first Tuesday of the month in the Out-Patients Department of the Royal Devon and Exeter Hospital.

We should like to thank the Staff of the Eye Infirmary for their co-operation and help, also Mr. Sullivan, Chief Administration Officer of the Royal Devon and Exeter Hospital, and we are most grateful to the Staffs of the Departments of Pathology and Radiology and to the County Laboratory for their help and courtesy.

Finally we would thank our subscribers for their continued support, our Honorary Officers and the Nursing and Clerical Staffs ; also Miss K. Kirby, M.B.E. of Taunton for preparing the Balance Sheet and Mr. T. B. Meredith, for his services as Hon. Auditor.

The Exeter and District Women's Welfare Association.

Year Ended 31st March, 1954

GENERAL FUND.

RECEIPTS			PAYMENTS		
£	s.	d.	£	s.	d.
To Bank Balance at 1st April, 1953	110	6	7	By Medical Supplies at Cost	...
Cash in hand	18	5	5	Rent	...
Petty Cash	7	11	7	Honoraria—Medical Staff	...
				Nursing do.	16 15 0
Capital on Loan to Headquarters (repayable on demand) Contra	25	17	0	Clerical do.	76 10 0
Grant from Devon County Council	250	0	0		192 11 0
do. Exeter City Council	120	0	0	Capitation and Affiliation Fees	285 16 0
do. Somerset County Council	16	0	0	Postage and Telephone	80 13 10
The Elmgiant Trust	1	0	6	Stationery and Printing	89 8 4
Patients' Fees	50	0	0	Bank Charges and Cheque Books	65 16 4
Donations and Subscriptions	122	15	0	Insurance	4 0 0
Sale of Medical Supplies	13	4	0	Laundry	2 15 0
Rachael Allen Memorial Fund	1589	11	0	Sundries	3 8 10
	2	9	0	Honorary Secretary's Petty Cash	31 13 8
				Capital on Loan to Headquarters (repayable on demand) Contra	13 14 4
				On Deposit—Devon & Exeter Savings Bank	250 0 0
				Bank Balance on 31st March, 1954	200 0 0
				Cash in Hand	81 11 1
				Petty Cash	77 0 11
					3 18 3
					80 19 2
					£2301 3 1

RACHAEL ALLEN MEMORIAL FUND.

RECEIPTS			PAYMENTS		
£	s.	d.	£	s.	d.
To Bank Balance at 1st April, 1953	19	16	6	By Relief to 13 Patients	...
Loan to Headquarters (repayable on demand) Contra	150	0	0	Loan to Headquarters (repayable on demand) Contra	...
				Bank Balance at 31st March, 1954	150 0 0
					17 7 6
					£169 16 6

I have examined and checked the books and I certify that the above Accounts are correctly prepared in accordance with the records thereof.

3rd July, 1954.

(Signed) T. B. MEREDITH, Certified Accountant

EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION,

AFFILIATED TO THE FAMILY PLANNING ASSOCIATION

THE EYE INFIRMARY, MAGDALEN ST. EXETER

Twenty-Fifth Annual Report, 1954-55

President: ALDERMAN MRS. J.M. PHILLIPS, J.P.

Vice-Presidents: MRS. H. M. LOCK,
CAPT. F. G. GLOSSOP R.N. (RETD.) D.L., J.P.

Hon. Treasurer:
E. S. LENNARD, ESQ.

Hon Secretary:
MRS W. A. ROBB

Infertility Section:
UNDER S.W. REGIONAL HOSPITAL BOARD

Contraceptive Section:
UNDER HEALTH AUTHORITIES

Medical Officer:
MRS. MARGARET JACKSON.
M.B., B.S., D.R.C.O.G. J.P.

Medical Officers:
DR. N. PROCTOR SIMS, M.R.C.S., L.R.C.P., M.R.C.O.G.
DR. D. M. GREEN, M.B., B.S., D.P.H.

Nurses:
MRS. HOLMAN, S.R.N.
MRS. YOUNGMAN, S.R.N.

Nurses:
MRS. CLATWORTHY, C.M.B.
MRS. ROUNSFELL, S.R.N.,
MRS. OWEN, S.R.N., S.C.M.
MRS. MORGAN, S.R.N.

Biologist:
MRS. C. HARVEY, B.Sc., A.R.C.S.

OBJECT. Under the Health Authority the Clinic provides advice on contraception to married women who need to space or limit their families in order to prevent ill-health, mental or physical. The Infertility Section, a branch of the Gynaecological Department of the Royal Devon and Exeter Hospital, provides a service for the investigation and treatment of childless marriages and minor gynaecological disorders. At Exeter both Clinics are held on the same premises and also at the Branch Clinics at Barnstaple and Totnes.

ATTENDANCES. The Exeter Clinic is open every Friday starting at 1.30 p.m. (except Good Friday, the last Friday in December and the whole month of August).

A Branch Clinic at TOTNES is open on the third Tuesday in every month (August excepted) at the Adult Education Centre, Dartington, starting at 12.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted) at the North Devon Dispensary, Boutport Street. The Clinic starts at 11 a.m. for Birth Control cases and at 12 noon for cases of Infertility.

ANNUAL REPORT, 1954-55.

We have to report a busy though uneventful year. The total number of new patients seen at the Clinics was 1,083; of these 857 were attending for contraceptive advice and 226 came with problems connected with infertility or minor gynaecological conditions. 156 new patients were seen by request of the D.C.C. and 8 for the E.C.C. and other Health Authorities.

Every week our staff deals with a heavy demand for supplies by post, many to patients living abroad who are unable to obtain them locally. Much clerical work is also needed in 'following up' patients and reminding them when their revisits are due. The Health Departments are very helpful in arranging for certain cases to be visited and we value their close co-operation. We are also most grateful to the D.C.C. for lending us two of their Medical Officers; Dr. Proctor Sims continues to help us in Barnstaple and Dr. Green in Exeter. The services, too, of Dr. Higgins both in Exeter and Totnes are much appreciated.

The growing interest in the problem of infertility is shown not only by the increased number of patients attending for investigations but also by the visitors, often from abroad, who come to observe Dr. Jackson's methods. We are proud of the distinguished work being done by our Medical Officer in this field and are pleased to report that in October she will be representing the F.P.A. at the Conference in Tokyo of the International Planned Parenthood Federation. She has our best wishes for this interesting and momentous visit. Mrs. Clare Harvey, assisted by Mrs. Olwyn Ford, continues her valuable work in this Department, and in June Mrs. Harvey read a paper at the Birmingham Meeting of the Society for the study of sterility on some of the results of her study of testicular biopses. Our best thanks are due to Mr. Caldwell for his continued help in investigating selected cases of husbands of patients attending because of infertility. These are seen on the 1st Tuesday of the month at a special evening session in the O.P. Dept. of the Royal Devon and Exeter Hospital.

The Federation of Clinics of the South-West, under the Chairmanship of Mrs. Lennard, J.P., continues to do useful work, and is most helpful, especially to the newer Clinics. The October meeting was held in Exeter and we sent representatives to the Annual General Meeting at Plymouth where Mrs. Pyke was the speaker. Mrs. Lennard was re-elected as the representative of the S.W. on the Executive and Sub-organisation Committees. We are fortunate in having our interests so ably presented at H.Q. and are grateful to her for giving up so much time to this work. We are glad to report the setting up during the year of a new Clinic in Paignton. This should help many who find it difficult to travel to Exeter.

In addition to routine work, the Clinic accepts for training Doctors and Nurses who wish to obtain the Certificate of the F.P.A. Thanks are due to the Medical and Nursing Staffs who undertake this extra but most important work.

Once again we record our thanks to the Staff of the Eye Infirmary for their co-operation and help and to Mr. Sullivan, Chief Administration Officer of the Royal Devon and Exeter Hospital. We are most grateful also to the Staffs of the Departments of Pathology and Radiology for their courtesy and help. Finally we thank our subscribers, our Honorary Officers and the Nursing and Clerical Staffs, also Miss K. Kirby, M.B.E. for preparing the Balance Sheet and Mr. T. B. Meredith for his services as Hon. Auditor.

GENERAL FUND.

RECEIPTS.		£	s	d.	PAYMENTS.		£	s	d.
To Bank Balance at 1st April, 1955	...	77	0	11	By Medical Supplies	...	1,238	17	2
Cash in hand	...	3	18	3	Rent	...	7	4	0
Petty Cash in hand	...				Honoraria—Medical Staff	...	105	8	0
Capital on Loan to Headquarters	...				Nursing do.	...	111	14	9
(repayable on demand) Contra	...				Clerical do.	...	210	18	0
Grant from Devon County Council	...	250	0	0	Capitation and Affiliation Fees	...	428	0	9
do. Exeter City Council	...	120	0	0	Postages and Telephones	...	75	2	0
do. Cornwall County Council	...	14	15	0	Stationery and Printing	...	94	6	2
The Elmgrant Trust	...	5	0	0	Bank Charges and Cheque Books	...	54	18	3
Patients' Fees	...	50	0	0	Insurance	...	6	4	0
Donations and Subscriptions	...	132	0	0	Laundry	...	2	4	9
Sale of Medical Supplies	...	9	9	7	Sundries	...	4	13	6
Rachael Allen Memorial Fund	...	1,668	16	10	Honorary Secretary's Petty Cash	...	71	14	9½
Devon & Exeter Savings Bank at	...	3	8	3	Capital on Loan to Headquarters	...	7	0	7
1st April, 1954	200	0	0		(repayable on demand) Contra	...	250	0	0
Add Interest	...	4	9	7	Devon & Exeter Savings Bank	...	204	9	7
Balance due to Rachael Allen Fund	...	204	9	7	Deposited during year	...	100	0	0
Bank Overdraft (Current a/c.)	...	13	19	3	Cash in hand	...	94	3	5
31st March, 1955	...	13	15	6	Petty Cash in hand	...	9	3	3½
							103	6	8½
							£2,648	4	3

RACHAEL ALLEN MEMORIAL FUND.

RECEIPTS.		PAYMENTS.	
	£ s. d.		£ s. d.
To Balance at 1st April, 1954	17 7 6	By Relief to 12 Patients	...
Capital on Loan to Headquarters	...	Capital on Loan to Headquarters	...
(repayable on demand) Contra	150 0 0	(repayable on demand) Contra	150 0 0
		Balance Loaned to General Account	13 19 3
			...
			£167 7 6

I have examined and checked the books and I certify that the above Accounts are correctly prepared in accordance with the records thereof.
14th June, 1955.

(Signed) T. B. MEREDITH, Certified Accountant.

808

16-14-11

28-0-0 61

2-5 1-1-0

1-0-0 10

4-0

2-5-9

8-0

2-8-2

4-3

2-~~0~~-~~0~~-17-4

4-0

~~4-3~~

3-9

16-14-11

3-0

16 17-4

1-9

16 9-2

8-22-5-9

Mr. W. Hodge.

8-9

5-6

4-0

4-0

3-6

3-6

2-0

1-11-3

3-0-0

1-10-0

6-1-6

4-16-9

1-4-9

4 16-9

6 -1-6

2-11-6

EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION,

AFFILIATED TO THE FAMILY PLANNING ASSOCIATION

THE EYE INFIRMARY, MAGDALEN ST., EXETER

Twenty-Sixth Annual Report, 1955-56

President: ALDERMAN MRS. J. M. PHILLIPS, J.P.

Vice-Presidents: MRS. H. M. LOCK.
CAPT. F. G. GLOSSOP R.N. (RETD.) D.L.J.P.

Chairman: MRS. E. M. TINKHAM

Hon. Treasurer:
E. S. LENNARD, ESQ.

Hon. Secretary:
MRS. W. A. ROBB

Infertility Section:

UNDER S.W. REGIONAL HOSPITAL BOARD

Contraceptive Section:

ASSISTED BY HEALTH AUTHORITIES

Medical Officer

MRS. MARGARET JACKSON.
M.B., B.S., D.R.C.O.G. J.P.

Medical Officers:

DR. N. PROCTOR SIMS, M.R.C.S., L.R.C.P., M.R.C.O.G.
DR. D. M. GREEN, M.B., B.S., D.P.H.
DR. G. M. HIGGINS, M.B., CH.B.

Nurses:

MRS. HOLMAN, S.R.N.
MRS. YOUNGMAN, S.R.N.

Nurses:

MRS. CLATWORTHY
MRS. OWEN, S.R.N., S.C.M.
MRS. MORGAN
MRS. WOOD, S.R.N., C.M.B.

Biologist:

MRS. C. HARVEY, B.Sc., A.R.C.S.

OBJECT. Under the Health Authority the Clinic provides advice on contraception to married women who need to space or limit their families in order to prevent ill-health, mental or physical. The Infertility Section, a branch of the Gynaecological Department of the Royal Devon and Exeter Hospital, provides a service for the investigation and treatment of childless marriages and minor gynaecological disorders. At Exeter both Clinics are held on the same premises and also at the Branch Clinics at Barnstaple and Totnes.

ATTENDANCES. The Exeter Clinic is open every Friday starting at 1.30 p.m. (except Good Friday, the last Friday in December and the whole month of August).

A Branch Clinic at TOTNES is open on the third Tuesday of January and every alternate month at the Adult Education Centre, Dartington, starting at 12.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted) at the North Devon Dispensary, Boutport Street. The Clinic starts at 11 a.m. for Birth Control cases and at 12 noon for cases of Infertility.

ANNUAL REPORT, 1955-56.

The past year has been, as usual, one of considerable activity. 983 new patients attended the Clinics and of these 773 came for contraceptive advice and 210 with problems connected with infertility or minor gynaecological conditions. 134 new patients were seen by request of the D.C.C. and 8 for the E.C.C. Our total attendances are fewer than for

the last two years largely owing to the new F.P.A. Clinics at Bridgwater and Paignton. We find that this distribution of the burden is in the public interest, but owing to the close proximity of Paignton to Totnes our numbers there no longer justify the extra monthly Clinic we have run for the last year.

There is little change in the types of cases, a very large proportion of which are still medical. We get the mother who is worn out by the strain and anxiety of too frequent pregnancies and to whom a rest of several years from child bearing makes all the difference in physical health and mental outlook. An increasing number of patients come who wish to space their families, housing difficulties still proving a great problem to young parents. Our records show that the majority are achieving this successfully. Engaged couples too, are coming up for advice, often on the recommendation of the Marriage Guidance Council.

The postage of supplies is a very big part of the week's work, and we are most grateful to those members of our staff who come so regularly to do this and to deal with correspondence connected with "following up" cases. In this respect the co-operation of the Health Departments through their Visitors is greatly valued. We are most grateful to the D.C.C. for lending us two of their Medical Officers—Dr. Proctor Sims in Barnstaple and Dr. D. M. Green in Exeter. Their work is much appreciated as also is that of Dr. G. M. Higgins.

Through the South-West Federation we are able to keep in close contact with all our neighbouring Clinics, and this is to our mutual advantage. We are much indebted to Mrs. Joan Lennard, J.P., for all the work she puts in as Chairman of the Federation and as our representative on the F.P.A. Headquarters Executive Committee and its Organisation Sub-Committee.

During the year we have been able to train several Doctors and Nurses who have obtained the Certificate of the F.P.A. and are now staffing other Clinics. We also have visitors from various parts of the world who attend the Infertility Sessions as observers.

The other side of the work—the investigation and treatment of sub-fertility—is yielding satisfactory results and our Medical Officer, Dr. Margaret Jackson, and our Biologist, Mrs. Clare Harvey, have published papers on certain aspects of their work. Dr. Jackson is also in great request as a lecturer on her experiences last October in Tokyo at the International Planned Parenthood Federation. It is quite amazing to hear what is being done in the Far East to cope with the problems of over-population. Dr. Jackson's work and interest in the control of fertility, both positive and negative, takes her to many parts of the world and this is a great stimulus to those of us who work under her.

Again we record our thanks to the staff of the Eye Infirmary for their co-operation and help, and to Mr. Sullivan, Chief Administration Officer of the Royal Devon and Exeter Hospital. We are most grateful also to the staffs of the Departments of Pathology and Radiology, to the Hospital Dispenser and his staff, and the Records Department for their courtesy and help. Finally, we thank our subscribers, our Honorary Officers and the Nursing and Clerical Staffs; also Miss R. Kirby, M.B.E., for preparing the Balance Sheet, and Mr. T. B. Meredith for his services as Hon. Auditor.

GENERAL FUND

RECEIPTS				PAYMENTS			
To	£	s.	d.	By	£	s.	d.
Cash in Hand at 1st April 1955	94	3	5	Bank Overdraft (Current A/c) at 1st April 1955
Petty Cash	9	3	3½	Balance due to Rachael Allen Fund
Capital on Loan to Headquarters (repayable on demand) Contra	Medical Supplies
Grant from Devon County Council	Rent
do Exeter City Council	Honoraria—Medical Staff	106	1	0
do Torquay Hospital M.O.	Nursing do	82	2	9
The Elmgiant Trust	Clerical do	234	19	9
Patients' Fees	Capitation and Affiliation Fees
Donations and Subscriptions	Postages and Telephone
Sale of Medical Supplies	Stationery and Printing	101	5	2½
The Rachael Allen Memorial Fund	Grants and Subscriptions	63	0	0
Devon & Exeter Savings Bank	Cheque Books	91	16	0
at 1st April 1955	304	9	7	Insurance	1	5	0
Add Interest	7	7	10	Laundry	2	1	9
				Sundries	7	12	6
				Hon. Secretary's Petty Cash	33	11	0
				Capital on Loan to Headquarters (repayable on demand) Contra	8	16	1
				Deposit Devon and Exeter Savings Bank	250	0	0
				Bank Balance at 31st March 1956	311	17	5
				Cash in Hand	58	19	6
				Petty Cash	nil		
					4	5	2

RACHAEL ALLEN MEMORIAL FUND

To	Balance Repaid by General Account	13	19	3	By	Relief to 6 Patients	...	1	2	6
	Capital on Loan to Headquarters (repayable on demand) Contra	150	0	0		Capital on Loan to Headquarters (repayable on demand) Contra	...	150	0	0
						Bank Balance at 31st March 1956	...	12	16	9
								£163	19	3

Examined and found correct.

T. B. MEREDITH, Certified Accountant

EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION,

AFFILIATED TO THE FAMILY PLANNING ASSOCIATION

THE EYE INFIRMARY, MAGDALEN ST., EXETER

Twenty-Seventh Annual Report, 1956-57

President: ALDERMAN MRS. J. M. PHILLIPS, J.P.

Vice-Presidents: MRS. H. M. LOCK,
CAPT. F. G. GLOSSOP R.N. (RETD.) D.L., J.P.

Chairman: MRS. E. M. TINKHAM

Vice-Chairman: MRS. J. LENNARD, J.P.

Hon. Treasurer:
E. S. LENNARD, ESQ.

Hon. Secretary:
MRS W. A. ROBB

Infertility Section:

UNDER S.W. REGIONAL HOSPITAL BOARD

Contraceptive Section:

ASSISTED BY HEALTH AUTHORITIES

Medical Officer

MRS. MARGARET JACKSON,
M.B., B.S., D.R.C.O.G. J.P.

Medical Officers:

DR. N. PROCTOR SIMS, M.R.C.S., L.R.C.P., M.R.C.O.G.
DR. D. M. GREEN, M.B., B.S., D.P.H.
DR. G. M. HIGGINS, M.B., CH.B.
DR. S. C. CANDLER, M.B., CH.B.

Nurses:

MRS. HOLMAN, S.R.N.
MRS. YOUNGMAN, S.R.N.

Nurses:

MRS. CLATWORTHY
MRS. OWEN, S.R.N., S.C.M.
MRS. WOOD, S.R.N., S.C.M.
MRS. JACKS, S.R.N.
MRS. RIDOUT

Biologist:

MRS. C. HARVEY, B.Sc., A.R.C.S.

OBJECT. Under the Health Authority the Clinic provides advice on contraception to married women who need to space or limit their families in order to prevent ill-health, mental or physical. The Infertility Section, a branch of the Gynaecological Department of the Royal Devon and Exeter Hospital, provides a service for the investigation and treatment of childless marriages and minor gynaecological disorders. At Exeter both Clinics are held on the same premises and also at the Branch Clinics at Barnstaple and Totnes.

ATTENDANCES. The Exeter Clinic is open every Friday starting at 1.30 p.m. (except Good Friday, the last Friday in December and the whole month of August).

A Branch Clinic at TOTNES is open on the third Tuesday of January and every alternate month at the Adult Education Centre, Dartington, starting at 12.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted) at the North Devon Dispensary, Boutport Street. The Clinic starts at 11 a.m. for Birth Control cases and at 12 noon for cases of Infertility.

ANNUAL REPORT, 1956-57.

We have to report another year of activity. At the Exeter Clinic and its two branches 981 new patients were registered and of these 776 came for advice on birth control, 159 for investigation of sub-fertility and 46 for minor gynaecological conditions. We saw 108 new patients for the D.C.C. and 10 for the E.C.C. 2,941 parcels of supplies were sent by post and 2,428 old patients visited the Clinics.

As always we make every effort to carry out the principles of sound family planning, and to give advice and guidance to those who most need it. There is an increase in the number of couples who come before marriage to receive advice on planning their families and other problems that may be worrying them. We can at these times emphasize the importance of using sound methods of birth control but also of not delaying too long their first pregnancy.

Although in the majority of cases the methods are used wisely and successfully in spacing the family, there are a number of failures which come to our notice and some, we know, which are not reported to us. This is a matter of concern and a survey is being carried out as to the reasons for 'unplanned pregnancies.' Especially are we anxious about those cases in which a further pregnancy involves definite danger to the health of the patient. Sometimes we feel that the persons most needing our help are those who for various reasons fail to benefit by the advice given.

The work in the subfertility clinic continues and we must acknowledge with gratitude the support given to this work by the South-West Regional Hospital Board through which salaries of medical, nursing and secretarial staff and a research grant to Mrs. Harvey are paid. We must also once more thank the Departments of Pathology and Radiology at the Royal Devon and Exeter Hospital for their long suffering and invaluable help without which the work of the clinic and the help given to the patients could not be so complete. Mrs. Harvey is at present carrying out investigations on the rheology of cervical mucus and the respiration of spermatozoa. On the clinical side there are no noteworthy developments to report; new methods of treatment and variations of previous methods are constantly being tried; particular attention is being paid to 'follow up.' It can be said with some confidence that of those who persist in their efforts and follow advice given more than 50% succeed in becoming pregnant within 4 years of their first attendance though all do not carry to term. It should also be noted that this figure includes the 5-6% of cases of coital difficulty who present at the clinic as cases of infertility but who only need a little elementary advice and encouragement. Nevertheless, if this is not given they will remain as barren as the most sterile of patients.

We are grateful to the D.C.C., the E.C.C. and the Elmhirst Trust for their continued financial support and also for the co-operation of the Medical Officers of Health and the Health Visitors. We should like to record our thanks to Dr. N. Proctor Sims and to Dr. D. M. Green who, to our regret, resigned at the end of 1956. We were fortunate in securing the services of Dr. S. C. Candler to replace the former at Barnstaple, while in Exeter Dr. Gwen Higgins has been able to work a double session on Fridays. We have also lost Mrs. Morgan and Mrs. Marshall from the Nursing Staff. To the latter we offer our congratulations on the birth of twins. Mrs. Rawcliffe has resigned from the Clerical Staff after giving most efficient help for several years, and her place has been taken by Mrs. Bell.

To our Medical Officers, and the Nursing and Clerical Staff we owe the usual debt of gratitude. We should like to thank the Staff of the Eye Infirmary for their co-operation and help, also Mr. Sullivan, Chief Administration Officer of the Royal Devon and Exeter Hospital.

Finally we thank Miss K. Kirby, M.B.E., for preparing the Balance Sheet and Mr. T. B. Meredith for his services as Hon. Auditor.

GENERAL FUND

RECEIPTS			PAYMENTS		
	£	s. d.		£	s. d.
To Bank Balance at 1st April, 1956	...	58 19 5	By Medical Supplies
Cash in Hand	Rent
Petty Cash	4 5 2	...	Honoraria - Medical Staff	180 10 0	...
	Nursing Staff	114 0 6	...
	Clerical Staff	273 19 0	...
Capital on Loan to Headquarters (repayable on demand) Contra
Grant from Devon County Council	...	250 0 0	Capitation and Affiliation Fees	568 9 6	...
do. Exeter City Council	...	120 0 0	Postages and Telephone	65 17 7	...
do. Torquay Hospital M.C.	...	20 5 0	Stationery and Printing	120 12 0½	...
The Elmgrant Trust	...	8 6 3	Grants and Subscriptions	58 7 1	...
Patients' Fees	...	50 0 0	Bank Charges and Cheque Books	50 12 6	...
Donations and Subscriptions	...	183 10 0	Insurance	2 0 0	...
Sale of Medical Supplies	...	10 9 8	Laundry	2 1 9	...
Rachael Allen Memorial Fund	...	19 17 12 2	Sundries	8 0 0	...
On Deposit—Devon & Exeter Savings Bank at 1st April, 1956	311 17 5	...	Hon. Secretary's Petty Cash	47 12 11	...
Add Interest	7 15 6	...	Capital on Loan to Headquarters (repayable on demand) Contra	18 13 7	...
	On Deposit—Devon & Exeter Savings Bank	250 0 0	...
	Bank Balance at 31st March, 1957	319 12 11	...
	Cash in Hand	133 3 1	...
	Petty Cash	41 10 6	...
		4 6½	...
		41 15 0½	...
		£2947 19 7	...

RACHAEL ALLEN MEMORIAL FUND

RECEIPTS		PAYMENTS	
£	s. d.	£	s. d.
To Bank Balance at 1st April, 1956	12 16 9	By Relief to 15 Patients	4 19 0
Capital on Loan to Headquarters (repayable on demand)	...	Capital on Loan to Headquarters (repayable on demand)	...
Contra	150 0 0	Contra	150 0 0
...	...	Bank Balance at 31st March, 1957	7 17 9
	<u>£162 16 9</u>		<u>£162 16 7</u>

Mr. Lowell,

EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION,

AFFILIATED TO THE FAMILY PLANNING ASSOCIATION

THE EYE INFIRMARY, MAGDALEN ST., EXETER

Twenty-Eighth Annual Report, 1957-58.

Vice-Presidents: CAPT. F. G. GLOSSOP R.N. (RETD.) D.L., J.P.
MRS. F. E. GRIFFITH-MORGAN, B.A., J.P.
PROFESSOR L. A. HARVEY, M.Sc.

Chairman: MRS. E. M. TINKHAM

Vice-Chairman: MRS. J. LENNARD, J.P.

Hon. Treasurer:
E. S. LENNARD, ESQ.

Hon. Secretary:
MRS. W. A. ROBB

Infertility Section:
UNDER S.W. REGIONAL HOSPITAL BOARD

Contraceptive Section:
ASSISTED BY HEALTH AUTHORITIES

Medical Officer
MRS. MARGARET JACKSON.
M.B., B.S., D.R.C.O.G. J.P.

Medical Officers:
DR. G. M. HIGGINS, M.B., CH.B.
DR. S. C. CANDLER, M.B., CH.B.

Nurses:
MRS. HOLMAN, S.R.N.
MRS. YOUNGMAN, S.R.N.

Nurses:
MRS. CLATWORTHY
MRS. WOOD, S.R.N., S.C.M.
MRS. JACKS, S.R.N.
MRS. RIDOUT

Biologist:
MRS. C. HARVEY, B.Sc., A.R.C.S.

OBJECT. Under the Health Authority the Clinic provides advice on contraception to married women who need to space or limit their families in order to prevent ill-health, mental or physical. The Infertility Section, a branch of the Gynaecological Department of the Royal Devon and Exeter Hospital, provides a service for the investigation and treatment of childless marriages and minor gynaecological disorders. At Exeter both Clinics are held on the same premises and also at the Branch Clinics at Barnstaple and Totnes.

ATTENDANCES. The Exeter Clinic is open every Friday starting at 1.30 p.m. (except Good Friday, the last Friday in December and the whole month of August).

A Branch Clinic at TOTNES is open on the third Tuesday of January and every alternate month at the Adult Education Centre, Dartington, starting at 12.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted) at the North Devon Dispensary, Boutport Street. The Clinic starts at 11 a.m. for Birth Control cases and at 12 noon for cases of Infertility.

ANNUAL REPORT, 1957-58.

During the past year at the Exeter Clinic and its two branches, 840 new patients were registered. Of these, 620 were given advice on birth control, 180 came for investigation and treatment of sterility and 40 for minor gynaecological conditions. We saw 82 new patients for the D.C.C. and 8 for the E.C.C. 2,625 old patients visited the Clinics and 2,934 parcels of supplies were sent by post.

The work of the Clinic has followed the same pattern as in previous years and we attribute the slight drop in our numbers to the new Clinics now functioning in the area. As usual many appreciative patients have expressed satisfaction with the methods which have helped them to plan their families. There are of course, a certain number of failures from no apparent cause and the problem of the "unplanned pregnancy" is not solved, but its very existence prevents our becoming complacent. We follow with interest the efforts that are being made to evolve a simpler yet

effective method of birth control. This subject, in fact, provided the theme of the S.W. Conference which was held in Exeter in the Autumn, the guest speaker being Mrs. Lella Florence of Birmingham, author of "Progress Report in Birth Control."

The Federations are growing in importance and are of great value in providing an opportunity for exchange of views and discussion of problems between the workers at different Clinics thus preventing parochialism. There are now two separate Sessions, one for Doctors and Nurses and the other for lay workers, and a Joint Session follows. In addition, a Doctors Group has been formed of which the Secretary is Dr. Stella Candler, one of our own Medical Officers at Barnstaple.

The Spring Conference was held in Weston-Super-Mare when the theme was "Marriage Difficulties." Dr. Neal Edwards, one of the Medical Officers at the N.Kensington Clinic, and Mrs. Griffith Morgan, J.P. a member of our Committee and Chairman of the Marriage Guidance Council, were the Speakers. We were gratified at the re-election of Mrs. Joan Lennard, J.P. as Chairman of the S.W. Federation and to hear she had been co-opted a member of the Executive Committee in London. This is a valuable link with H.Q.

The Sub-fertility side, too, is very active and we feel happy that through advice and treatment received at the Clinic, many women have successfully produced healthy babies. New methods are constantly being tried and, so that their value may be assessed, every effort is made to keep in touch with patients. The research work of Mrs. Harvey in this field is of great importance and we are grateful to the Regional Hospital Board for the payment of a grant towards this as well as some of the salaries of the Medical, Nursing and Clerical Staff. During the year interest was aroused by the Conference at the University of Exeter of the Society for the Study of Fertility.

In October 1957, Dr. Margaret Jackson attended a Conference in Berlin of the International Planned Parenthood Federation. From her account we realise to some extent the magnitude of the problem of over-population in some countries and hear, with great interest, of the methods adopted to deal with it.

We were very sorry to receive at our last A.G.M. the resignations of our President, Alderman Mrs. J. M. Phillips, J.P. and of Mrs H. M. Lock, a Vice-President and former Chairman. These ladies have been connected with the Association for many years and have rendered it great service. We thank them most sincerely. It gives us great pleasure to report that the Countess of Devon has consented to be our new President and that Mrs. Griffith Morgan, J.P. and Professor Harvey, M.Sc. will become Vice-Presidents.

The resignation of Nurse Owen from the Barnstaple Clinic was regretfully accepted, but we are glad that this very old friend to our Clinics remains in the area as Health Visitor at Okehampton. We also are sorry to have lost Mrs. Pring from our Exeter staff, but welcome Mrs. Roberts in her place.

We should like here to express our sincere thanks to our Medical Officers, Nursing and Clerical Staff, also to the Departments of Pathology and Radiology at the Royal Devon and Exeter Hospital for their invaluable help. We are also grateful to the Staff of the Eye Infirmary for their consideration and help, and to Mr. Sullivan, Chief Administrative Officer of the Royal Devon and Exeter Hospital for his ready co-operation at all times. Our appreciation too must be recorded of the financial help again received from the D.C.C., the E.C.C. and the Elmgrant Trust.

Finally we thank Miss K. Kirby, M.B.E. for preparing the Balance Sheet, and Mr. J. Reddaway, F.C.A. for consenting to act as our Hon. Auditor.

GENERAL FUND

RACHAEL ALLEN MEMORIAL FUND

I have examined the above accounts with the books, papers and other information presented to me, and certify them to be in accordance therewith.

25 Sidwell Street, Exeter.

J. REDDAWAY, F.C.A. Chartered Accountant.

EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION,

AFFILIATED TO THE FAMILY PLANNING ASSOCIATION

THE EYE INFIRMARY MAGDALEN ST., EXETER

Twenty-Ninth Annual Report, 1958-59.

President: THE COUNTESS OF DEVON

Vice-Presidents: CAPT. F. G. GLOSSOP R.N. (RETD.) D.L., J.P.
MRS. F. E. GRIFFITH-MORGAN, B.A., J.P.
PROFESSOR L. A. HARVEY, M.Sc.

Chairman: MRS. E. M. TINKHAM

Vice-Chairman: MRS. J. LENNARD, J.P.

Hon. Treasurer:
E. S. LENNARD, ESQ.

Hon. Secretary:
MRS W. A. ROBB

Infertility Section:
UNDER S.W. REGIONAL HOSPITAL BOARD

Contraceptive Section:
ASSISTED BY HEALTH AUTHORITIES

Medical Officer
MRS MARGARET JACKSON,
M.B., B.S., D.R.C.O.G. J.P.

Medical Officers:
DR. S. C. CANDLER, M.B., CH.B

Nurses:
MRS. HOLMAN, S.R.N.
MRS. YOUNGMAN, S.R.N.

Nurses:
MRS. CLATWORTHY
MRS WOOD S.R.N., S.C.M
MRS JACKS, S.R.N.,
MRS. RIDOUT

Biologist:
MRS. C. HARVEY, B.Sc., A.R.C.S.

OBJECT. With the co-operation of the Health Authority the Clinic provides advice on contraception to married women who need to space or limit their families in order to prevent ill-health, mental or physical. The Infertility Section, a branch of the Gynaecological Department of the Royal Devon and Exeter Hospital, provides a service for the investigation and treatment of childless marriages and minor gynaecological disorders. At Exeter both Clinics are held on the same premises and also at the Branch Clinics at Barnstaple and Totnes.

ATTENDANCES. The Exeter Clinic is open every Friday starting at 1.30 p.m. (except Good Friday, the last Friday in December and the whole month of August.

A Branch Clinic at TOTNES is open on the third Tuesday of January and every alternate month at the Adult Education Centre, Dartington, starting at 12.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted) at the North Devon Dispensary, Boutport Street. The Clinic starts at 11 a.m. for Birth Control Cases and at 12 noon for cases of Infertility.

ANNUAL REPORT, 1958-59

There are no fresh developments to report in connection with the Exeter clinic which, with its branches, continues to provide the accustomed services. During the past year 845 new patients were dealt with, of these 635 were given advice on birth control, 170 came for investigation and treatment of sterility, and 40 for other reasons, mainly gynaecological. 58 new patients were seen for D.C.C. and 3 for the E.C.C. 2,670 old patients visited the clinics and 2,936 parcels of supplies were sent by post. The training of doctors and nurses, mainly for clinics in the area, has continued throughout the year.

There have been no changes of staff in Exeter, but Mrs. Myer has been giving additional clerical help. Miss Hull-Brown has been on vacation in South Africa for some months, and her place in the Totnes Clinic has been taken by Mrs. McNally, while Mrs. E. G. Hodge has been helping at Barnstaple during the absence through illness of Mrs. Valentine.

It was with great regret that we learned early in the year that our Chairman, Mrs. E. M. Tinkham, was resigning on account of her increasing deafness. First as Chairman of the Heath Committee and later as our own Chairman, she was always a staunch supporter of the clinic and we know that we still have her interest. Our best wishes go with her and our sincere gratitude for all she has done.

The spring conference of the South-West Federation was held in Exeter, and the sessions were interesting and well attended. Lay workers and doctors met separately and it was decided to form a nurses' group also. At the afternoon meeting Dr. Sylvia Dawkins spoke on the relationship between lay and medical staff. As always the free discussions during the conference were most helpful.

There is, without doubt, an increasing public interest in family planning which is no longer a national conception but has now assumed international proportions. We are proud of the fact that our medical officer, Dr. Margaret Jackson, was chosen as a delegate among the experts who attended the Sixth Conference of the International Planned Parenthood Federation which was held in February at New Delhi. Dr. Jackson is convener of a Committee on laboratory and clinical testing of contraceptive materials. Through our medical officer we feel something of the urgency of the world population problem, and await with great interest the result of the research and trials which are at present going on and which should enable "birth control" to catch up with "death control."

We would like to express our sincere thanks to our medical officers, nursing and clerical Staff, also to the Departments of Pathology and Radiology at the Royal Devon and Exeter Hospital for their invaluable help. We are also grateful to the Staff of the Eye Infirmary for their consideration and help, and to Mr. Sullivan, Chief Administrative Officer of the Royal Devon and Exeter Hospital for his ready co-operation at all times. Our appreciation too must be recorded of the financial help again received from the D.C.C., the E.C.C. and the Elmgrant Trust.

Finally we thank Miss K. Kirby, M.B.E. for preparing the accounts and Mr. J. Reddaway, F.C.A. for consenting to act as our Hon. Auditor.

THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION Receipts and Payments Accounts for the Year Ended	31st March, 1959.	GENERAL FUND
--	-------------------	--------------

	£	s.	d.	£	s.	d.
BALANCES at 1st April, 1958						
Capital on Loan to Headquarters	250	0	0			
Devon & Exeter Savings Bank Deposit	327	12	5			
Cash at Bank	196	1	3			
Cash in Hand	16	14	4			
Petty Cash	1	16	2			
				792	4	2
RECEIPTS						
Grant from Devon County Council	60	0	0			
Exeter City Council	16	0	0			
Torquay Hospital M.C.	6	19	0			
The Elmgiant Trust	50	0	0			
Patients' Fees	166	0	0			
Sales of Medical Supplies	2014	19	1			
Donations and Rebates	19	10	8			
Racheal Allen Memorial Fund	2	17	6			
Interest on D. & E. S.B. Deposit	8	3	6			
				2344	9	9
PAYMENTS						
Medical Supplies	...					
Honoraria: Medical Staff	264	13	6			
Nursing Staff	131	12	6			
Clerical Staff	219	8	0			
				615	14	0
Laundry	16	10	0			
Capitation and Affiliation Fees	60	13	0			
Rent	4	16	0			
Stationery and Printing	49	4	5			
Postages and Telephone	137	8	6			
Insurance	2	1	9			
Grants and subscriptions	73	2	0			
Cheque Books	2	0	0			
Sundry Expenses	40	15	11			
Hon Secretary's Petty Cash Expenditure	24	19	10			
(Fares, Conference Expenses, etc.)				2432	9	7
BALANCES at 31st March, 1959						
Capital on Loan to Headquarters	250	0	0			
Devon and Exeter Savings Bank Deposit	335	15	11			
Cash at Bank	118	1	9			
Petty Cash	6	8				
				704	4	4
						£3136 13 11

RACHAEL ALLEN MEMORIAL FUND

BALANCES at 1st April 1958	150	0	0		
Capital on Loan to Headquarters	...	5	9		
Cash at Bank	...			155	9
					0
					<u>£155</u>

PAYMENTS					
Relief to 9 Patients (transferred to General Fund)					2
BALANCES: at 31st March, 1959					17
Capital on Loan to Headquarters	...	150	0	0	
Cash at Bank	...	2	11	6	
					<u>152</u>
					11
					6
					<u>£155</u>

I have examined the accounts hereon with the books, papers and other information given to me, and certify them to be in accordance herewith.

25, Sidwell Street,
Exeter.

J. REDDAWAY, F. C. A.,
Chartered Accountant.

EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION,

AFFILIATED TO THE FAMILY PLANNING ASSOCIATION

THE EYE INFIRMARY MAGDALEN ST., EXETER

Twenty-Ninth Annual Report, 1958-59.

President: THE COUNTESS OF DEVON

Vice-Presidents: CAPT. F. G. GLOSSOP R.N. (RETD.) D.L., J.P.
MRS. F. E. GRIFFITH-MORGAN, B.A., J.P.
PROFESSOR L. A. HARVEY, M.Sc.

Chairman: MRS. E. M. TINKHAM

Vice-Chairman: MRS. J. LENNARD, J.P.

Hon. Treasurer:
E. S. LENNARD, ESQ.

Hon. Secretary:
MRS. W. A. ROBB

Infertility Section:
UNDER S.W. REGIONAL HOSPITAL BOARD

Contraceptive Section:
ASSISTED BY HEALTH AUTHORITIES

Medical Officer
MRS. MARGARET JACKSON.
M.B., B.S., D.R.C.O.G. J.P.

Medical Officers:
DR. S. C. CANDLER, M.B., CH.B

Nurses:
MRS. HOLMAN, S.R.N.
MRS. YOUNGMAN, S.R.N.

Nurses:
MRS. CLATWORTHY
MRS. WOOD, S.R.N., S.C.M
MRS. JACKS, S.R.N.
MRS. RIDOUT

Biologist:
MRS. C. HARVEY, B.Sc., A.R.C.S.

OBJECT. With the co-operation of the Health Authority the Clinic provides advice on contraception to married women who need to space or limit their families in order to prevent ill-health, mental or physical. The Infertility Section, a branch of the Gynaecological Department of the Royal Devon and Exeter Hospital, provides a service for the investigation and treatment of childless marriages and minor gynaecological disorders. At Exeter both Clinics are held on the same premises and also at the Branch Clinics at Barnstaple and Totnes.

ATTENDANCES. The Exeter Clinic is open every Friday starting at 1.30 p.m. (except Good Friday, the last Friday in December and the whole month of August.

A Branch Clinic at TOTNES is open on the third Tuesday of January and every alternate month at the Adult Education Centre, Dartington, starting at 12.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted) at the North Devon Dispensary, Boutport Street. The Clinic starts at 11 a.m. for Birth Control Cases and at 12 noon for cases of Infertility.

ANNUAL REPORT, 1958-59

There are no fresh developments to report in connection with the Exeter clinic which, with its branches, continues to provide the accustomed services. During the past year 845 new patients were dealt with, of these 635 were given advice on birth control, 170 came for investigation and treatment of sterility, and 40 for other reasons, mainly gynaecological. 58 new patients were seen for D.C.C. and 3 for the E.C.C. 2,670 old patients visited the clinics and 2,936 parcels of supplies were sent by post. The training of doctors and nurses, mainly for clinics in the area, has continued throughout the year.

There have been no changes of staff in Exeter, but Mrs. Myer has been giving additional clerical help. Miss Hull-Brown has been on vacation in South Africa for some months, and her place in the Totnes Clinic has been taken by Mrs. McNally, while Mrs. E. G. Hodge has been helping at Barnstaple during the absence through illness of Mrs. Valentine.

It was with great regret that we learned early in the year that our Chairman, Mrs. E. M. Tinkham, was resigning on account of her increasing deafness. First as Chairman of the Heath Committee and later as our own Chairman, she was always a staunch supporter of the clinic and we know that we still have her interest. Our best wishes go with her and our sincere gratitude for all she has done.

The spring conference of the South-West Federation was held in Exeter, and the sessions were interesting and well attended. Lay workers and doctors met separately and it was decided to form a nurses' group also. At the afternoon meeting Dr. Sylvia Dawkins spoke on the relationship between lay and medical staff. As always the free discussions during the conference were most helpful.

There is, without doubt, an increasing public interest in family planning which is no longer a national conception but has now assumed international proportions. We are proud of the fact that our medical officer, Dr. Margaret Jackson, was chosen as a delegate among the experts who attended the Sixth Conference of the International Planned Parenthood Federation which was held in February at New Delhi. Dr. Jackson is convener of a Committee on laboratory and clinical testing of contraceptive materials. Through our medical officer we feel something of the urgency of the world population problem, and await with great interest the result of the research and trials which are at present going on and which should enable "birth control" to catch up with "death control."

We would like to express our sincere thanks to our medical officers, nursing and clerical Staff, also to the Departments of Pathology and Radiology at the Royal Devon and Exeter Hospital for their invaluable help. We are also grateful to the Staff of the Eye Infirmary for their consideration and help, and to Mr. Sullivan, Chief Administrative Officer of the Royal Devon and Exeter Hospital for his ready co-operation at all times. Our appreciation too must be recorded of the financial help again received from the D.C.C., the E.C.C. and the Elmgrant Trust.

Finally we thank Miss K. Kirby, M.B.E. for preparing the accounts and Mr. J. Reddaway, F.C.A. for consenting to act as our Hon. Auditor.

THE EXETER AND DISTRICT WELFARE ASSOCIATION **GENERAL FUND**
Receipts and Payments Accounts for the Year Ended 31st March, 1959.

	£	s.	d.		£	s.	d.
BALANCES at 1st April, 1958				PAYMENTS			
Capital on Loan to Headquarters	...	250	0	Medical Supplies	...		
Devon & Exeter Savings Bank Deposit	...	327	12	Honoraria: Medical Staff	...	264	13
Cash at Bank	...	196	1	Nursing Staff	...	131	12
Cash in Hand	...	16	14	Clerical Staff	...	219	8
Petty Cash	...	1	16				
			792				4 2
RECEIPTS							
Grant from Devon County Council	...	60	0	Laundry		615	14
Exeter City Council	...	16	0	Capitation and Affiliation Fees	...	16	10
Torquay Hospital M.C.	...	6	19	Rent	...	60	13
The Elmgiant Trust	...	50	0	Stationery and Printing	...	4	16
Patients' Fees	...	166	0	Postages and Telephone	...	49	4
Sales of Medical Supplies	...	2014	19	Insurance	...	137	8
Donations and Rebates	...	19	10	Grants and subscriptions	...	2	1
Racheal Allen Memorial Fund	...	2	17	Cheque Books	...	73	2
Interest on D. & E. S.B. Deposit	...	8	3	Sundry Expenses	...	2	0
			2344	Hon Secretary's Petty Cash Expenditure	...	40	15
				(Fares, Conference Expenses, etc.)	...	24	19
							10
				BALANCES at 31st March, 1959		2432	9
				Capital on Loan to Headquarters	...	250	0
				Devon and Exeter Savings Bank Deposit	...	335	15
				Cash at Bank	...	118	1
				Petty Cash	...	6	8
						704	4
						£3136	13

RACHAEL ALLEN **MEMORIAL FUND**

BALANCES at 1st April 1958				PAYMENTS			
Capital on Loan to Headquarters	...	150	0	Relief to 9 Patients (transferred to General Fund)			
Cash at Bank	...	5	9	BALANCES: at 31st March, 1959			
			155	Capital on Loan to Headquarters	...	150	0
				Cash at Bank	...	2	11
							6
						152	11
						£155	9

I have examined the accounts hereon with the books, papers and other information given to me, and certify them to be in accordance herewith.
 25, Sidwell Street,
 Exeter.
 21st July, 1959.

J. REDDAWAY, F.C.A.
 Chartered Accountant.

Niss Peeter. SR N. SEN.

FAMILY PLANNING ASSOCIATION

EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION,

THE EYE INFIRMARY MAGDALEN ST., EXETER

Thirtieth Annual Report, 1959-60.

President: THE COUNTESS OF DEVON

Vice-Presidents: BRIG. C. J. WHITE, M.C.
MRS. F. E. GRIFFITHS-MORGAN, J.P., B.A.
PROFESSOR L. A. HARVEY, M.Sc.

Chairman: MRS. J. I. LENNARD, J.P.

Hon. Treasurer:
E. S. LENNARD, ESQ.

Hon. Secretary:
MRS. J. I. LENNARD, J.P.

Infertility Section:
UNDER S.W. REGIONAL HOSPITAL BOARD

Contraceptive Section:
ASSISTED BY HEALTH AUTHORITIES

Medical Officers:
MRS. MARGARET JACKSON, J.P., M.B. B.S., D.R.C.O.G.
DR. S. C. CANDLER, M.B., CH.B.

Nurses:
MRS. HOLMAN, S.R.N.
MRS. YOUNGMAN, S.R.N.
MRS. YOUNG

Nurses:
MRS. CLATWORTHY
MRS. WOOD, S.R.N., S.C.M.
MRS. RIDOUT
MRS. PATERSON, S.R.N., S.C.M.

Biologist:
MRS. C. HARVEY, B.Sc., A.R.C.S.

OBJECT. With the co-operation of the Health Authority the Clinic provides advice on contraception to married women who need to space or limit their families in order to prevent ill-health, mental or physical. The Infertility Section, a branch of the Gynaecological Department of the Royal Devon and Exeter Hospital, provides a service for the investigation and treatment of childless marriages and minor gynaecological disorders. At Exeter both Clinics are held on the same premises and also at the Branch Clinics at Barnstaple and Totnes.

ATTENDANCES. The Exeter Clinic is open every Friday starting at 1.30 p.m. (except Good Friday, the last Friday in December and the whole month of August).

A Branch Clinic at TOTNES is open on the third Tuesday of January and every alternate month at the Adult Education Centre, Dartington, starting at 12.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted) at 113, Boutport Street. The Clinic starts at 11 a.m. for Birth Control Cases and at 1.30 p.m. for cases of Infertility.

ANNUAL REPORT, 1959-60

The Exeter Clinic and its Branches continue to provide their usual services, and to take their part in the general investigations undertaken by the Family Planning Association (U.K.) These included compiling a Branch Return for the year January—December 1959.

During the year ended 31st March, 1960 the Clinic has treated 846 new patients, 658 for birth control, 158 for Infertility and 30 for other reasons, mostly gynaecological. A total of 4,028 visits were made to the Clinic and 3,002 parcels sent. For the Devon County Council during the past year, 79 new patients were seen and 641 check visits attended to and for the Exeter City Council, 6 new patients and 44 check visits made. A number of doctors and nurses were also trained, both for work locally and abroad.

This year has seen certain staff changes. Our much valued Secretary Mrs. Robb, after many years of service, has resigned so as to be able to give more time to her own family, and, though she will come and help us when we need her, we shall miss having her constantly with us. The Clinic owes much to her and we view her retirement as a serious loss. Mrs. Harrison also had to leave at the New Year to devote more time to her young family, and Mrs. Harvey has ceased to supervise the testing of seminal specimens which is now done at the Royal Devon and Exeter Hospital, but she is still, we are pleased to say, working at the Exeter Clinic. Mrs. Avant after several years of valuable work has now a full time post and cannot continue her work with us. We would like to express our deep gratitude to all these helpers for their past services.

We have, however, some new members to welcome to our staff; Mrs. Mould, Mrs. Crellin and Mrs. Foster. For the time being the present Chairman, Mrs. Lennard, is acting Secretary until Mrs. Crellin and Mrs. Foster who are assisting her, are conversant enough with the running of the Clinics, to take over as Committee Secretary and Branch Secretary respectively.

Dr. Margaret Jackson continues her work in the international field and so keeps us in touch with word problems. The S.W. Federation Doctors Group, of which Dr. Stella Candler is Secretary, has been well attended, and the newly formed Nurses' Group is growing under the Chairmanship of Mrs. Wood, one of our Clinic nurses. Mrs. Lennard is a member of the National Executive and Organisation Sub-Committee so that we have a close link with our parent body.

The S.W. Federation Autumn Conference at Plymouth was particularly interesting. Groups of doctors and nurses met separately in the morning while the lay workers spent some time learning about methods of spreading information about our work. After a luncheon attended by the Lord Mayor and Lady Mayoress of Plymouth, a joint meeting was held, at which Miss Joan Vickers M.P. spoke. The Spring meeting was held at Taunton and the film "Birthright" was shown.

We are most grateful to our loyal staff, doctors, nurses and clerical workers, for their hard work and to the Departments of Pathology and Radiology at the Royal Devon & Exeter Hospital for their constant help. We would like to express our warm thanks to the staff of the Eye Infirmary, who make us welcome, and to Mr. Sullivan, Chief Administrative Officer of the Royal Devon & Exeter Hospital, for his ever valued co-operation. We thank the D.C.C. and the E.C.C. and the Elmgrant Trust for their repeated financial aid. Miss K. Kirby, M.B.E., and Mr. J. Reddaway also earn our gratitude once more for the preparation and Auditing of the accounts.

Receipts and Payments Accounts for the Year Ended 31st March, 1960.
<p> To Balance b/d To Sales To Other Income To Other Receipts To Total </p>
<p> By Balance c/d By Sales By Other Income By Other Payments By Total </p>

[illegible]

I have examined the accounts hereon with the Books, papers and other information given to me, and certify them to be in accordance therewith.

25, Sidwell Street,
Exeter.
15th June, 1960.

J. REDDAWAY, F.C.A.
Chartered Accountant.

Family Planning Association.
Exeter & District
WOMEN'S WELFARE ASSOCIATION.

The Eye Infirmary, Magdalen Street, Exeter.

Thirty First ANNUAL REPORT. 1960 - 61.

President:

The Rt. Hon. The Countess of Devon.

Vice Presidents:

Mrs. F.E. Griffiths Morgan, J.P., B.A.

Professor L.A. Harvey, M.Sc.

Mrs. Lee Fowler.

Hon. Treasurer: E.S. Lennard, Esq.

Hon. Secretary: Mrs. J.I. Lennard, J.P.

INFERTILITY SECTION:

Under S.W. Regional Hospital Board.

Contraceptive Section:

Assisted by Health Authorities.

Medical Officers:

Mrs. Margaret Jackson, J.P., M.B., B.S., D.R.C.O.G.

Dr. S.C. Candler, M.B., Ch.B.

Nurses:

Mrs. Holman, S.R.N.

Mrs. Youngman, S.R.N.

Mrs. Young.

Nurses:

Mrs. Clatworthy.

Mrs. Wood, S.R.N., S.C.M.

Mrs. Paterson, S.R.N., S.C.M.

Biologist:

Mrs. C. Harvey, B.Sc., A.R.C.S.

OBJECT. With the co-operation of the Health Authority the Clinic provides advice on contraception to married women who need to space or limit their families in order to prevent ill-health, mental or physical. The Infertility Section, a branch of the Gynaecological Department of the Royal Devon and Exeter Hospital, provides a service for the investigation and treatment of childless marriages and minor gynaecological disorders. At Exeter both Clinics are held on the same premises and also at the Branch Clinics at Barnstaple and Totnes.

ATTENDANCES. The Exeter Clinic is open every Friday starting at 1.30 p.m. (except Good Friday, the last Friday in December and the whole month of August).

A Branch Clinic at TOTNES is open on the third Tuesday of January and every alternate month, at the Adult Education Centre, Dartington, starting at 12.30 p.m.

A Branch Clinic at BARNSTAPLE is open on the first Tuesday in every month (August excepted) at 113 Boutport Street. The Clinic starts at 11 a.m. for Birth Control Cases and at 1.30 p.m. for cases of Infertility.

Report. 1960 - 1961.

Our three Clinics have had another busy year during which, not only the usual services to patients has been undertaken, but also special interest has been shown in work for the F.P.A. (U.K.) and for our own South West Federation and the South Midlands and South Federations.

In the year ending December 1960, the Clinics treated 827 new patients: 637 for birth control; 166 for sub-fertility and 34 for other reasons, mainly gynaecological. In all, 3886 visits were made, and 3090 parcels sent out. We saw 85 new patients and

dealt with 631 return visits for the Devon County Council; 5 new patients and 36 return visits for Exeter City Council. Doctors and nurses were also trained for home and abroad, and the Clinics undertook the testing of certain products for the F.P.A. and C.I.F.C., including oral contraceptives.

During the year, Barnstaple Branch in its new premises, was passed as a training clinic for doctors and nurses. Exeter has of course, long been one. We congratulate Dr. S. Candler on becoming a training doctor, and Mrs. Paterson a training nurse. Mrs. Foster, one of our Assistant Secretaries retired at Christmas - temporarily we hope - owing to pressure of work at home. Mrs. Harman and Mrs. Thorburn have joined us, and Mrs. Linn and Mrs. Ford are now kindly relieving Mrs. Harvey of the Microscopic work at the evening sessions.

At Dartington we have lost Miss Hull Brown who has resigned from being Secretary of Totnes Branch, owing to the fact that she has now left Dartington and is living in Torquay. She helped us regularly at our sessions at Dartington for many years and we shall miss her a great deal. Mrs. Victor Elmhurst still represents the Totnes Branch on our Committee and helps at the clinic sessions, where we also receive valuable assistance from Mrs. McNally, Mrs. Sutcliff and Mrs. Ford.

At Barnstaple we are still without Mrs. Valentine, who we regret to say has finally resigned; Mrs. Westcott continues as one of our helpers and has been joined by Mrs. Fairlight. Our two excellent nurses remain unchanged.

In January we completed a questionnaire for a working party set up by the F.P.A. to study the organisation and development of the Association, under the Chairmanship of Professor Lafitte. We also sent in our usual Branch Returns, and are interested and gratified to find that well over 50% of our patients are sent to us by their own general practitioners, while others come from consultants, Health Authority doctors and Health Visitors.

The South Midlands and South Federation ran a five days' Conference at St. Anne's College, Oxford, during March, to examine the possibility of special training for clinic lay workers and closer co-operation where possible, with the Marriage Guidance Council. Dr. Jackson spoke on sub-fertility on behalf of the F.P.A. Mrs. Crellin went as representative of the South West Federation, and Mrs. Lennard helped to organise the discussion groups.

The South West Federation conferences were held at Bristol in October and at Falmouth in March - both were extremely interesting and well attended. The F.P.A. General Secretary, Brig. R.C. Elstone, C.B.E., M.C., and Dr. L.J. Jackson were speakers at the Spring Conference.

We are sorry to lose Brig. White and Mrs. Capener, Vice-Presidents, due to ill health. We are again indebted to all our helpers - doctors, nurses and lay workers, for their faithful service, and to the departments of Pathology and Radiology of the Royal Devon & Exeter Hospital for their unfailing help. Our constant thanks are due to the staff of the Eye Infirmary and to Mr. Sullivan, Chief Administrative Officer of the R.D. & E. Hospital, for his ever willing assistance over any problems. We are grateful to the D.C.C. and the E.C.C. and to the Elmgant Trust for their continued financial support, and to Miss K. Kirby, M.B.E., and Mr. J. Reddaway, for preparing and auditing our accounts.

FAMILY PLANNING ASSOCIATION

EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION,

THE EYE INFIRMARY MAGDALEN ST., EXETER

Thirty-Second Annual Report, 1961-62.

President : THE RT. HON. THE COUNTESS OF DEVON

Vice-Presidents : MRS. F. E. GRIFFITHS-MORGAN, J.P., B.A.
PROFESSOR L. A. HARVEY, M.Sc.
MRS. LEE FOWLER

Chairman : MRS. J. I. LENNARD, J.P.

Hon. Treasurer :
E. S. LENNARD, ESQ.

Hon Secretary :
MRS J. I. LENNARD, J.P.

Infertility Section:

UNDER S.W. REGIONAL HOSPITAL BOARD

Contraceptive Section :

ASSISTED BY HEALTH AUTHORITIES

Medical Officers :

MRS. MARGARET JACKSON J.P., M.B., B.S., D.Obst.R.C.O.G.
MRS. S. C. CANDLER, M.B., CH.B.

Nurses :

MRS. HOLMAN, S.R.N.
MRS. YOUNGMAN, S.R.N.
MRS. YOUNG
MRS. HILLIS, S.R.N.

Nurses:

MRS. CLATWORTHY
MRS. WOOD, S.R.N., S.C.M.
MRS. PATERSON, S.R.N., S.C.M.
MRS. CLEMENTS, S.R.N.

Biologist :

MRS. C. HARVEY, B.Sc., A.B.C.S.

ANNOUNCEMENT.

An extra birth control session (by appointment only) has recently been arranged at Barnstaple, from 5.30 to 8.30 p.m. on the third Tuesday of every month (August excepted). Appointments can be made through the family doctor or by writing to Mrs. Oram, Pipers Pool, Goodleigh, Barnstaple (Tel. 2396). This is an experiment and will be continued if it proves of value.

Totnes, both family planning and infertility services are provided in the same premises.

ATTENDANCES. With the exception of Good Friday, the last Friday in December and the whole of August, the Exeter clinic is open on every Friday in the year starting at 1.30 p.m.

The branch clinic at Totnes is open on the third Tuesday of January, and every alternative month throughout the year at the Adult Education Centre, Dartington, starting at 12.30 p.m.

The branch clinic in Barnstaple is open on the first Tuesday of every month (August excepted) at 113, Boutport Street, starting at 11 a.m. for birth control, and at 1.30 p.m. infertility.

ANNOUNCEMENT

A special high school session (by application only) has been arranged for students from 5:30 to 8:30 p.m. on the third Tuesday of each month (August excepted). Application can be made through the school or by writing to Mr. Green, Public Trust, School No. 1, 1234 N. 1st St. The session is important and will be continued if it is successful.

FAMILY PLANNING ASSOCIATION

EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION,

THE EYE INFIRMARY MAGDALEN ST., EXETER

Thirty-Second Annual Report, 1961-62.

President : THE RT. HON. THE COUNTESS OF DEVON

Vice-Presidents : MRS. F. E. GRIFFITHS-MORGAN, J.P., B.A.
PROFESSOR L. A. HARVEY, M.Sc.
MRS. LEE FOWLER

Chairman : MRS. J. I. LENNARD, J.P.

Hon. Treasurer :
E. S. LENNARD, ESQ.

Hon. Secretary :
MRS. J. I. LENNARD, J.P.

Infertility Section:
UNDER S.W. REGIONAL HOSPITAL BOARD

Contraceptive Section :
ASSISTED BY HEALTH AUTHORITIES

Medical Officers :

MRS. MARGARET JACKSON J.P., M.B., B.S., D.Obst.R.C.O.G.
MRS. S. C. CANDLER, M.B., CH.B.

Nurses :

MRS. HOLMAN, S.R.N.
MRS. YOUNGMAN, S.R.N.
MRS. YOUNG
MRS. HILLIS, S.R.N.

Nurses:

MRS. CLATWORTHY
MRS. WOOD, S.R.N., S.C.M.
MRS. PATERSON, S.R.N., S.C.M.
MRS. CLEMENTS, S.R.N.

Biologist :

MRS. C. HARVEY, B.Sc., A.R.C.S.
Assistants : MRS. FORD, MRS. LINN, B.Sc.

OBJECT. With the co-operation of the health authorities, the clinic provides advice on contraception to married women who need to space or limit their families in order to prevent ill-health, both mental and physical. The infertility section, a branch of the Gynaecological Department of the Royal Devon & Exeter Hospital, provides a service for the investigation and treatment of childless marriages and of minor gynaecological disorders. At Exeter and also at the clinics in Barnstaple and Totnes, both family planning and infertility services are provided in the same premises.

ATTENDANCES. With the exception of Good Friday, the last Friday in December and the whole of August, the Exeter clinic is open on every Friday in the year starting at 1.30 p.m.

The branch clinic at Totnes is open on the third Tuesday of January, and every alternative month throughout the year at the Adult Education Centre, Dartington, starting at 12.30 p.m.

The branch clinic in Barnstaple is open on the first Tuesday of every month (August excepted) at 113, Boutport Street, starting at 11 a.m. for birth control, and at 1.30 p.m. infertility.

ANNUAL REPORT, 1961-62.

At the Exeter clinic and its branches, work has continued as usual. In addition to the routine work, clinical trials of oral contraceptives have been undertaken. During the year 1961, a total of 745 new patients were seen; 519 for birth control, 152 for sub-fertility and 51 for minor gynaecological disorders, pre-marital advice or marital difficulties. In all 4,630 visits were made to the clinics and 2,931 parcels were despatched. For the Devon County Council, 75 new patients were seen and 43 check visits made. At both the Exeter and Barnstaple clinics doctors and nurses were trained for local and overseas work.

In July, 1961, nine doctors attended a training course sponsored by Central Office and held in the Radiotherapy Department of the Royal Devon & Exeter Hospital by kind permission of Dr. Hadden. In February, 1962, a one day training course on oral contraception was held in Exeter, organised by Dr. S. Candler and sponsored by the South West Federation Doctors' Group. Dr. Margaret Jackson was the lecturer, and the course was well attended by general practitioners and F.P.A. doctors.

At Central Office and internationally we are represented by Dr. Margaret Jackson who serves on medical committees for both the F.P.A. and I.P.P.F. and Mrs. Lennard on the F.P.A. National Executive.

Once again thanks are due to all our workers, both medical and clerical, and to Mrs. Harvey who continues to give us generously of her time, and to the Royal Devon & Exeter Hospital for their consistent help; to the staff of the Eye Infirmary for their patience and consideration; and to Mr. Sullivan, Chief Administrative Officer for his kindness and guidance. Thanks are also due to the Devon County Council, to the Exeter City Council and to the Elm Grant Trust for their continued financial support, and to Mr. Reddaway for his services in auditing our accounts. Miss Kirby who has for so many years prepared our accounts was this year unable to do so owing to ill-health. We thank her for her long and valuable services and offer our best wishes for her speedy recovery.

We are happy to welcome two new nurses to our Barnstaple clinic, Mrs. Hillis and Mrs. Clements, and to our Exeter clinic a new lay worker, Mrs. Brocklebank. She will replace, in the New Year, Mrs. Stonehouse who must be away for several months after an operation. We hope that all three will be interested in and enjoy their work. Finally, we wish once more to thank our medical, nursing and clerical staff for their customary loyal service throughout the year.

THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION
Receipts and Payments Account for the Year Ended 31st March, 1962

[illegible]

I have examined the accounts hereon with the books, papers and other information given to me, and certify them to be in accordance therewith.

25, Sidwell Street,
Exeter.
18th June, 1962.

J. REDDAWAY, F.C.A.,
Chartered Accountant.

EXETER & DISTRICT WOMEN'S WELFARE ASSOCIATION,

THE EYE INFIRMARY MAGDALEN ST., EXETER

Thirty-Third Annual Report, 1962-63.

President: THE RT. HON. THE COUNTESS OF DEVON

Vice-Presidents: MRS. F. E. GRIFFITH-MORGAN, J.P., B.A.

PROFESSOR L. A. HARVEY, M.Sc.

MRS. LEE FOWLER

P. M. G. RUSSELL, ESQ., F.R.S.C., F.R.C.O.G.

DR. S. G. BROOK, M.B., B.Ch., M.R.C.S., L.R.C.P., D.Obst.R.C.O.G.

Chairman: MRS. J. I. LENNARD, J.P.

Hon. Treasurer:

E. S. LENNARD, ESQ.

Hon. Secretary:

MRS. J. I. LENNARD, J.P.

Infertility Section:

UNDER S.W. REGIONAL HOSPITAL BOARD

Contraceptive Section:

ASSISTED BY HEALTH AUTHORITIES

Medical Officers:

MRS. MARGARET JACKSON J.P., M.B., B.S., D.Obst.R.C.O.G.

MRS. S. C. CANDLER, M.B., Ch.B., M.R.C.S., L.R.C.P.

MRS. R. HINTON, M.B., B.S., D.Obst.R.C.O.G.

Nurses:

MRS. HOLMAN, S.R.N.

MRS. YOUNGMAN, S.R.N.

MRS. YOUNG

MRS. HILLIS, S.R.N.

MRS. TAYLOR, S.R.N.

Nurses:

MRS. CLATWORTHY

MRS. PATERSON, S.R.N., S.C.M.

MRS. CLEMENTS, S.R.N.

MRS. MACKINNON, S.R.N., S.C.M.

MRS. LANEY, S.R.N., AND PART 1 S.C.M.

Biologist:

MRS. C. HARVEY, B.Sc., A.R.C.S.

Assistants: MRS. FORD, MRS. LINN, B.Sc. AND MRS. LAVIS

OBJECT. With the co-operation of the health authorities, the clinic provides advice on contraception to married women who need to space or limit their families in order to prevent ill-health, both mental and physical. The infertility section, a branch of the Gynaecological Department of the Royal Devon & Exeter Hospital, provides a service for the investigation and treatment of childless marriages and of minor gynaecological disorders. At Exeter and also at the clinics in Barnstaple and Totnes, both family planning and infertility services are provided in the same premises.

ATTENDANCES. With the exception of Good Friday, the last Friday in December and the whole of August, the Exeter clinic is open on every Friday in the year starting at 1.30 p.m.

The branch clinic at Totnes is open on the third Tuesday of January, and every alternative month throughout the year at the Adult Education Centre, Dartington, starting at 12.30 p.m.

The branch clinic in Barnstaple is open on the first Tuesday of every month (August excepted) at 113, Boutport Street, starting at 11 a.m. for birth control, and at 1.30 p.m. for infertility. Also on the third Tuesday of every month, except August, for birth control by appointment from 5.30 p.m.—8.30 p.m. Appointments can be made through the family doctor or through Mrs. Paterson, Appointment Secretary for N. Devon, Hazelehurst, Abbotsham Road, Bideford, Telephone No. 1245.

ANNUAL REPORT, 1962-63.

Exeter, Barnstaple and Totnes clinics have once again had a busy year. 800 new patients were seen; 4,369 return visits made and the postal service dealt with 3,005 parcels. This year 112 new patients, 683 return visits and 349 parcels were handled for the Devon County Council and 14 return visits and 5 parcels for the Exeter City Council. Cornwall also sent up a number of cases for special treatment.

The clinics have continued in addition to their routine work, to carry out trials of various spermicidal products, oral contraceptives and intra-uterine devices, and have again trained doctors and nurses for work at home and abroad.

Dr. Margaret Jackson attended a world conference at Singapore in February this year, and in the Autumn of 1962 the clinic sent Dr. Candler and two of our nurses to the F.P.A. conference in London. Two delegates went to the first A.G.M. to be held in the provinces at Southport, and we have been well represented at Federation Conferences by doctors, nurses and layworkers.

In September 1962 we started an additional clinic at Barnstaple; an evening session for birth control with an appointment system. This was started experimentally and has proved very popular both with the patients and the Health Visitors.

Dr. Hinton has now joined our medical staff; we are very pleased to welcome her and find her particular interest in oral contraceptives as well as in marriage problems, extremely helpful.

We also welcome Dr. Shields who has been with us temporarily before, but who is now helping regularly, and two new nurses who have joined us, Mrs. Mackinnon and Mrs. Laney, and an extra assistant biologist, Mrs. Lavis.

We are as ever grateful to Dr. Jackson and Dr. Candler for their invaluable service to our patients and for their guidance to all of us. Our thanks are given to our loyal and hardworking biologists and nurses and to our team of layworkers who give us untold time and help, and especially to those who have permitted their telephone numbers to appear in the directory under "Family Planning Association" and for dealing with telephone enquiries on our behalf for Exeter, Barnstaple and Totnes.

Once more we wish to acknowledge our indebtedness to the Royal Devon and Exeter Hospital for their continued help, to the staff of the Eye Infirmary and to Mr. Sullivan, Chief Administrative Officer and Mr. Woolley in North Devon, for their sympathetic understanding; also to our Hon. Auditor, Mr. Reddaway, for his services and advice.

The Devon County Council, Exeter City Council and Elmgrant Trust have again given us financial support, for which we express our sincere appreciation.

Receipts and Payments Account for the year ended 31st March, 1963.

I have examined the accounts hereon with the books, papers and other information given to me, and certify them to be in accordance therewith.

AY, F.C.A.,
Chartered Accountant.

EXETER & DISTRICT

WOMEN'S WELFARE ASSOCIATION,

4 BARNFIELD HILL, EXETER

Thirty-Fourth Annual Report, 1963-64.

President: THE RT. HON. THE COUNTESS OF DEVON

Vice-Presidents: MRS. F. E. GRIFFITHS-MORGAN, J.P., B.A.
PROFESSOR L. A. HARVEY, M.Sc.
MRS. LEE FOWLER
P. M. G. RUSSELL, ESQ., F.R.C.S., F.R.C.O.G.
DR. S. G. BROOK, M.B., B.Ch., M.R.C.S., L.R.C.P., D.OBST.R.C.O.G.

Chairman: MRS. J. I. LENNARD, J.P.

Hon. Treasurer:

E. S. LENNARD, ESQ.

Hon. Secretary:

MRS. J. I. LENNARD, J.P.

Medical Officers:

MRS. MARGARET JACKSON J.P., M.B., B.S., D.OBST.R.C.O.
MRS. S. C. CANDLER, M.B., Ch.B., M.R.C.S., L.R.C.P.
MRS. R. HINTON, M.B., B.S., D.OBST.R.C.O.G.
MRS. J. SHIELDS, B.S., D.OBST.R.C.O.G.

Nurses:

MRS. HOLMAN, S.R.N.
MRS. YOUNGMAN, S.R.N.
MRS. ODHAM, S.R.N.
MRS. BIELBY, S.R.N.
MRS. CAREY, S.C.N.

Nurses:

MRS. CLATWORTHY
MRS. PATERSON, S.R.N., S.C.M.
MRS. CLEMENTS, S.R.N.
MRS. MACKINNON, S.R.N., S.C.M.
MRS. LANEY, S.R.N., AND PART 1 S.C.M.

Biologist:

MRS. C. HARVEY, B.Sc., A.R.C.S.

Assistants: MRS. FORD, MRS. LINN, B.Sc. AND MRS. LAVIS

OBJECT. With the co-operation of the health authorities, the clinic provides advice on contraception to married women who need to space or limit their families in order to prevent ill-health, both mental and physical. The infertility section, provides a service for the investigation and treatment of childless marriages and of minor gynaecological disorders. Since January 1964 the latter service has ceased to be a branch of the Gynaecological Department of the Royal Devon & Exeter Hospital and the work has been undertaken by this clinic.

ATTENDANCES. With the exception of Good Friday, the last Friday in December and the whole of August, the Exeter clinic is open on every Friday in the year starting at 1.30 p.m.

From the beginning of September, 1964 the clinic will hold its sessions at 4 Barnfield Hill, Exeter,—Fridays as usual, Monday afternoons from 2.30—5.0 p.m. and Tuesday evenings from 5.30—8.0 p.m. Mondays and Tuesdays by appointment. Telephone Mrs. Crellin, Dawlish 3367.

The branch clinic at Totnes is open on the third Tuesday of January, and every alternative month throughout the year at the Adult Education Centre, Dartington, starting at 12.30 p.m.

The branch clinic in Barnstaple is open on the first Tuesday of every month (August excepted) at 113, Boutport Street, starting at 11 a.m. for birth control, and at 1.30 p.m. for infertility. Also on the third Tuesday of every month, except August, for birth control by appointment from 5.30 p.m.—8.30 p.m. Appointments can be made through the family doctor or through Mrs. Paterson, Appointment Secretary for N. Devon, Hazelehurst, Abbotsham Road, Bideford, Telephone No. 1245.

Income and Expenditure Account for the year ended 31st March, 1964.

1963	EXPENDITURE	£	s.	d.	£	s.	d.	1963	INCOME	£	s.	d.	1963
1348	Medical Supplies	1667	18	2	2389	Sale of Medical Supplies	2490
407	Salaries and Expenses:	440	Patients' Fees	657
245	Medical Staff	539	14	9	120	Grants	260
346	Nursing Staff	308	19	6	...	Devon County Council	0
998	Clerical Expenses	256	11	3	...	Cornwall County Council	11
23	Laundry	1105	5	6	16	Exeter City Council	31
106	Capitation and Affiliation Fees	Torquay Hospitals' Management Committee	5
5	Rent	107	1	0	50	The Elmgant Trust	17
79	Printing and Stationery	24	11	0	24	Donations and Rebates	50
142	Postages and Telephone	98	18	1	7	Interest on D. & E. S.B. Deposit	89
2	Insurance	150	14	10	4	Interest on Loan to F.P.A.	5
77	Grants and Subscriptions	2	1	9	11
2	Bank Charges & Cheque Books	54	2	9	2
...	Conference Expenses	65	11	6
25	Hon. Secretary's Petty Cash	23	14	10
46	Expenditure (Fares, Expenses, etc)	9	10	3
8	Sundry Expenses
...	Equipment
2861	Surplus for Year carried to Capital A/c	3335	11	6	£2950	£3611
89		276	5	0	16
950		3611	16	6	9

Balance Sheet as at 31st March, 1964

We have prepared the attached Income and Expenditure Account for the year ended 31st March, 1964, together with above Balance Sheet as at that date, from the books, papers and other information given to us and we certify them to be in accordance therewith.

94, Sidwell Street, Exeter.
18th October, 1964

ANNUAL REPORT, 1963-64.

The year 1963-64 has been not only a busy one for the Clinic but also perhaps the most momentous in its history.

During the twelve months 817 new patients were seen, 4,219 return visits were made and 3,024 parcels were despatched. Of the new patients 139 were seen for the Devon County Council who also sponsored 697 of the return visits and 441 of the parcels. Patients were referred also by the Exeter City Council and the Cornish County Council.

An increasing number of patients came to the clinic, sometimes prompted by their doctors, to discuss the wisdom or otherwise of their using the more modern methods of contraception—orals and intrauterine devices. These methods are never advised without the knowledge of the patients own doctor.

Patients are also referred to us because of infertility or marital problems and this would seem to be increasingly one of the more important parts of the clinic's work. In spite of the fact that the Regional Board is no longer willing to be financially responsible for such cases, the demand for this service continues and we shall certainly do our best to go on fulfilling it.

In the summer of 1963 a vital decision had to be taken with regard to the future of the clinic.

For a number of reasons it had become clear that if the work of the clinic was to continue new premises would have to be sought. Fortunately, a suitable property was found, No. 4, Barnfield Hill.

The generous help of the Northcott Devon Foundation enabled us to purchase this property and the Elm Grant Trust has contributed handsomely towards maintenance costs.

Under the guidance of our architect, Mrs. Acland, we began early this year to convert the house into clinic premises with flats, for letting, above.

We wish to express our gratitude to a host of generous friends who are responding to our appeal for help towards raising the £11,500 needed to complete the scheme for the new clinic.* This will start to operate at the beginning of September. In addition to the usual Friday clinic there will be two other sessions each week which will be by appointment only.

Our experimental extra evening appointment clinic in Barnstaple has proved very popular and is now always fully booked.

In December 1963 Dr. Margaret Jackson relinquished her appointment with the Regional Hospital Board but, we are happy to say, continues to work with us as before.

As always, we are grateful to all our helpers: to our Medical Officers, our Biologist, the nurses and lay workers who give us unsparing service; to the Royal Devon and Exeter Hospital and the staff of the Eye Infirmary, especially to the chief administrative officer, Mr. Sullivan, for unfailing kindness, consideration, guidance and help; to the Devon County Council and the Exeter City Council and all who give us their support; to Mr. Reddway, our accountant, to Mr. J. Michelmores, for legal advice over the purchase of our new property; and finally and particularly to our architect, Mrs. Acland, for the immense interest she has shown and the trouble she has taken in preparing plans for our new premises.

* October, 1964. We have received from grants, gifts and loans, without interest £9,500, Wanted immediately, another £2,000. Will you help?

EXETER & DISTRICT

WOMEN'S WELFARE ASSOCIATION,

4 BARNFIELD HILL, EXETER

Thirty-Fifth Annual Report, 1964-65.*President:* THE RT. HON. THE COUNTESS OF DEVON*Vice-Presidents:* MRS. F. E. GRIFFITHS-MORGAN, J.P., B.A.
PROFESSOR L. A. HARVEY, M.Sc.
MRS. LEE FOWLER
P. M. G. RUSSELL, Esq., F.R.C.S., F.R.C.O.G.
DR. S. G. BROOK, M.B., B.Ch., M.R.C.S., L.R.C.P., D.Obst.R.C.O.G.*Chairman:* MRS. J. I. LENNARD, J.P.*Hon. Treasurer:*

E. S. LENNARD ESQ.

Hon. Secretary:

MRS. J. I. LENNARD, J.P.

Medical Officers:MRS. MARGARET JACKSON, J.P., M.B., B.S., D.Obst.R.C.O.
MRS. S. C. CANDLER, M.B., Ch.B., M.R.C.S., L.R.C.P.
MRS. R. HINTON, M.B., B.S., D.Obst.R.C.O.G.
MRS. J. SHIELDS, B.S., D.Obst.R.C.O.G.
MRS. M. LEA-WILSON, M.A., B.M., B.Ch.**Nurses:**MRS. HOLMAN, S.R.N.
MRS. YOUNGMAN, S.R.N.
MRS. ODHAM, S.R.N.
MRS. BIELBY, S.R.N.
MRS. CAREY, S.C.N.
MRS. BLACKWOOD, S.R.N., S.C.M., T.A., H.V.**Nurses:**MRS. CLATWORTHY
MRS. PATERSON, S.R.N., S.C.M.
MRS. CLEMENTS, S.R.N.
MRS. MACKINNON, S.R.N., S.C.M.
MRS. LANEY, S.R.N., AND PART 1 S.C.M.**Biologist:**

MRS. C. HARVEY, B.Sc., A.R.C.S.

Assistants: MRS. FORD, MRS. LINN, B.Sc., MRS. LAVIS AND MRS. HUNT

OBJECT. With the co-operation of the health authorities, the clinic provides advice on contraception to married women who need to space or limit their families in order to prevent ill-health, both mental and physical. The infertility section, provides a service for the investigation and treatment of childless marriages and of minor gynaecological disorders. Since January 1964 the latter service has ceased to be a branch of the Gynaecological Department of the Royal Devon & Exeter Hospital and the work has since been done at this clinic as indeed it was for many years before the National Health Service came into being.

ATTENDANCES. With the exception of Good Friday, the last Friday in December and the whole of August, the Exeter clinic is open on every Friday in the year starting at 1.30 p.m.

From the beginning of September, 1964 the clinic will hold its sessions at 4 Barnfield Hill, Exeter,—Fridays as usual, Monday afternoons from 2.30—5.0 p.m. and Tuesday evenings from 5.30—8.0 p.m. Mondays and Tuesdays by appointment. Telephone Mrs. C. ellin, Dawlish 3367.

The branch clinic at Totnes is open on the third Tuesday of January, and every alternative month throughout the year at the Adult Education Centre, Dartington, starting at 12.30 p.m.

The branch clinic in Barnstaple is open on the first Tuesday of every month (August excepted) at 113, Boutport Street, starting at 11 a.m. for birth control, and at 1.30 p.m. for infertility. Also on the third Tuesday of every month, except August, for birth control by appointment from 5.30 p.m.—8.30 p.m. Appointments can be made through the family doctor or through Mrs. Paterson, Appointment Secretary for N. Devon, Hazlehurst, Abbotsham Road, Bideford, Telephone No. 3245.

THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION.

Income and Expenditure Account for the year ended 31st March, 1965.

EXPENDITURE				INCOME			
	£	s.	d.		£	s.	d.
Medical Supplies after adjusting for stock	Sale of Medical Supplies
Salaries and Expenses:	Patients' Fees
Medical Staff	Grants
Nursing Staff	Devon County Council
Clerical Expenses	Cornwall County Council
	Exeter City Council
	1254	16	2		250	0	0
Less: Amount written off Research Grant		15	13	6
	35	0	0		14	15	0
					280	8	6
General Expenses	Donations, Convenants
Laundry and cleaning	Subscriptions
Capitation and Affiliation Fees	Interest on D. & E. S. B. Deposit
Rent	Interest on Lloyds Bank Deposit Account
Printing and Stationery		10	9	9
Postages and Telephone	Rents Received (Flats in house)
Insurance		197	5	3
Grants and Subscriptions		142	14	2
Bank Charges & Cheque Books				
Conference Expenses				
Hon. Secretary's Petty Cash				
expenditure (Fares, Expenses, etc)...				
Sundry Expenses				
	618	8	5				
House Expenses				
Light and Heat				
Insurance				
Repairs and Renewals				
Removal Expenses				
Charges re letting of flats				
	73	12	7				
Depreciation - Fixtures and Fittings				
Buildings				
	157	5	9				
* Excess of Income Over Expenditure For Year				
	913	17	8				
	£4379	2	5				

* See Balance Sheet—Creditors

£4379 2 5

THE EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION

Balance Sheet as at 31st March, 1965

CAPITAL ACCOUNT				FIXED ASSETS			
As at 1st April, 1964	5215 10 6	Freehold Property: 4 Barnfield Hill,	...	5634 4 8	
Add Grants & Gifts		Exeter Cost including Legal Charges	...	5465 18 1	
Devon County Council	50 0 0			Add Alterations at cost	...		
Donations	1552 9 6					11100 2 9	
Emigrant Trust Main-				Less Amount written off	...	100 2 9	
tenance Grant	1000 0 0	2602 9 6					11000 0 0
Income and Expenditure				Fixtures Fittings and Equipment at cost	...	417 3 0	
Account: Surplus for year	913 17 8			Less Depreciation	...	57 3 0	
			8731 17 8				360 0 0
LIABILITIES				CURRENT ASSETS			
Loan: Central Office	...	3500 0 0		Stock of medical supplies	...	243 7 4	
Less Amount repaid	...	50 0 0		Devon & Exeter Savings Bank	...	6 15 2	
			2450 0 0	Lloyds Bank Limited	...		
Research Grant (U.S.A.)	...	1604 4 2		Current Account	...	375 6 4	
Less Expenditure during year	300 0 0			House Account	...	907 12 7	
Doctors Expenses	50 0 0			Petty Cash in hand	...	3 0 5	
Nursing Assistance	100 0 0						1536 1 10
Cylogologist	85 0 0	535 0 0					
Clerical Expenses			1069 4 2				
Creditors	...						
Builder	...	265 0 0					
Provision for expenses accrued	...	380 0 0					
			645 0 0				
			<u>£12896 1 10</u>				<u>£12896 1 10</u>

We have prepared the attached Income and Expenditure Account for the year ended 31st March, 1965, together with above Balance Sheet as at that date, from the books, papers and other information given to us and we certify them to be in accordance therewith.

94, Sidwell Street, Exeter.
3rd November, 1965

J. REDDAWAY, F.C.A.,
Chartered Accountant

ANNUAL REPORT, 1964-65.

During the year the move to our new premises at 4 Barnfield Hill took place and we were able to open there in the first week in September. We are most grateful to our Architect Mrs. Acland for the excellent conversion of the premises and for her continued help and advice.

Our work has steadily built up since then and we are satisfied that the service we can offer now, has more than justified our move and the cost involved.

During 1964 we saw 842 new patients, 4,714 return visits were made and 2,455 parcels despatched. We have continued to receive generous help from public and private funds and from many interested friends and patients and are now able to start repaying the loan kindly granted to us by the Family Planning Association.

124 of the new patients were seen for the Devon County Council; 527 of the return visits and 290 parcels sent for local authority aided patients. Some also came through the Exeter City Council and the Cornwall County Council. In addition to all our routine work we have been increasingly occupied in giving a cervical smear service and are fortunate in having an experienced cytologist in the person of Mrs. R. Linn who does this work. She has screened over 4,000 slides and has picked up several cases with pre-cancerous changes which have then been successfully treated. We have trained an increasing number of Doctors and Nurses for work in this country and abroad. We should like to congratulate Dr. Rosalind Hinton on joining the ranks of our training doctors and Nurse Laney on becoming a training nurse at this clinic.

Dr. Lea Wilson has now become a regular member of our Barnstaple team, which continues to be very busy under the direction of Dr. Jackson and Dr. Candler and we also welcome there a new lay worker Mrs. West and a new nurse, Mrs. Blackwood.

The clinic has been well represented at National and Federation levels and Dr. Margaret Jackson continues her International work in addition to the many demands on her time, that National Committees and the Exeter clinic make upon her.

We are most grateful to all helpers and doctors and nurses and biologists for their loyalty and wonderful service, to Mrs. Crellin and Mrs. Wootton and Mrs. Paterson for organizing our appointment clinics and to the packers who deal each week with our large post.

Our thanks are due to the Devon County Council, the Exeter City Council, to the Northcott Devon Foundation and the Elmgrant Trust for their support; to our Accountant Mr. Reddaway who gives us time and advice unsparingly and to Mr. J. Michelmores for his aid in legal matters. The Royal Devon & Exeter Hospital and in particular the departments of Pathology and Radiology for their continued help and the Health Visitors and District Nurses for their co-operation.

EXETER AND DISTRICT WOMEN'S WELFARE ASSOCIATION

CO-OPERATIVE EDUCATIONAL ROOMS,

109A, SIDWELL STREET (NR. FOUNTAIN), EXETER.

President:

LADY ACLAND, J.P.

Executive Committee:

Chairman: MRS. HENRY T. MICHELMORE.

Hon. Treasurer:

F. A. ROPER M.A., M.D., M.R.C.P.,
Southernhay House, Exeter.

A. L. CANDLER, F.R.C.S.

MISS EVE MACAULEY, M.A.

MRS. M. J. ROBERTS.

Hon. Secretary:

MRS. RACHEL ALLEN,
Redvers, Alphington Road, Exeter.

COUNCILLOR GLAVE SAUNDERS,
F.R.C.V.S., F.Z.S.

MRS. E. M. WADDINGTON, J.P.

It is the policy of this association to give instructions on Birth Control to any married woman, who for reasons of health or heredity, or definite economic difficulties, does not wish to have children, or to bear children at short intervals, thereby endangering the fitness of mother and child. It is not the aim of this association to discourage fit parents from having children.

The Clinic is open on Fridays from 2 to 4 p.m.

A lady doctor and nurse are in attendance.

Each patient is examined by the doctor and advised to adopt the method best suited to her condition, and circumstances.

Patients are expected to return for a second visit a week or a fortnight after the first examination, in order that the doctor may see that the appliance is being properly used.

Appliances are sold at wholesale rates and in many cases by deferred payments.

Except in very necessitous cases a fee of at least 1/- is payable by each patient, which covers the first two visits.

The Hon. Secretary will be glad to give any information or answer questions.

