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NOW

NEWS

$OF\ldots$

an even more exciting development. For the first time we can offer you clear visible evidence that the dates shown by the C.D. Indicator are always correct.

The new C.D.I. Basal-Thermometer, with its revolutionary slider, when used with the C.D. Indicator, brings you ...

The C.D.I.

Double

Control

Method

The remarkable C.D. Indicator . . .

works on the basis of your 3-day fertility period. To allow for any irregularities in your menstrual cycle it automatically adds "safety days" to this period—for complete security.

By using the C.D.I. Basal Thermometer it is now possible to see, visually, the day of ovulation in this period. With this visual check certain of the safety days are then released for the full enjoyment of your marriage. The days of abstinence are reduced even further.

How is this accuracy possible

Your doctor can confirm that when a woman ovulates, her temperature rises and remains high until her next menstruation. We know that after ovulation pregnancy cannot occur. So, when the temperature rises, full marital relations can once more be enjoyed in complete safety.

For this purpose, a special easy-to-read oral thermometer has been created. This is called the C.D.I. Basal-thermometer and, with the new revolutionary slider, it does away with complicated graphs or diagrams, as shown on the facing page.

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So simple to use

On the first day of the fertile period, which the C.D. Indicator gives you, you take your morning temperature orally before you get up. You set the slider to this mark and, when you have ovulated your temperature will rise. The mercury will then appear above the level marker—as shown below. From that moment your safe period has started.



Mercury has passed the measuring mark. Ovulation has taken place.

And this is not all

Besides cutting down the period of abstinence, the Double Control Method helps you in the following ways:

- (1) You can confirm, at any time, that the dates shown by the C.D.I. are correct.
- (2) If you have a variation in your cycle of more than twelve days, the Basal-Thermometer will compensate.
- (3) After childbirth, the normal menstrual cycle sometimes does not return for several months; with the Double Control Method you may still determine your infertile period without your actual menstruation dates.
- (4) If your cycle is drastically disturbed or interrupted by illness, shock or a change in your normal way of life, the Double Control Method will compensate.

The C.D. Indicator can of course be used by itself and will give you all the reliability and peace of mind for which it is world-famous.

However, when the Indicator and Thermometer are used together in the new Double Control Method, they offer the safest, most natural system of all and actually increase the number of days when you may enjoy the full blessings of your marriage.



Dr. Ogino, one of the discoverers of the famous Ogino-Knaus Method, talking to Dr. Domabyl, Head of the Australian C.D.I. office. Dr. Ogino gives his full approval to the C.D. Indicator.